

# Community Services Program

PARKS MAKE LIFE BETTER

## Special Events

### Cerritos Resident Talent Showcase

#### Celebrating the City's 68th Anniversary

Start the music! Light the lights! The stage awaits prospective Cerritos resident performers to participate in the annual citywide Talent Showcase Celebrating the City's 68th Anniversary. Performances may include: dancing, singing, musical instrument performances and variety (i.e., juggling, magic, dramatic reading performance or singing and dancing combination) for performers ages 4 to adult. No stand up comedy, please.

- The number of acts will be limited.
- Qualifying acts must be able to record their performances on Monday, April 1 or Tuesday, April 2 by appointment only.
- Group performances are allowed and may have a maximum of six members; fifty percent or more of each group must be Cerritos residents.
- Acts are limited to four minutes maximum.
- All recorded accompaniment music must be in mp3 format.
- Qualifying acts will be notified by e-mail.
- Participation certificates will be distributed.

Complete and submit the digital entry form on the City's website at [cerritos.us](http://cerritos.us) beginning Friday, February 16 through Monday, March 4. The Talent Showcase will be cablecast on Cerritos TV3 on

Friday, April 26	7 PM
Saturday, April 27	7 PM
Sunday, April 28	7 PM

For more information, please call Cerritos Park East at (562) 407-2611.



### Spring Fling & Fireworks Spectacular

#### Celebrating the City's 68th Anniversary

**Free** **One Day**  
**Sat., Apr. 27** **4-8:30 PM**  
**Cerritos Sports Complex**

In honor of the 68th anniversary, the City of Cerritos will host a one-day festival which will include entertainment, food trucks, and conclude with a fireworks show at 8:30 PM. The celebration will begin at 4 PM with a dance recital featuring the City's youth dance classes. Local talent and professional acts will also be showcased on the main stage throughout the evening. Gourmet food trucks will be on hand to provide an assortment of specialty menu items for purchase. There is no admittance fee to the event. For more information, please call the Recreation Services Division at (562) 916-1254.

### Arbor Week Poster Contest

#### Theme: Trees Grow with Us and for Us

Cerritos residents, ages 5 to 14, and students currently attending schools in the ABC Unified School District, Valley Christian Schools or Bellflower Unified School District are invited to submit one poster no larger than 11" x 17" using any drawing/painting materials (pencils, chalks, pastels, crayons, watercolors or acrylics) to depict the theme.

**Directions:** Please do not mat, mount or frame your poster; City staff will mount all posters for display purposes. Please make sure your name, age, address and phone number are on the back of the poster or use the official entry form when possible.

**Deadline:** Entries must be delivered to the Recreation Services Division at Cerritos City Hall no later than 5 PM on Friday, April 5.

**Winning Posters:** Winning posters will be displayed on the City's website [cerritos.us](http://cerritos.us) starting Monday, April 29 through Monday, May 27.

For more information, please call the Recreation Services Division at (562) 916-1254.

### Jigsaw Puzzle Contest

How fast can you and five of your friends complete a 1,000-piece mystery puzzle? Join the fun at this event designed to promote teamwork. All teams and participants must register by 5 PM, Wednesday, March 6. Participation will be limited to the first six teams to register. Only one Cerritos resident must register for the contest.

\$30 resident team		One Day	
12015	Sat., Mar. 16 Liberty Park	10 AM-4 PM	15-Adult

## Preschool Classes and Activities

### Half Pint's Night

Join us for an evening of themed activities that may include games, crafts, and stories. Parents are required to sign children in and out of the class.

\$10 resident/\$15 non-resident		One Day	
<b>Spring Blooms</b>			
11570	Fri., May 3 Cerritos Park East	6-7:30 PM	3-5 years

### Little One's Hour

Children will enjoy a fun-filled hour of crafts, games and stories at the community centers. Parents are required to sign children in and out of each class meeting.

\$18 resident/\$27 non-resident		3 classes	
<b>Shamrock 'n' Roll</b>			
11571	Tue., Mar. 5-19 Cerritos Park East	3:30-4:30 PM	3-5 years

### Music Makers

11572	Tue., Apr. 9-23 Liberty Park	3:30-4:30 PM	3-5 years
-------	---------------------------------	--------------	-----------

### Parent/Child Create Art with Me

Participants will explore different types of art and make a new masterpiece each week. Each project will encourage participants to use their imagination and creativity. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

\$23 resident/\$35 non-resident		5 classes	
11573	Wed., Feb. 28-Mar. 27 Cerritos Park East	10:15-11:15 AM	2-4 years
11574	Wed., Apr. 10-May 8 Cerritos Park East	10:15-11:15 AM	2-4 years

### Parent/Child Springtime Eggs & Aprons

Kids will decorate their own springtime apron and make various springtime crafts. Decorate plastic eggs to hide special treasures or to display at home. Instructors will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

\$17 resident/\$26 non-resident		One Day	
11575	Sun., Apr. 7 Liberty Park	2:30-4:30 PM	2-4 years

### Parent/Child Story Time Fun

Participants will explore their creativity and use their imaginations. Each week, staff will read a story followed by a craft that relates to the tale. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

\$23 resident/\$35 non-resident		5 classes	
11576	Mon., Feb. 26-Mar. 25 Heritage Park	10:15-11:15 AM	2-4 years
11577	Mon., Apr. 8-May 6 Heritage Park	10:15-11:15 AM	2-4 years

### Parent/Child Wiggle and Giggle with Me

This play-based class will get participants wiggling and giggling as they explore various mediums of play. Dancing and movement games will get them wiggling, while singing silly songs and stories will get children giggling. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

\$23 resident/\$35 non-resident		5 classes	
11578	Fri., Mar. 1-29 Heritage Park	10:15-11:15 AM	2-4 years
11579	Fri., Apr. 12-May 10 Heritage Park	10:15-11:15 AM	2-4 years

### Preschool Learning with LEGO®

Preschoolers will be introduced to the fun of learning, building, and playing the Bricks 4 Kidz way!

#### Into the Jungle!

In the jungle, the mighty jungle, the lion sleeps tonight! Participants will go wild for this fun-filled Into the Jungle unit! Build a slithering snake, leaping lion, mischievous monkey, and more. Learning will expand leaps and bounds as we build, sing songs, and learn fun facts about jungle animals. Creativity and excitement will overflow as participants use their imaginations during creative build time. Let your child learn about counting and patterning, recognizing colors and shapes, ordering positional words all with the use of LEGO® DUPLO blocks and full-color model plans. Parents are required to sign children in and out of each class meeting.

\$75 resident/\$113 non-resident		4 classes	
11981	Tue., Mar. 5-26 Heritage Park	10:30-11:15 AM	3-5 years

## Inside

Adaptive Recreation . . . . .	4
Adult Classes/Activities . . . . .	3
Aquatics, Adult/Youth . . . . .	8
Dance, Adult/Youth . . . . .	4
Facility Information . . . . .	11
Golf, Adult/Youth . . . . .	7
Music, Adult/Youth . . . . .	5
Preschool Classes/Activities . . . . .	1
Registration Instructions . . . . .	12
Sports/Fitness, Adult/Youth . . . . .	6
Sports Leagues, Adult/Youth . . . . .	7
Teen Classes/Activities . . . . .	3
Volunteer Opportunities . . . . .	11
Youth Classes/Activities . . . . .	2

**Preschool Play & Practice**

Children will sing, play, and learn numbers and letters through age-appropriate activities. Each class is based on a different theme and may include cutting, pasting, and coloring. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>		<b>4 classes</b>
<b>11850</b>	Tue., Feb. 20-Mar. 12	10:15-11 AM	2-4 years Liberty Park
<b>11851</b>	Tue., Apr. 9-30	10:15-11 AM	2-4 years Liberty Park

**Teeny Tumblers**

Enjoy quality time together participating in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>		<b>4 classes</b>
<b>11854</b>	Tue., Feb. 20-Mar. 12	12:10-12:55 PM	2-4 years Liberty Park
<b>11852</b>	Sat., Feb. 24-Mar. 16	10:30-11:15 AM	2-4 years Liberty Park
<b>11855</b>	Tue., Apr. 9-30	12:10-12:55 PM	2-4 years Liberty Park
<b>11853</b>	Sat., Apr. 13-May 4	10:30-11:15 AM	2-4 years Liberty Park

**Tumble and Yoga**

Tumbling and yoga increases strength, balance, flexibility and coordination while increasing attention span. Children will have fun without realizing how healthy and relaxed they are becoming. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>		<b>4 classes</b>
<b>11856</b>	Tue., Feb. 20-Mar. 12	11:15 AM-noon	2-4 years Liberty Park
<b>11857</b>	Tue., Apr. 9-30	11:15 AM-noon	2-4 years Liberty Park

**FEATURED****Waddles Tumbling**

Children will learn basic gymnastic skills to help them become more independent. The class will begin with group stretches and warm ups, followed by gymnastics and tumbling. Students will participate in climbing, balancing, swings, and more. Parent observation is required. Parents are required to sign children in and out of each class meeting. This class will be held at Oodles Learning Center and Kids Gym, 19101 Bloomfield Avenue, Cerritos, (562) 888-1496.

	<b>\$50 resident/\$75 non-resident</b>		<b>6 classes</b>
<b>11598</b>	Sat., Mar. 30-May 4	9:30-10:15 AM	3-4 years
<b>11599</b>	Sat., Mar. 30-May 4	10:30-11:15 AM	3-4 years

**Cerritos Tot Lots****September through June**

This is a cooperative preschool program (not child care or day care) for children, 2 years 9 months to 5 years old at Liberty Park and 3 to 5 years old at Heritage Park. Activities will include lessons, songs, plays, crafts, excursions and parties. Parents are required to work one morning per week and attend a monthly evening meeting. Fees include initial registration, quarterly tuition and insurance.

This educational program is conducted September through June, Monday through Friday. There will be no program on ABC Unified School District breaks and holidays. New members may join as openings occur. Priority is given to Cerritos residents. For more information, contact the membership chairperson of the individual Tot Lot.

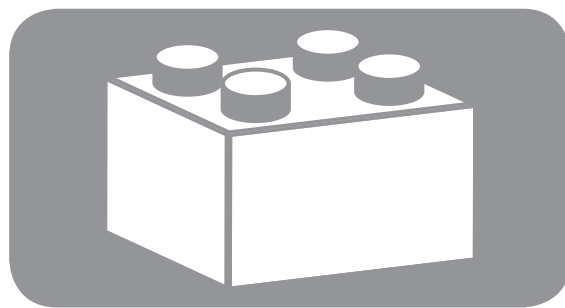
Heritage Park      Phiravy Dopp  
10:30 AM-1:25 PM      (562) 290-7790 (text preferred)  
Email: hptotlotvp@gmail.com

Liberty Park      Marijean Isla  
10:15 AM-1:15 PM      (562) 265-8805  
Email: libertyparktotlot@gmail.com

**Youth Classes and Activities****Bricks 4 Kidz One Day Camp****RoBlocks Challenge with LEGO®!**

A fan of playing Roblox? Participants will love this Roblox-inspired building camp! We have a LEGO block-based building adventure ahead of us, not to mention daily motorized models of things like cars and animals that really move! We will build all kinds of amazing LEGO creations based on their favorite games! Whether they are into racing cars, building cities, making pizza, or adopting pets, participants will have plenty to build and talk about! Let's have a building adventure – the Bricks 4 Kidz way! Please bring a snack and drink. Parents are required to sign children in and out of the class.

	<b>\$55 resident/\$83 non-resident</b>		<b>One Day</b>
<b>11984</b>	Sat., Mar. 2	10 AM-1 PM	5-12 years Heritage Park

**Superheroes with LEGO®!**

Join Bricks 4 Kidz for a day building superheroes with LEGO® bricks. Participants will recognize a family of incredible heroes, hero guardians in space, teen heroes, and of course their favorite classic heroes. Explore all the caped crusaders and discover their super powers. Build a fantasy world and protect it from enemies with custom contraptions made with LEGO® bricks. All super hero campers will take home a custom minifigure! Please bring a snack and drink. Parents are required to sign children in and out of the class.

	<b>\$55 resident/\$83 non-resident</b>		<b>One Day</b>
<b>11986</b>	Sat., Apr. 6	10 AM-1 PM	5-12 years Heritage Park

**Ceramics**

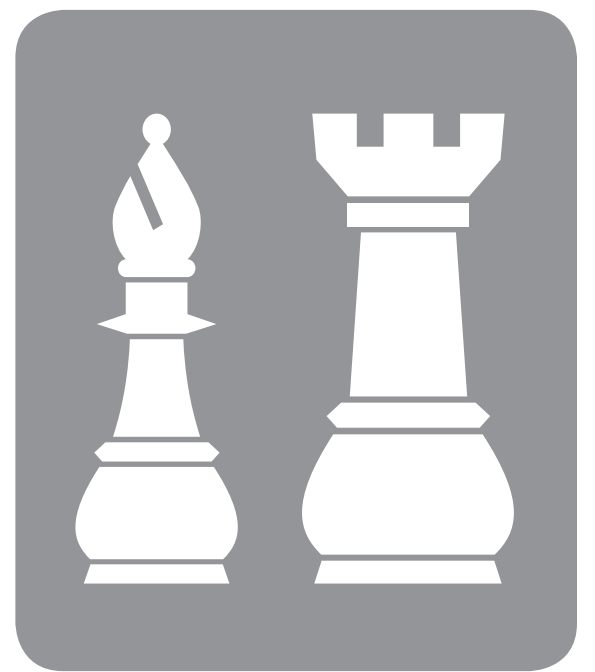
Stimulate the imagination by creating fun projects out of clay. Learn fundamental hand-building skills and ceramics terminology. Parents are required to sign children in and out of each class meeting. Please bring a \$12 materials fee to the first class.

	<b>\$40 resident/\$60 non-resident</b>		<b>5 classes</b>
<b>11869</b>	Tue., Feb. 20-Mar. 19	5:45-6:45 PM	13-Adult Cerritos Park East
<b>11870</b>	Thu., Feb. 22-Mar. 21	4:30-5:30 PM	6-12 years Cerritos Park East
<b>11871</b>	Thu., Feb. 22-Mar. 21	5:45-6:45 PM	6-12 years Cerritos Park East

**Chess Academy**

Learn the game of chess in a fun and enriching environment. Chess boards and pieces will be provided each week for use during each class session. Students will be evaluated and placed into their proper skill group where they will learn the Hanley Chess Academy 8 level curriculum. Learn the basic skills necessary to play a game of chess with knowledge of how all pieces move, capture, check, and checkmate. Participants will also improve their critical thinking skills, concentration, focus, and have a lot of fun in the process. When ready, they can take a test to advance to the next level! Parents are required to sign children in and out of each class meeting. Optional \$28 materials fee.

	<b>\$76 resident/\$114 non-resident</b>		<b>4 classes</b>
<b>Beginning/Intermediate</b>			
<b>11872</b>	Wed., Feb. 21-Mar. 13	5-6:15 PM	6-Adult Heritage Park
<b>11874</b>	Wed., Feb. 21-Mar. 13	6:30-7:45 PM	6-Adult Heritage Park
<b>11873</b>	Wed., Apr. 10-May 1	5-6:15 PM	6-Adult Heritage Park
<b>11875</b>	Wed., Apr. 10-May 1	6:30-7:45 PM	6-Adult Heritage Park

**Friday Night Chess Tournament**

Make your move! Beginners, who have little to no experience, are invited to enroll in the Capture the King Non-Rated tournament. Players enrolled in the United States Chess Federation (USCF) Rated tournament will be grouped according to their rating. Trophies will be awarded to top finishers. Parents are required to sign children in and out of the class.

	<b>\$25 resident/\$38 non-resident</b>		<b>One Day</b>
<b>Capture the King Non-Rated Tournament</b>			
<b>11876</b>	Fri., Feb. 23	5-7:30 PM	4-18 years Heritage Park
<b>11877</b>	Fri., Mar. 22	5-7:30 PM	4-18 years Heritage Park
<b>11878</b>	Fri., Apr. 19	5-7:30 PM	4-18 years Heritage Park

**USCF Rated Tournament**

<b>11879</b>	Fri., Feb. 23	5-7:30 PM	4-18 years Heritage Park
<b>11880</b>	Fri., Mar. 22	5-7:30 PM	4-18 years Heritage Park
<b>11881</b>	Fri., Apr. 19	5-7:30 PM	4-18 years Heritage Park

**Introduction to Typing, Microsoft Word and PowerPoint**

Learn proper typing skills and how to use various functions in Microsoft Word for writing reports and turn your projects into awesome slideshow presentations with animations using PowerPoint. Laptops will be provided for hands-on learning. Parents are required to sign children in and out of each class meeting. Please bring a \$10 materials fee to the first class.

	<b>\$110 resident/\$165 non-resident</b>		<b>4 classes</b>
<b>11821</b>	Thu., Feb. 22-Mar. 14	2:45-3:45 PM	6-15 years Heritage Park
<b>11822</b>	Thu., Apr. 11-May 2	2:45-3:45 PM	6-15 years Heritage Park



### Mad Science

Join this fun-filled and educational class where new and exciting activities will be conducted each week. Students will become detectives, geologists, and bug scientists. All classes are hands-on, minds-on, and fun. Participants will create and take home projects. Please bring a \$10 materials fee to the first class. Parents are required to sign children in and out of each class meeting. NO CLASS ON APRIL 2.

	<b>\$178 resident/\$267 non-resident</b>	<b>8 classes</b>
<b>11882</b>	Tue., Feb. 20-Apr. 16 Cerritos Park East	3:45-4:45 PM 5-12 years

### Manners for Young Ladies and Gentlemen

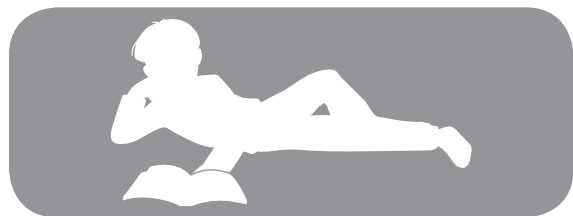
Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language and proper grooming in a relaxed, fun atmosphere. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>	<b>4 classes</b>
<b>11859</b>	Sat., Feb. 24-Mar. 16 Liberty Park	12:30-1 PM 4-12 years
<b>11860</b>	Sat., Apr. 13-May 4 Liberty Park	12:30-1 PM 4-12 years

### Math Development

Readwrite Educational Solutions, Inc.™ comprehensive, individualized math program evaluates students and pinpoints skill gaps. The primary building blocks of addition, subtraction, multiplication, and division are continually reinforced. Participants will build confidence and a solid foundation of fundamental math knowledge. Parents are required to sign children in and out of each class meeting.

	<b>\$85 resident/\$128 non-resident</b>	<b>6 classes</b>
<b>11883</b>	T/Th, Feb. 13-29 Cerritos Park East	4:20-5:05 PM 7-11 years
<b>11884</b>	T/Th, Mar. 12-28 Cerritos Park East	4:20-5:05 PM 7-11 years
<b>11885</b>	T/Th, Apr. 9-25 Cerritos Park East	4:20-5:05 PM 7-11 years



### Reading Development

Readwrite Educational Solutions, Inc.™ supplementary reading program is designed to improve vocabulary, comprehension and spelling skills. Periodic testing will be conducted to assess progress and reports will be distributed to parents. Parents are required to sign children in and out of each class meeting.

	<b>\$85 resident/\$128 non-resident</b>	<b>6 classes</b>
<b>11886</b>	T/Th, Feb. 13-29 Cerritos Park East	5:10-5:55 PM 7-11 years
<b>11887</b>	T/Th, Mar. 12-28 Cerritos Park East	5:10-5:55 PM 7-11 years
<b>11888</b>	T/Th, Apr. 9-25 Cerritos Park East	5:10-5:55 PM 7-11 years

### Sound Start Reading

Readwrite Educational Solutions, Inc.™ beginning reading program can make the difference between a struggling student and a successful one. Specially trained teachers will test, structure, and implement an individualized phonics program. Decoding, spelling, vocabulary, and comprehension are all featured in this fundamental approach to reading. Parents are required to sign children in and out of each class meeting.

	<b>\$85 resident/\$128 non-resident</b>	<b>6 classes</b>
<b>11889</b>	T/Th, Feb. 13-29 Cerritos Park East	3:30-4:15 PM 5-6 years
<b>11890</b>	T/Th, Mar. 12-28 Cerritos Park East	3:30-4:15 PM 5-6 years
<b>11891</b>	T/Th, Apr. 9-25 Cerritos Park East	3:30-4:15 PM 5-6 years



### STEM Learning with LEGO®

Students will build realistic objects out of LEGO® bricks in this interactive and hands-on program.

#### Transportation Timeline!

Explore the history of transportation from horse and buggy and trains to the development of the automobile and flight. Each lesson introduces terminology related to each mode of transportation, like “lift and propulsion” for the airplane. Lots of building fun ahead with motorized models of a train, car, dragster and airplane. These models rock, roll and spin! Participants can follow our step-by-step model plans to create their vehicle, then customize it to their own specifications and take their mini-figure for a ride! Each student will receive a customized LEGO minifigure and Certificate of Achievement on the last day of class. Parents are required to sign children in and out of each class meeting.

	<b>\$95 resident/\$143 non-resident</b>	<b>4 classes</b>
<b>11982</b>	Tue., Feb. 20-Mar. 12 Cerritos Park East	4:30-5:30 PM 6-12 years

## Teen Classes and Activities

The Recreation Services Division offers a variety of programs and activities for teens ages 13 to 17. For more information regarding teen programs and activities, please call the Recreation Services Division at (562) 916-1254.



### Volunteer Opportunities

Be a Recreation Services Volunteer and assist leaders with daily park programs, swim classes, and city-wide special events. All volunteers need to be 13 years of age or older, and each volunteer must have a City of Cerritos Recreation Services Division Volunteer Application/Waiver on file, complete the fingerprinting process, and attend a volunteer orientation workshop prior to being assigned to any program or event. In addition, volunteers are required to attend two enrichment workshops a year to maintain their active status.

The Application/Waiver is available online in the Recreation section of the City’s website at cerritos.us or at any Cerritos community center. Volunteers under the age of 18 must obtain a signature from their parent or guardian. Fingerprinting is conducted by appointment only on the first Wednesday of every month, except holidays. Orientation dates are listed in the volunteer section.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

Registered volunteers will receive a letter with their recorded hours on a quarterly basis. Upon completion of a minimum number of service hours, volunteers will be invited to an annual volunteer recognition. The demand for volunteers, assignments, and hours vary from season to season. For more information regarding volunteer opportunities, workshops, orientations, and fingerprinting appointments, please call Heritage Park at (562) 916-8570.



### Teen Workshop: Employment Workshop – Applications and Interviews

Looking for that perfect job and do not know where to start? Sign up and receive helpful information and assistance on filling out applications, maintaining work and volunteer history, and what to expect in an interview. Mock interviews and proper interview attire will also be covered. After this workshop, participants will be ready to search and find that perfect job.

	<b>Free</b>	<b>One Day</b>
<b>11580</b>	Sat., Mar. 9 Cerritos Park East	10-11:30 AM 13-18 years

## Adult Classes and Activities

### Adult CPR

Learn how to perform adult, single-rescuer CPR, recognize the signs of a heart attack, and assist choking victims. Participants who successfully complete the course will receive a two-year certificate from the American Red Cross. Parents are required to sign children in and out of the class. A \$25 materials fee will be charged at the time of registration.

	<b>resident: \$25 materials fee only</b>	<b>non-resident: \$38 plus \$25 materials fee</b>	<b>One Day</b>
<b>11581</b>	Wed., Apr. 17 Cerritos Park East	4:30-7:30 PM	12-Adult
<b>11582</b>	Wed., May 15 Cerritos Park East	4:30-7:30 PM	12-Adult



### Community CPR and First Aid Basics

Prepare for accidents that may occur at home or around the workplace. Learn methods for basic first aid and performing infant, child, and adult CPR. Participants who successfully complete the course will receive a two-year certificate from the American Red Cross. Parents are required to sign children in and out of the class. A \$25 materials fee will be charged at the time of registration.

	<b>resident: \$25 materials fee only</b>	<b>non-resident: \$60 plus \$25 materials fee</b>	<b>One Day</b>
<b>11583</b>	Sat., Mar. 23 Cerritos Park East	10 AM-3:30 PM	12-Adult

## Adaptive Recreation

The Recreation Services Division is pleased to comply with the Americans with Disabilities Act (ADA). Reasonable accommodations will be made in recreation programs and facilities to enable participation by an individual with a disability. Cerritos is committed to providing residents with disabilities the benefit of City programs. Participants must meet eligibility requirements for the program.

For more information and support for accessibility of programs and facilities, call the Recreation Services Division office at (562) 916-1254.

### Recreation Programs

- Adaptive Basketball – January through February
- Adaptive Dance and Movement – Year-round
- Adaptive Fitness Fun – April through May
- Adaptive Game Night – Quarterly
- Adaptive Golf Clinic - July
- Adaptive Movie Night – Quarterly
- Adaptive Soccer – June through August
- Adaptive Sports Medley – September through November
- Special Olympics Soccer – September through November
- Special Olympics Basketball – March through June

### Special Olympics

Special Olympics is an international non-profit organization dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. Special Olympics training and competition opportunities exist through the Recreation Services Division on a seasonal basis. Special Olympics basketball and soccer training and competition is offered once per year to individuals who meet the eligibility requirements. For more information, please call the Recreation Services Division at (562) 916-1254.



### Transportation

The City of Cerritos provides the community with a Dial-A-Ride transit system. Offered to seniors and people with disabilities, the system operates seven days a week throughout the Cerritos area. To use the service, call (866) 402-RIDE (7433) between 8 AM and 8 PM, Monday through Friday or from 8 AM to 5 PM on Saturday and Sunday. Reservations can be made up to 48 hours in advance of required pick-up times.

**For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.**

### Special Olympics Basketball

This program offers instruction and training for competition in Special Olympics Basketball. Participants must meet Special Olympics eligibility requirements. Competitive tournaments take place between the months of February and June. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide and Special Olympics cleared volunteer if additional assistance is needed. Parents are required to sign athletes in and out of each class.

Free	14 classes		
<b>12068</b>	Fri., Mar. 8-June 7	6:45-8 PM	8-Adult
	Community Gym at Cerritos and Whitney High Schools and Cerritos Park East		



### Adaptive Dance and Movement

Put on those dancing shoes and come participate in this fun class that will have everyone moving to the music. This class will incorporate physical fitness and fun games while teaching choreographed dance steps. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of each class meeting.

\$12 resident/\$18 non-resident	8 classes		
<b>11584</b>	Wed., Mar. 6-Apr. 24	6-6:45 PM	6-12 years
	Cerritos Park East		
<b>11585</b>	Wed., Mar. 6-Apr. 24	7-7:45 PM	13-Adult
	Cerritos Park East		

### Adaptive Dinner and a Movie Night – The Little Mermaid

Come spend a Saturday night at Cerritos Park East and enjoy a movie and dinner from a local restaurant. Ice breaker games will be conducted prior to the movie. The program is an excellent opportunity for socialization and fun. The movie is rated PG and is 2 hours and 15 minutes in length. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of the class.

\$10 resident/\$15 non-resident	One Day		
<b>11586</b>	Sat., Apr. 13	5-7:30 PM	16-Adult
	Cerritos Park East		

### Adaptive Fitness Fun

Learn about fitness in a fun environment! This class will emphasize physical activity and socialization among participants. Students will participate in a variety of workouts and exercises throughout the course. Workouts will be modified according to participant's abilities. Wear sneakers or athletic shoes. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of each class meeting.

\$26 resident/\$39 non-resident	6 classes		
<b>11588</b>	Thu., Apr. 25-May 30	6-6:45 PM	6-12 years
	Cerritos Park East		
<b>11589</b>	Thu., Apr. 25-May 30	7-7:45 PM	13-Adult
	Cerritos Park East		

### Adaptive Game Night

Adaptive Game Night is all about games, games, and more games! Spend an evening with friends playing board games, card games, and other organized games such as scavenger hunts and team builders. A light snack will be provided. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of the class.

Free	One Day		
<b>11590</b>	Sat., Mar. 9	5-7 PM	16-Adult
	Cerritos Park East		

## Dance, Adult/Youth

### Baby Ballet

For little tykes who love to dance, this is a fun introduction to ballet, which includes beginning movements, and arm and foot positions. The class will help develop self-confidence and poise through the art of dance. Parents are required to sign children in and out of each class meeting. NO CLASS ON APRIL 5.

A spring dance recital will be conducted on Saturday, April 27 at 4 PM on an outdoor stage as part of the Community Spring Fling at the Cerritos Sports Complex. Participation is optional. Costumes for the recital will cost an additional \$35 to \$45. PARENT OR GUARDIAN MUST BE PRESENT AT THE FIRST CLASS MEETING TO RECEIVE RECITAL AND COSTUME INFORMATION.

\$77 resident/\$116 non-resident	6 classes		
<b>11892</b>	Fri., Mar. 15-Apr. 26	4-4:45 PM	3-5 years
	Liberty Park		



### Ballet/Tap Combo

Children will develop self-confidence and poise through the art of dance. Posture, grace, rhythm, basic stretches, and body positions are taught through specially designed exercises. Parents are required to sign children in and out of each class meeting. NO CLASS ON APRIL 1, 5 AND 6.

A spring dance recital will be conducted on Saturday, April 27 at 4 PM on an outdoor stage as part of the Community Spring Fling at the Cerritos Sports Complex. Participation is optional. Costumes for the recital will cost an additional \$35 to \$45. PARENT OR GUARDIAN MUST BE PRESENT AT THE FIRST CLASS MEETING TO RECEIVE RECITAL AND COSTUME INFORMATION.

\$77 resident/\$116 non-resident	6 classes		
<b>11894</b>	Sat., Mar. 9-Apr. 20	10:15-11 AM	3-5 years
	Liberty Park		
<b>11893</b>	Fri., Mar. 15-Apr. 26	4:55-5:40 PM	4-7 years
	Liberty Park		
<b>11895</b>	Mon., Mar. 11-Apr. 22	4-4:45 PM	3-4 years
	Cerritos Park East		
<b>11896</b>	Mon., Mar. 11-Apr. 22	5-5:45 PM	5-6 years
	Cerritos Park East		
<b>12022</b>	Mon., Mar. 11-Apr. 22	6-6:45 PM	5-8 years
	Cerritos Park East		



### Hip Hop Dance

Learn the latest dance moves! Moves and music are age appropriate. This fun, high energy class for boys and girls introduces fundamental hip hop and hip hop funk moves. Class promotes coordination, rhythm, creativity, and fun. Parents are required to sign children in and out of each class meeting. NO CLASS ON APRIL 2 AND 5.

**\$44 resident/\$66 non-resident** **4 classes**

Session I			
11943	Tue., Feb. 13-Mar. 5	4-4:45 PM	3-5 years
	Cerritos Park East		
11944	Tue., Feb. 13-Mar. 5	4:55-5:40 PM	5-7 years
	Cerritos Park East		
11945	Tue., Feb. 13-Mar. 5	5:50-6:35 PM	7-12 years
	Cerritos Park East		
11946	Fri., Feb. 16-Mar. 8	4-4:45 PM	3-5 years
	Cerritos Park East		

**\$77 resident/\$116 non-resident** **6 classes**

Session II – Dance Recital			
11935	Tue., Mar. 12-Apr. 23	4-4:45 PM	3-5 years
	Cerritos Park East		
11936	Tue., Mar. 12-Apr. 23	4:55-5:40 PM	5-7 years
	Cerritos Park East		
11937	Tue., Mar. 12-Apr. 23	5:50-6:35 PM	7-12 years
	Cerritos Park East		
11939	Fri., Mar. 15-Apr. 26	4-4:45 PM	3-5 years
	Cerritos Park East		



### K-Pop Dance

K-Pop is a musical genre class that teaches an easy and fun mix of electronic, hip-hop, and pop dance moves to upbeat K-Pop music. Class improves coordination and rhythm with a focus on performance skills. Athletic attire and sneakers required. Parents are required to sign children in and out of each class meeting. NO CLASS ON APRIL 2 AND 5.

**\$44 resident/\$66 non-resident** **4 classes**

Session I			
11943	Tue., Feb. 13-Mar. 5	6:45-7:30 PM	6-10 years
	Cerritos Park East		
11945	Fri., Feb. 16-Mar. 8	4:55-5:40 PM	5-9 years
	Cerritos Park East		
11946	Fri., Feb. 16-Mar. 8	5:50-6:35 PM	7-12 years
	Cerritos Park East		

**\$77 resident/\$116 non-resident** **6 classes**

Session II – Dance Recital			
11938	Tue., Mar. 12-Apr. 23	6:45-7:30 PM	6-10 years
	Cerritos Park East		
11940	Fri., Mar. 15-Apr. 26	4:55-5:40 PM	5-9 years
	Cerritos Park East		
11941	Fri., Mar. 15-Apr. 26	5:50-6:35 PM	7-12 years
	Cerritos Park East		

A spring dance recital will be conducted on Saturday, April 27 at 4 PM on an outdoor stage as part of the Community Spring Fling at the Cerritos Sports Complex. Participation is optional. Costumes for the recital will cost an additional \$35 to \$45. PARENT OR GUARDIAN MUST BE PRESENT AT THE FIRST CLASS MEETING TO RECEIVE RECITAL AND COSTUME INFORMATION.

**FEATURED**

### Salsa

In this beginning salsa class, participants will learn the basic figures and footwork to get started on the dance floor. Partner combinations will be covered. No partner is necessary; singles are welcome. Parents are required to sign children in and out of each class meeting.

<b>\$36 resident/\$54 non-resident</b>		<b>5 classes</b>	
11897	Thu., Feb. 22-Mar. 21	6:30-7:30 PM	14-Adult
	Liberty Park		
11898	Thu., Apr. 11-May 9	6:30-7:30 PM	14-Adult
	Liberty Park		

### Zumba

Zumba is an aerobic work out that combines different movements and rhythms such as salsa, cumbia, merengue, belly dance, rock and roll, and much more! Zumba is an effective, easy, and fun way to get in shape. Parents are required to sign children in and out of each class meeting.

<b>\$39 resident/\$59 non-resident</b>		<b>5 classes</b>	
11899	Mon., Feb. 26-Mar. 25	5:30-6:30 PM	16-Adult
	Liberty Park		
11900	Mon., Apr. 8-May 6	5:30-6:30 PM	16-Adult
	Liberty Park		

## Music, Adult/Youth

### Cerritos College Community Band

Fees paid to Cerritos College

The Cerritos College Community Band is dedicated to the performance of popular, family-oriented compositions and is comprised of brass, woodwind and percussion instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands, at dbetancourt@cerritos.edu.

Community Band		
Tue., Jan. 9-May 14	7-10 PM	12-Adult
Cerritos College		



### Cerritos College Community Jazz Band

Fees paid to Cerritos College

The Cerritos College Community Jazz Band is dedicated to the performance of popular, family-oriented jazz compositions and is comprised of brass, woodwind and rhythm instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands, at dbetancourt@cerritos.edu.

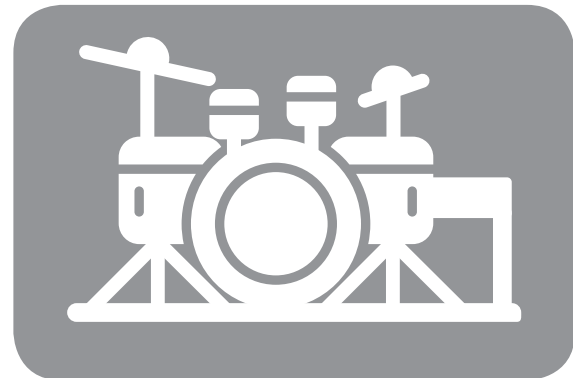
Jazz Band		
Wed., Jan. 10-May 15	7-10 PM	12-Adult
Cerritos College		

### Cerritos College Community Orchestra

Fees paid to Cerritos College

The Cerritos College Community Orchestra is dedicated to the performance of popular, family-oriented compositions and is comprised of brass, woodwind, string, and percussion instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands, at dbetancourt@cerritos.edu.

Orchestra		
Mon., Jan. 8-May 13	6-9 PM	12-Adult
Cerritos College		



### Drums for Fun

Learn the basic techniques of drumming from a professional musician. Instruction will include proper grip positions, hand and wrist development, sight reading, hand and foot coordination, rudimentary training, and drum set techniques. Practice pads and sheet music will be provided. Parents are required to sign children in and out of each class meeting. Please bring your own drum sticks to each class meeting or bring \$6 materials fee to purchase drum sticks. Students may purchase take-home pads at an additional fee.

<b>\$98 resident/\$147 non-resident</b>		<b>6 classes</b>	
11901	Tue., Feb. 20-Mar. 26	4:30-5:30 PM	6-Adult
	Heritage Park		
11902	Tue., Apr. 9-May 14	4:30-5:30 PM	6-Adult
	Heritage Park		

### Joy of Singing

Students learn the basics of singing, choosing a theme, singing group songs, solos, light dancing, and put on a show at the end of the session for family and friends. Please bring a \$5 music materials fee to the first class. Parents are required to sign children in and out of each class meeting. NO CLASS ON APRIL 1.

<b>\$75 resident/\$112 non-resident</b>		<b>8 classes</b>	
11903	Mon., Feb. 26-Apr. 22	6:15-7:15 PM	7-12 years
	Cerritos Park East		



### Piano

Learn to play the piano from the very beginning! Students will learn the basics and play new songs each week. Students must have access to a piano or keyboard outside of class to practice lessons. Course instruction will be provided on electronic keyboards and participants may need to share keyboards during class. All students are required to purchase a music book; information will be given at the first class meeting. Parents are required to sign children in and out of each class meeting. NO CLASS ON APRIL 1.

<b>\$100 resident/\$150 non-resident</b>		<b>8 classes</b>	
Beginning I			
11904	Mon., Feb. 26-Apr. 22	5-6 PM	7-13 years
	Cerritos Park East		

# Sports/Fitness, Adult/Youth

## Cerritos Fitness Centers

Fitness Centers are located in the Cerritos Olympic Swim & Fitness Center and the Liberty Park Community Center. The Swim & Fitness Center is equipped with locker room facilities.

- Membership is available to Cerritos residents, 16 years and older.
- Individual memberships are \$50 per year.
- Replacement card may be purchased for \$5.
- Fitness Centers include a multi-max station, treadmills, stair climbers, and life cycles.
- Adults working in Cerritos can purchase an annual business membership for \$50, valid only Monday through Friday from 6 AM to 2 PM at the Swim Center location and 10 AM to 5 PM at the Liberty Park location.
- Waiver required.

Membership cards are valid at both locations and must be presented to enter.

### Fitness Center Hours: Swim Center Location

Monday through Friday	6 AM-2 PM / 5-9 PM
Saturday/Sunday	7 AM-2 PM

### Liberty Park Location

Monday through Friday	10 AM-8 PM
Saturday/Sunday	10 AM-6 PM*

\*8 PM beginning April 7

For more information, please call the Recreation Services Division at (562) 916-1254.



## Tennis Courts

Courts are available for use at Liberty Park and Cerritos Park East. Tennis courts may be closed without prior notice.

### Cerritos residents:

- May use the courts at no charge during regular park operating hours.
- Age 16 years and older may reserve one (1) court up to one (1) week in advance and no less than one (1) hour in advance.
- A 5-minute grace period will be given before the court is released.
- Only one (1) reservation per family account may be held at any given time.
- Must present a valid California Driver's License or valid California ID with current Cerritos address and must be in the City's database to check out a court key.
- Reservations will only be taken in person or over the phone by calling Liberty Park at (562) 916-8565 or Cerritos Park East at (562) 407-2611 during normal operating hours.

(Continued on the next column)

**For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.**

## Tennis Courts (Continued)

### Non-residents:

- May use the courts for drop-in play Monday through Friday, between 10 AM and 3 PM, for a \$7 hourly fee.
- No reservations allowed.
- Adults working in Cerritos may drop-in to play Monday through Friday only, between 10 AM and 3 PM, at no charge.
- Must present a valid California Driver's License or California ID and proof of employment in Cerritos.

### Sand Volleyball Courts

Courts are available for use at Liberty Park. The sand volleyball courts may be closed without prior notice.

- Cerritos residents, 16 years and older, may reserve one court up to one (1) week in advance free of charge.
- Non-residents, 16 years and older, may reserve one (1) court up to two (2) days in advance free of charge.
- Reservations will be a maximum of one (1) hour and may be booked on the hour or on the half hour.
- A 5-minute grace period will be given before the court is released.
- Only one (1) reservation per family account may be held at any given time.
- Must present a valid California Driver's License or valid California ID with current Cerritos address and must be in the City's database to access court.
- Reservations will be taken in person or over the phone by calling Liberty Park at (562) 916-8565 during normal operating hours.



## Jazzercise

Monthly Fees \$69 with EFT\*  
One Time Class \$15

Registration taken at class site by course instructor.

Blending easy to follow dance steps with fun dance routines, Jazzercise will enhance cardiovascular fitness, balance, posture, strength, and flexibility. Certified professional Jazzercise instructors will cue participants through the moves that incorporate various elements of dance with resistance training, pilates, yoga, kickboxing, and more. The 60-minute workout is effective for every age, skill, and fitness level. Please bring a floor mat and water bottle; hand weights are optional.

Monthly fee allows patrons to attend any of the classes.

\*EFT (Electronic Funds Transfer) or Easy Fitness Ticket allows patrons to automatically pay for Jazzercise programs through an electronic funds transfer each month. Patrons must pay a \$30 joining fee.

Monday	10:15-11:15 AM	Cerritos Park East
Wednesday	10:15-11:15 AM	Cerritos Park East
Friday	10:15-11:15 AM	Cerritos Park East
Sunday	10:15-11:15 AM	Cerritos Park East

## Ballet Barre

Join this low impact ballet based exercise class. By using the barre you will stretch, strengthen, lengthen, tone, and elongate your muscles. Also increase balance, strength, stamina, posture, endurance, core strength, and muscle tone. Beginners welcome. No dance experience required. Parents are required to sign children in and out of each class meeting.

(Continued on the next column)

## Ballet Barre (Continued)

	\$40 resident/\$60 non-resident		4 classes
11949	Mon., Feb. 26-Mar. 18	10:15-11:15 AM	8-Adult Liberty Park
11951	Wed., Feb. 28-Mar. 20	10:15-11:15 AM	8-Adult Liberty Park
11953	Wed., Feb. 28-Mar. 20	5:30-6:30 PM	8-Adult Liberty Park
11950	Mon., Apr. 8-29	10:15-11:15 AM	8-Adult Liberty Park
11952	Wed., Apr. 10-May 1	10:15-11:15 AM	8-Adult Liberty Park
11954	Wed., Apr. 10-May 1	5:30-6:30 PM	8-Adult Liberty Park

## Core Yolates

Enjoy this new workout trend that combines two popular methods of exercise - yoga and Pilates. This course will emphasize core stabilization, lengthening, toning, and body sculpting. Yolates also improves core strength, posture and overall body awareness. Please bring a stability ball, resistance band and weights to class. Parents are required to sign children in and out of each class meeting.

	\$60 resident/\$90 non-resident		5 classes
11861	Sun., Feb. 24-Mar. 24	10:15-11:40 AM	13-Adult Liberty Park
11862	Sun., Apr. 7-May 5	10:15-11:40 AM	13-Adult Liberty Park

## Gymnastics: Jammin' Gymnasts

Discover the inner gymnast inside everyone! Gymnastics also improves coordination and strength development. Girls and boys of all skill levels will safely learn recreation gymnastics techniques such as cartwheels, round-offs, rolls, handstands, and more. Obstacle courses and music will make learning fun while creating confidence and a positive learning environment! Parents are required to sign children in and out of each class meeting. Please bring a \$2 materials fee to the first class.

	\$90 resident/\$135 non-resident		6 classes
11905	Wed., Feb. 21-Mar. 27	3:20-4:20 PM	4-6 years Cerritos Park East
11907	Wed., Feb. 21-Mar. 27	4:35-5:35 PM	5-10 years Cerritos Park East
11906	Wed., Apr. 10-May 15	3:20-4:20 PM	4-6 years Cerritos Park East
11908	Wed., Apr. 10-May 15	4:35-5:35 PM	5-10 years Cerritos Park East



## Hatha Yoga

Experience the release of tension and stress through a series of postures which develop strength, flexibility, concentration, and balance. Please bring your own yoga mat to each class and wear comfortable clothing.

	\$60 resident/\$90 non-resident		5 classes
11955	Tue., Feb. 20-Mar. 19	10:15-11:15 AM	18-Adult Cerritos Park East
11957	Thu., Feb. 22-Mar. 21	10:15-11:15 AM	18-Adult Cerritos Park East
11956	Tue., Apr. 9-May 7	10:15-11:15 AM	18-Adult Cerritos Park East
11958	Thu., Apr. 11-May 9	10:15-11:15 AM	18-Adult Cerritos Park East



**Martial Arts**

Karate provides an excellent physical and mental workout, increasing coordination and flexibility. The well-rounded curriculum incorporates ground and stand-up self-defense, kata and weaponry. Experience strength and confidence boosting fun classes with something for every member of the family. Parents are required to sign children in and out of each class meeting. Participants arriving more than 10 minutes after the class start time will not be permitted entry.

	<b>\$84 resident/\$126 non-resident</b>		<b>12 classes</b>
<b>11959</b>	M/W, Feb. 19-Mar. 27 Liberty Park	3:30-4:30 PM	4-7 years
<b>11961</b>	T/Th, Feb. 20-Mar. 28 Liberty Park	3:30-4:30 PM	8-Adult
<b>11960</b>	M/W, Apr. 8-May 15 Liberty Park	3:30-4:30 PM	4-7 years
<b>11962</b>	T/Th, Apr. 9-May 16 Liberty Park	3:30-4:30 PM	8-Adult



**Pickleball Round-Robin Social**

Join the Pickleball Round Robin Social at Liberty Park! All players will participate in three, 30-minute matches against different players in a true round-robin format. No partner is needed. Mixed-doubles play are randomly drawn based on the number of registrants. Intermediate level preferred. Prizes are awarded for first and second place.

	<b>\$5 per person</b>		<b>One Day</b>
<b>11591</b>	Thu., Mar. 21 Liberty Park	10 AM-noon	18-Adult

**Pilates**

This Pilates class will combine barre work and cardio to tone and strengthen the entire body. Thera-bands and exercise balls will be provided by the instructor to work on specific muscles and muscle groups to increase strength and agility. This revolutionary toning and conditioning system stretches, strengthens, and realigns overused joints, and muscles. Participants will work at an individualized pace. Parents are required to sign children in and out of each class meeting.

	<b>\$50 resident/\$75 non-resident</b>		<b>5 classes</b>
<b>11863</b>	Tue., Feb. 20-Mar. 19 Liberty Park	6-7 PM	13-Adult
<b>11865</b>	Thu., Feb. 22-Mar. 21 Cerritos Park East	6-7 PM	13-Adult
<b>11864</b>	Tue., Apr. 9-May 7 Liberty Park	6-7 PM	13-Adult
<b>11866</b>	Thu., Apr. 11-May 9 Cerritos Park East	6-7 PM	13-Adult

**Stride Cerritos - Fitness Walkers**

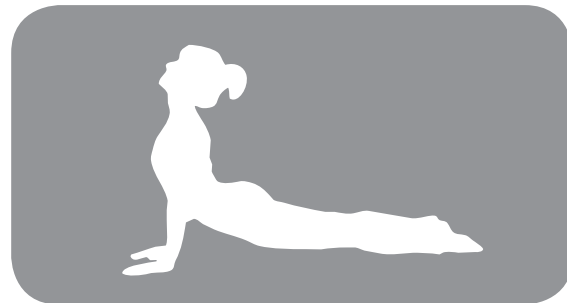
Join Stride Cerritos and walk to fitness. During each session, walkers will receive instruction on the fundamentals of aerobic development through walking workouts. Cardiovascular improvement, muscle development and decreased body fat will be emphasized. Parents are required to sign children in and out of each class meeting.

	<b>Free</b>		<b>16 classes</b>
<b>11858</b>	T/Th, Apr. 9-May 30 Liberty Park	6:30-7:30 PM	16-Adult

**Yoga For Kids**

Yoga is a safe, fun and non-competitive way for children to exercise and develop coordination. Yoga also strengthens the body, builds self-esteem, and increases focus and concentration. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>		<b>4 classes</b>
<b>11867</b>	Sat., Feb. 24-Mar. 16 Liberty Park	11:30 AM-12:15 PM	4-12 years
<b>11868</b>	Sat., Apr. 13-May 4 Liberty Park	11:30 AM-12:15 PM	4-12 years



**Yoga For Relaxation**

Enjoy an introductory course in conditioned relaxation based on the ancient art of hatha yoga as it is taught in India. This course consists of stretching, breathing, and relaxation exercises, which relieve mental tension, emotional stress, and physical strain. Exercise mats will be provided. Parents are required to sign children in and out of each class meeting.

	<b>\$60 resident/\$90 non-resident</b>		<b>5 classes</b>
<b>11963</b>	Mon., Feb. 26-Mar. 25 Liberty Park	6:45-7:45 PM	14-Adult
<b>11965</b>	Wed., Feb. 28-Mar. 27 Liberty Park	6:45-7:45 PM	14-Adult
<b>11964</b>	Mon., Apr. 8-May 6 Liberty Park	6:45-7:45 PM	14-Adult
<b>11966</b>	Wed., Apr. 10-May 8 Liberty Park	6:45-7:45 PM	14-Adult

**Youth Soccer Clinic**

Boys and girls are encouraged to register and learn new skills from a local coaching staff. In addition to soccer-specific training, participants will learn the value of teamwork, communication, and leadership, on and off the field. Parents are required to sign children in and out of the class.

	<b>\$10 resident/\$15 non-resident</b>		<b>One Day</b>
<b>12010</b>	Sat., Mar. 16 Sports Complex	9-10:30 AM	5-12 years

**Sports Leagues,  
 Adult/Youth**

**Adult Men's and Coed  
 Slow Pitch Leagues**

**\$320 resident/\$355 non-resident**  
**\$35 new team registration fee**  
**\$60 fine payable after forfeiture**

The City of Cerritos, in conjunction with Major League Softball, offers an Adult Slow Pitch League to community and business teams. The registration fee includes ten games, statistics, game balls, newsletters, team and individual awards and league leader awards. Officials' fees of \$30 per team per game must be paid prior to the first pitch of each game. For more information, please call Major League Softball at (714) 289-1983.

(Continued on the next column)

**Adult Men's and Coed  
 Slow Pitch Leagues (Continued)**

League	Day	Field	Starting Date
Men	Thu.	Sports Complex/Liberty Park	February 1
	Fri.	Sports Complex/Liberty Park	February 2
	Sun.	Sports Complex/Liberty Park	February 4
	Tue.	Sports Complex/Liberty Park	February 6
	Wed.	Sports Complex/Liberty Park	February 7
Coed	Fri.	Sports Complex/Liberty Park	February 2
	Sun.	Sports Complex/Liberty Park	February 4
	Wed.	Sports Complex/Liberty Park	February 7



**Registration Information**

Registration for the upcoming season will take place online through Monday, January 22. Please visit mlsoftball.com to register your team. Priority registration is granted to any team presenting proof that 51% of the members on their roster reside in the City of Cerritos or are employees of a business located in the City of Cerritos. Proof of residency with a valid California identification card is required for Cerritos residents and valid business identification is required for Cerritos businesses.

**Striders Track and Field**

Join the Striders Youth Track and Field team and have the opportunity to participate in optional invitational track meets. Team members may choose meets that fit their schedules. Registration includes coaching, workouts, a jersey and meet entry fees. For more information, please call the Sports Complex at (562) 916-8590.

	<b>\$25 resident/\$38 non-resident</b>		<b>16 classes</b>
<b>11592</b>	T/Th, Apr. 9-May 30 Liberty Park	5-6 PM	7-15 years

**Golf,  
 Adult/Youth**

**Cerritos Iron-Wood Nine Golf Course**

(562) 916-8400

The City of Cerritos Iron-Wood Nine Golf Course is a nine-hole, par 29, 1,468-yard, executive golf course. The lighted driving range offers a choice of hitting off mats or grass. Rental clubs and handcars are available; reservations can be made up to one week in advance. Starting times will begin at 6:30 AM depending upon course conditions.

**Hours of Operation:**

Monday through Friday	6:30 AM-7 PM
Saturday/Sunday	6:30 AM-6 PM
Range Hours:	Monday through Friday 6:30 AM-7 PM
	Thursday 10 AM-7 PM
	Saturday/Sunday 6:30 AM-6 PM

Beginning April 28, the range will be open at 6 AM and close at 8 PM.

The last range bucket will be sold 30 minutes prior to closing.

(Continued on the next page)

**Hours of Operation: (Continued)**

Cerritos residents must present a valid California Driver's License or a valid California ID with current Cerritos address. Residents that have not secured a new California issued ID with a current Cerritos address must present an ID and provide a utility bill, rent receipt, tax bill, escrow papers, credit card, bank statement, or car registration that is postmarked within the last 60 days.



**Golf Course Dress Code**

The Cerritos Iron-Wood Nine Golf Course enforces its dress code policy.

Men must wear a presentable shirt with sleeves. Tank tops, sleeveless shirts, swim suits and other dress deemed inappropriate for the course will not be allowed. Women must also wear a presentable shirt. Halter tops, tube tops, swim suits, and other dress deemed inappropriate for the course will not be allowed.

**Driving Range Fees**

\$7.00 Small Bucket Card (51 balls)  
\$10.50 Large Bucket Card (102 balls)

**Cerritos Junior Golf Academy**

The Junior Golf Academy with Cerritos Iron-wood Nine Golf Professional Jason Holmes, is designed for youth golfers of all ability levels. From beginners to advanced golfers, participants will improve their game in a small group setting. Instruction will be conducted on the Course's driving range, putting greens, and pitching area. Range balls will be provided for each class and loaner clubs are available during class time. Parents are required to sign children in and out of the class meeting.

**\$55 resident/\$83 non-resident 4 classes**

**Session I**

<b>11967</b>	Sat., Feb. 24-Mar. 16	10-10:45 AM	4-6 years
	Golf Course		
<b>11968</b>	Sat., Feb. 24-Mar. 16	11-11:45 AM	4-6 years
	Golf Course		
<b>11971</b>	M/W, Feb. 26-Mar. 6	5-5:45 PM	7-10 years
	Golf Course		
<b>11974</b>	M/W, Feb. 26-Mar. 6	6-6:45 PM	11-17 years
	Golf Course		

**Session II**

<b>11972</b>	M/W, Mar. 18-27	5-5:45 PM	7-10 years
	Golf Course		
<b>11975</b>	M/W, Mar. 18-27	6-6:45 PM	11-17 years
	Golf Course		
<b>11969</b>	Sat., Apr. 13-May 4	10-10:45 AM	4-6 years
	Golf Course		
<b>11970</b>	Sat., Apr. 13-May 4	11-11:45 AM	4-6 years
	Golf Course		

**Session III**

<b>11973</b>	M/W, Apr. 8-17	5-5:45 PM	7-10 years
	Golf Course		
<b>11976</b>	M/W, Apr. 8-17	6-6:45 PM	11-17 years
	Golf Course		

**Group Golf Lessons**

Join Cerritos Iron-Wood Nine Golf Professional Jason Holmes in a relaxed group setting designed for all skill levels, from the novice to the experienced player. For novice players, fundamental skills such as stance, grip and swing will be covered. More experienced players will sharpen their skills and develop game techniques. One small bucket of practice balls will be provided at each lesson. Parents are required to sign children in and out of the class meeting.

(Continued on the next column)

**Group Golf Lessons (Continued)**

**\$70 resident/\$105 non-resident 4 classes**

**Session I**

<b>11977</b>	Sat., Feb. 24-Mar. 16	8-8:45 AM	14-Adult
	Golf Course		
<b>11979</b>	Sat., Feb. 24-Mar. 16	9-9:45 AM	8-13 years
	Golf Course		

**Session II**

<b>11978</b>	Sat., Apr. 13-May 4	8-8:45 AM	14-Adult
	Golf Course		
<b>11980</b>	Sat., Apr. 13-May 4	9-9:45 AM	8-13 years
	Golf Course		



**Itsy Bitsy Golf Clinic**

This clinic is designed to introduce participants to the game of golf. The program will provide preschool golfers with brief instruction on grip, stance, swing and putting. Complimentary driving range use is also included. Parents are required to sign children in and out of the class.

**\$15 resident/\$23 non-resident One Day**

<b>11596</b>	Sat., Apr. 13	4-5 PM	3-5 years
	Golf Course		



**Senior Golf Quarterly Tournament**

Seniors, 60 years of age and older, are invited to participate in this fun-filled 9-hole, shotgun start tournament.

**\$15 Tournament Fee One Day**

<b>11593</b>	Wed., Apr. 17	8-10 AM	60 & Older
	Golf Course		

**Spring Break Youth Golf Clinic**

This clinic is designed to introduce the beginning junior to the game of golf. Staff will provide basic instruction including the swing, putting skills and golf etiquette. Games and skill contests will be conducted to keep the clinic fun, and participants will get actual experience on the driving range and practice putting greens. Parents are required to sign children in and out of each class meeting. Participants are encouraged to register for the Spring Break Youth Golf Tournament on Friday, April 5.

**\$22 resident/\$33 non-resident 4 classes**

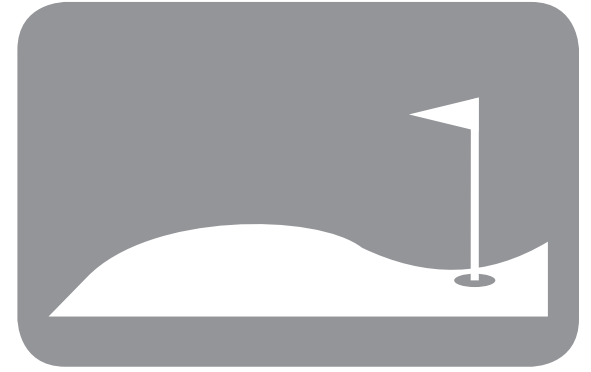
<b>11594</b>	M/T/W/Th, Apr. 1-4	10 AM-noon	7-14 years
	Golf Course		

**Spring Break Youth Golf Tournament**

Enjoy this fun, golf tournament for the novice junior golfer. This non-competitive event will offer participants the opportunity to play in a supervised golf tournament with others their age. Fee includes green fees and refreshments. Parents are required to sign children in and out of the class.

**\$17 resident/\$26 non-resident One Day**

<b>11595</b>	Fri., Apr. 5	10 AM-noon	7-14 years
	Golf Course		



**Spring Target Challenge**

Test your accuracy and shot-making abilities by participating in the driving range target challenge. Participants will go through a series of challenges on the driving range. Win points and earn rewards for successfully completing the challenges.

**\$16 resident/\$24 non-resident One Day**

<b>11597</b>	Sat., Mar. 9	6-7:30 PM	18-Adult
	Golf Course		

**Aquatics, Adult/Youth**

**General Information**

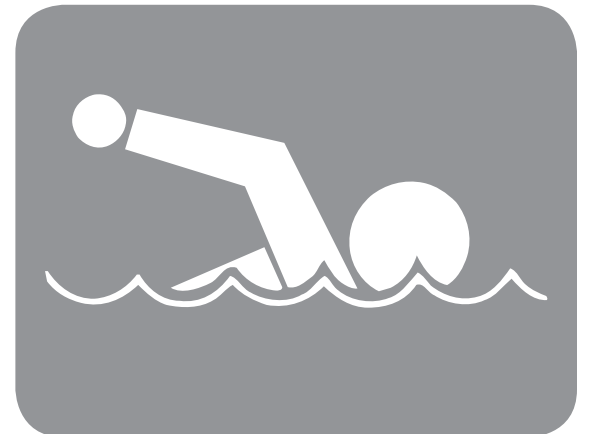
The Cerritos Olympic Swim & Fitness Center is located at 13150 E. 166th Street, adjacent to Cerritos Park East. For general information, including hours of operation and admission fees, please call the Swim & Fitness Center at (562) 4072600. For swim lesson registration, see below.

**Admission Policies**

The Swim & Fitness Center is open to Cerritos residents, accompanied guests, and adults working in the City of Cerritos. Each resident may bring up to four (4) guests during recreational swimming only.

Cerritos residents must present a valid California Driver's License or a valid California ID with current Cerritos address. Residents that have not secured a new California issued ID with a current Cerritos address must present an ID and provide a utility bill, rent receipt, tax bill, escrow papers, credit card, bank statement, or car registration that is postmarked within the last 60 days.

Children under 16 years of age may present a Cerritos resident library card. Parents are responsible for the supervision of children. Adults working in the City of Cerritos must present a valid driver's license and a business ID. Children who cannot swim and are less than four feet tall must be accompanied in the water by an adult. All residents using tickets for recreational swimming will be required to show acceptable Cerritos identification. Children over 5 years of age are not permitted in the locker room of the opposite sex.



**Swim Fees**

**Lap Swim Fees**

\$3.00 Adults, ages 18 to 59  
\$2.50 Seniors, age 60 and older

**Recreational Swim Fees**

\$2.00 Cerritos Resident  
\$2.00 Adults who work in Cerritos with business ID  
\$2.50 Nonresident Child, age 17 and under. Must be a guest of a Cerritos resident (see above)  
\$3.25 Nonresident Adult, age 18 and older. Must be a guest of a Cerritos resident (see above)

(Continued on the next column)



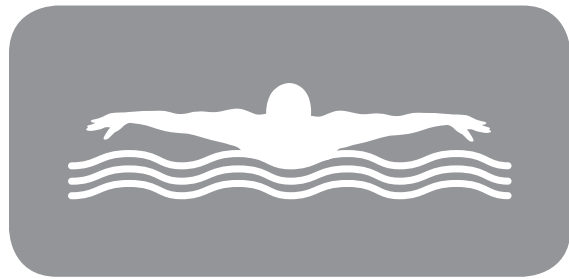


**Swim Fees (Continued)**

**Ticket Books**

Ticket books are non-transferable. Patrons utilizing tickets as payments still need to meet all entrance requirements. Patrons using tickets for recreation swimming will be required to show acceptable Cerritos identification. Purchase limit of two (2) ticket books per visit.

Age 17 and under	15 tickets - \$20
Adults, ages 18 to 59	20 tickets - \$60
Seniors, age 60 and older	20 tickets - \$50



**Swim Center Hours**

**Hours of Operation**

Monday-Friday	6 AM-9 PM
Saturday/Sunday	7 AM-2 PM

**Recreational Swimming**

Monday/Wednesday/Friday	7-9 PM
Saturday/Sunday	Noon-2 PM

**Adult Lap Swimming**

Monday/Friday	6 AM-2 PM
Tuesday/Thursday*	7-9 PM
Saturday/Sunday	7 AM-Noon

\*Open to Cerritos Residents only.

A minimum of four lanes will be available for all lap swim sessions. Please refer to the Sports/Fitness section for Fitness Center hours.

**The pool will have modified hours on the following days:**

- Monday, April 1 through Friday, April 5, Recreational Swimming, 11 AM-2 PM
- Monday, May 27, Recreational Swimming from 11 AM-9 PM and Lap Swimming from 7 AM-2 PM

**Please Register Carefully**

Any person registered in a class above their skill level will be dropped from the class without a refund.

**Free Skills Testing**

Skills testing is available prior to registration if assistance is needed to determine class level. Participants may come to the Swim & Fitness Center during recreational swim hours for testing.



**Mommy/Daddy and Me**

6 months-3 years

This class allows parents to share in the fun of children learning to swim. Children will learn basic safety skills, breath control, floating, kicking and paddling. Up to two adults per child are permitted to participate. Swim diapers are available for purchase at the Swim Center. Parents are required to sign children in and out of each class meeting.

(Continued on the next column)

**Mommy/Daddy and Me (Continued)**

**MONDAY/WEDNESDAY**

**\$43 resident/\$65 non-resident**

	Spring 1 Feb. 26-Mar. 27	Spring 2 Apr. 8-May 8
10:30-11 AM	11604	11606
6:30-7 PM	11605	11607

**SATURDAY**

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 24-Mar. 23	Spring 2 Apr. 13-May 11
10:30-11 AM	11610	11611

**SUNDAY**

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 25-Mar. 24	Spring 2 Apr. 14-May 12
Noon-12:30 PM	11612	11613



**Preschool Pufferfish**

3-5 years

Acquaint preschool-aged children to the aquatic environment. Beginners will learn breath control, floating and kicking. More advanced students will be presented with the basic elements of front crawl and backstroke. Parents are required to sign children in and out of each class meeting.

**MONDAY/WEDNESDAY**

**\$43 resident/\$65 non-resident**

	Spring 1 Feb. 26-Mar. 27	Spring 2 Apr. 8-May 8
10-10:30 AM	11614	11625
11-11:30 AM	11615	11626
Noon-12:30 PM	11616	11627
1-1:30 PM	11617	11628
1:30-2 PM	11618	11629
5-5:30 PM	11619	11630
5:30-6 PM	11620	11631
6-6:30 PM	11621	11632
6:30-7 PM	11622	11633
7-7:30 PM	11623	11634
7:30-8 PM	11624	11635

**SATURDAY**

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 24-Mar. 23	Spring 2 Apr. 13-May 11
9-9:30 AM	11661	11669
9:30-10 AM	11662	11670
10-10:30 AM	11663	11671
10:30-11 AM	11664	11672
11-11:30 AM	11665	11673
11:30 AM-noon	11666	11674

**SUNDAY**

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 25-Mar. 24	Spring 2 Apr. 14-May 12
9-9:30 AM	11677	11685
9:30-10 AM	11678	11686
10-10:30 AM	11679	11687
10:30-11 AM	11680	11688
11-11:30 AM	11681	11689
11:30 AM-noon	11682	11690



**Starfish/Minnows**

6-16 years

Get acquainted with the excitement of the aquatic world. Children will learn breath control, floating and other elementary skills. Parents are required to sign children in and out of each class meeting.

**MONDAY/WEDNESDAY**

**\$43 resident/\$65 non-resident**

	Spring 1 Feb. 26-Mar. 27	Spring 2 Apr. 8-May 8
5-5:45 PM	11691	11695
6-6:45 PM	11692	11696
7-7:45 PM	11693	11697

**SATURDAY**

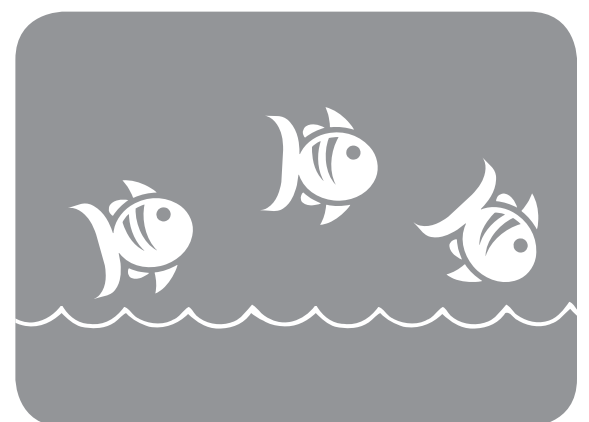
**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 24-Mar. 23	Spring 2 Apr. 13-May 11
8-8:45 AM	11707	11711
9-9:45 AM	11708	11712
11-11:45 AM	11710	11714

**SUNDAY**

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 25-Mar. 24	Spring 2 Apr. 14-May 12
8-8:45 AM	11739	11743
9-9:45 AM	11740	11744
10-10:45 AM	11741	11745
11-11:45 AM	11742	11746



**Flying Fish**

6-16 years

Knowing the elementary skills of swimming, develop the front crawl and backstroke techniques. Along with these strokes, learn safety skills, self-rescue and diving. Prerequisite: Minnows-level swimming skills. Parents are required to sign children in and out of each class meeting.

**MONDAY/WEDNESDAY**

**\$43 resident/\$65 non-resident**

	Spring 1 Feb. 26-Mar. 27	Spring 2 Apr. 8-May 8
5-5:45 PM	11715	11719
6-6:45 PM	11716	11720
8-8:45 PM	11718	11722

**SATURDAY**

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 24-Mar. 23	Spring 2 Apr. 13-May 11
8-8:45 AM	11731	11735
9-9:45 AM	11732	11736
10-10:45 AM	11733	11737
11-11:45 AM	11734	11738

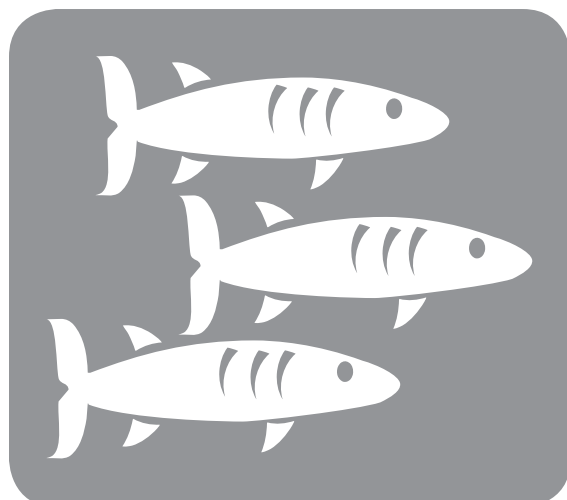
(Continued on the next page)

### Flying Fish (Continued)

#### SUNDAY

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 25-Mar. 24	Spring 2 Apr. 14-May 12
8-8:45 AM	11747	11751
9-9:45 AM	11748	11752
10-10:45 AM	11749	11753
Noon-12:30 PM	11750	11754



### Barracudas

6-16 years

Improve stamina, coordination, and learn breaststroke and side-stroke kicks and more safety skills. Prerequisite: Flying Fish-level swimming skills. Parents are required to sign children in and out of each class meeting.

#### MONDAY/WEDNESDAY

**\$43 resident/\$65 non-resident**

	Spring 1 Feb. 26-Mar. 27	Spring 2 Apr. 8-May 8
5-5:45 PM	11755	11759
7-7:45 PM	11757	11761
8-8:45 PM	11758	11762

#### SATURDAY

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 24-Mar. 23	Spring 2 Apr. 13-May 11
8-8:45 AM	11771	11775
9-9:45 AM	11772	11776
10-10:45 AM	11773	11777
11-11:45 AM	11774	11778

#### SUNDAY

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 25-Mar. 24	Spring 2 Apr. 14-May 12
8-8:45 AM	11779	11782
9-9:45 AM	11780	11783
11-11:45 AM	11781	11784



### Dolphins

6-16 years

This class coordinates, refines and polishes skills learned in previous levels. Butterfly is introduced, as are open turns, surface dives and diving. Emphasis is placed on developing efficiency, power and endurance. Prerequisite: Barracuda-level swimming skills. Parents are required to sign children in and out of each class meeting.

(Continued on the next column)

### Dolphins (Continued)

#### MONDAY/WEDNESDAY

**\$43 resident/\$65 non-resident**

	Spring 1 Feb. 26-Mar. 27	Spring 2 Apr. 8-May 8
7-7:45 PM	11785	11786

#### SATURDAY

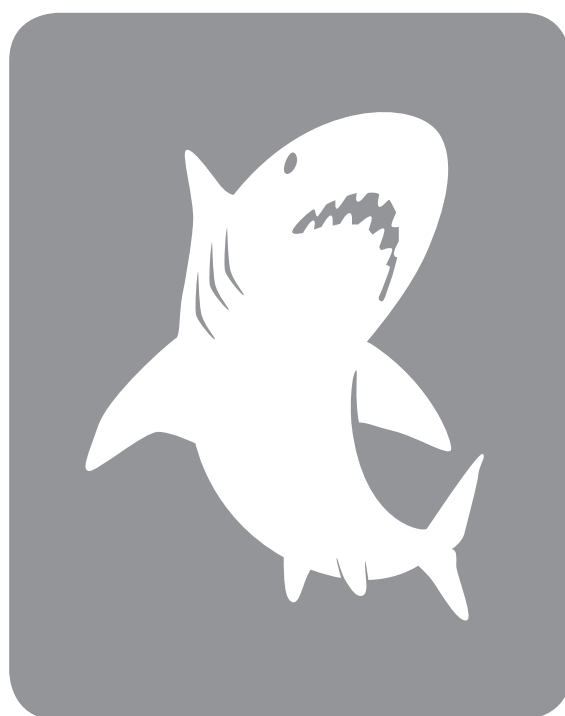
**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 24-Mar. 23	Spring 2 Apr. 13-May 11
8-8:45 AM	11789	11791
11-11:45 AM	11790	11792

#### SUNDAY

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 25-Mar. 24	Spring 2 Apr. 14-May 12
11-11:45 AM	11793	11794



### Sharks

6-16 years

Prepare for a competitive team or just improve swimming skills. Learn flip turns, starts and dives. Refine the competitive strokes learned in previous classes. Prerequisite: Dolphin-level swimming skills. This class may be repeated. Parents are required to sign children in and out of each class meeting.

#### MONDAY/WEDNESDAY

**\$43 resident/\$65 non-resident**

	Spring 1 Feb. 26-Mar. 27	Spring 2 Apr. 8-May 8
8-8:45 PM	11795	11796

#### SATURDAY

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 24-Mar. 23	Spring 2 Apr. 13-May 11
10-10:45 AM	11799	11800

#### SUNDAY

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 25-Mar. 24	Spring 2 Apr. 14-May 12
10-10:45 AM	11801	11802

(Continued on the next column)



### Board Diving

6-16 years

Learn the basics of one and three meter springboard diving. The course will focus on safely teaching the fundamentals of basic board diving. Prerequisite: Standing front dive and Barracuda-level swimming skills. This class may be repeated. Parents are required to sign children in and out of each class meeting.

#### TUESDAY/THURSDAY

**\$43 resident/\$65 non-resident**

	Spring 1 Feb. 27-Mar. 28	Spring 2 Apr. 9-May 9
7-7:45 PM	11803	11804

#### SATURDAY

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 24-Mar. 23	Spring 2 Apr. 13-May 11
9-9:45 AM	11805	11806



### Fundamentals of Water Polo

8-17 years

This course will cover the basic skills and strategies of the game. Learn game rules, ball control, passing, shooting and basic play. Prerequisite: Barracuda-level swimming skills. Parents are required to sign children in and out of each class meeting.

#### SUNDAY

**\$25 resident/\$38 non-resident**

	Spring 1 Feb. 25-Mar. 24	Spring 2 Apr. 14-May 12
Noon-12:45 PM	11807	11808

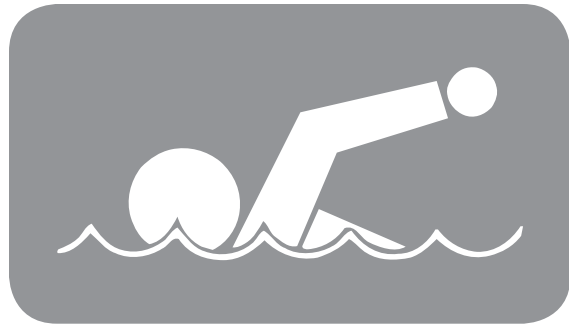
**REGISTER!**

**Help avoid  
program cancellations!**

**A minimum number of registered  
participants is required  
for each class.**

**Failure to register may result in  
program cancellations.**

**For more information and  
support for accessibility of  
programs and facilities,  
please call the Recreation  
Services Division at  
(562) 916-1254.**



### Adult Beginning Swimming

16 years and older

This is a basic swim course for the adult just learning to swim. The course is designed to teach floating and basic stroke techniques, including the front crawl and elementary backstroke. No previous skills required. Parents are required to sign children in and out of each class meeting.

#### MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

	Spring 1	Spring 2
	Feb. 26-Mar. 27	Apr. 8-May 8
8-8:45 PM	11809	11810

#### SATURDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
	Feb. 24-Mar. 23	Apr. 13-May 11
9-9:45 AM	11811	11812

#### SUNDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
	Feb. 25-Mar. 24	Apr. 14-May 12
8-8:45 AM	11813	11814



### Adult Intermediate Swimming

16 years and older

Continue to improve the front crawl and be introduced to the breaststroke and sidestroke. Depending on skill level, treading water, diving and flip turns may be introduced. Prerequisite: Adult Beginning-level swimming skills. Parents are required to sign children in and out of each class meeting.

#### SATURDAY

\$25 resident/\$38 non-resident

	Spring 1	Spring 2
	Feb. 24-Mar. 23	Apr. 13-May 11
8-8:45 AM	11817	11818

## Volunteer Opportunities

Looking for work experience or something to add flair to your college or job application? If so, the Recreation Services Division's volunteer program is a great place to start. Opportunities exist for teens and adults to assist the City in a variety of volunteer capacities within the Recreation Services Division.

(Continued on the next column)

### Volunteer Opportunities (Continued)

All volunteers need to be 13 years of age or older, and each volunteer must have a City of Cerritos Recreation Services Division Volunteer Application/Waiver on file, complete the fingerprinting process, and attend a volunteer orientation workshop prior to being assigned to any program or event. In addition, volunteers are required to attend two enrichment workshops a year to maintain their active status.



The Application/Waiver is available online in the Recreation section of the City's website at cerritos.us or at any Cerritos community center. Volunteers under the age of 18 must obtain a signature from their parent or guardian. Fingerprinting is conducted by appointment only on the first Wednesday of every month, except holidays. Orientation workshops are listed below.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

Registered volunteers will receive a letter with their recorded hours on a quarterly basis. Upon completion of a minimum number of service hours, volunteers will be invited to an annual volunteer recognition. The demand for volunteers, assignments, and hours vary from season to season. For more information regarding volunteer opportunities, workshops, orientations, and fingerprinting appointments, please call Heritage Park at (562) 916-8570.

#### Orientation Dates

Wednesday, February 21	7 PM	Heritage Park
Wednesday, March 20	7 PM	Heritage Park
Wednesday, April 17	7 PM	Heritage Park



### Recreation Services Volunteer

Volunteers, age 13 years or older, are needed for a variety of youth activities such as Parent/Child programs, Little One's Hour, Half Pint's Night, crafts, and much more. Special events include the Halloween Festival, Christmas Tree Lighting, Summer Entertainment Showcase, and the July 4th Let Freedom Ring Celebration.

### Swim Assistant Volunteer

Volunteers will assist swim instructors as well as help with special events at the Cerritos Swim & Fitness Center. Orientation is required. For more information, please call the Cerritos Swim & Fitness Center at (562) 407-2600.

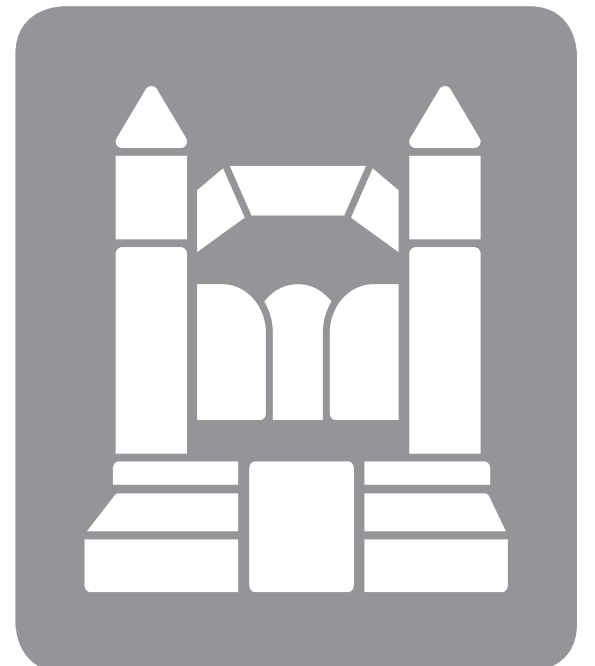
### Youth Sports Volunteer

The sports section of the Recreation Services Division recruits volunteer coaches on a seasonal basis for its three youth sports leagues. Volunteer coaches must be 18 years and older and are required to undergo a certification process, which includes fingerprinting and mandatory meetings. Teen volunteers with athletic experience are needed to assist Recreation Leaders in a variety of youth sports programs. Teens will learn basic Recreation Leader responsibilities and serve as a youth organized play class instructor's assistant, a youth sports volunteer coach, a special events assistant, and more. For more information on becoming a youth sports volunteer, please call the Cerritos Sports Complex at (562) 916-8590.

## Facility Information

### Moon Bounce use at Cerritos Recreational Facilities

Cerritos residents are permitted to have a moon bounce at their family or neighborhood-related functions at a staffed Cerritos Recreation Facility. Moon bounces are only allowed at the following Cerritos recreational facilities, during normal operating hours: Cerritos Park East, Frontier Park, Heritage Park, Liberty Park, and Westgate Park.



Please be aware of the following policies and procedures:

- Advance reservation for a shelter is required. Fees and deposits are required for all shelter reservations. There is a limited number of moon bounce areas designated at each facility. Moon bounce must be powered by a gasoline generator with enough gas to last for the duration of the reservation (maximum of six (6) hours). Moon bounces may not be plugged in to City electrical outlets.
- Moon bounce may not exceed 16ft x 16ft in size. Combos, climbers, slides or water features are prohibited.
- The permit holder must be present when the equipment is dropped off and must remain at the facility until the equipment is picked up by the vendor. All moon bounces must be supervised by an adult at all times.
- Choose from one (1) of the vendors who have a current certificate of insurance on file with the City of Cerritos or select an alternate company.
- If using an alternate company, an original certificate of insurance is required in the amount of one (1) million dollars, naming the City of Cerritos, its officers, employees, agents and volunteers as additional insured, along with an endorsement. Both documents are due at least ten (10) business days prior to the reservation date.
- All moon bounce requests are subject to approval by the Facility Coordinator and Supervisor.

Please visit one of the Cerritos Community Centers – Cerritos Park East, Heritage Park, or Liberty Park – for reservation information and facility availability.

For additional information, please contact the Recreation Services Division at (562) 916-1254.

# Registration Instructions



RACER (Register for Activities, Classes and Excursions Rapidly), powered by CivicRec, offers many exciting features for patrons to register for classes and activities.

Below are the required steps to register for a RACER account:

1. Have an existing e-mail address.
2. Visit a City facility and provide a valid photo ID for each adult within your family.
  - To be registered as a Cerritos Resident, proof of residency is required. Please provide one of the following:
    - A valid California Driver's License or California Identification Card with your current Cerritos address
    - Government-issued I.D.

AND

- One of the of the following, which must be postmarked within the last 60 days:
  - Utility bill
  - Rent receipt
  - Tax bill/Social Security statement
  - Escrow papers
  - Credit card statement
  - Bank statement
  - Car registration

**Note:** Both items presented for residency verification must show your name and the same address. We cannot accept a P.O. Box as a mailing address.

3. To register a child under the age of 18, please provide one of the following for age verification:

- Birth certificate (original or copy)
- Statement from the local registrar or County Recorder listing the date of birth
- Baptism certificate (duly attested)
- Passport
- Adoption record
- Hospital or physician's certificate listing the date of birth
- Affidavit from the parent, guardian or custodian of the minor
- Current year tax form
- Insurance paperwork
- School I.D. or school emergency card with birthdate

After your account has been created, you will be able to register on-line or in person for classes and activities.

## REGISTRATION INSTRUCTIONS

- Step 1 Read through the brochure for suitable classes.
- Step 2 Choose method of Registration: On-line or Walk-In  
(Any patron that does not have a RACER account must submit proper paperwork, which includes a birth certificate for all children under 18 years of age.)
- Step 3 Confirmation of registered and waitlisted classes can be viewed on-line. If a class is full, you may be placed on the waiting list and no payment will be taken for the registration. Staff will contact you if a space becomes available.

## REGISTRATION

Cerritos website: [cerritos.us](http://cerritos.us)

**Cerritos Resident** On-Line and Walk-In

All Classes  
**Saturday, February 3  
10 AM**

**Non-Resident** On-Line and Walk-In

All Classes  
**Friday, February 9  
10 AM**

On-line registration is the recommended method of registering for classes. To check the availability of classes or register for classes, please visit the City's website at [cerritos.us](http://cerritos.us) and look for the on-line registration link. RACER is best viewed with Google Chrome.

If computers are not accessible for patrons, computers at the Cerritos Library may also be used

**Visa, MasterCard, Discover, and American Express are accepted payment types for on-line registration.**

Walk-in registration will be held at all community centers, Swim & Fitness Center and Golf Course, beginning at 10 AM. Registration will continue until classes are full.

## ADDITIONAL INFORMATION

- Classes will begin the week of **February 12** unless otherwise listed.
- Class fees and times are subject to change without notice.

## REFUND POLICY:

- **If a class is cancelled by the City, a full refund will be given.**
- **If the request to withdraw from a class is three (3) days or more before the first class meeting, a refund will be granted, minus a \$5 service fee per registrant, per class.**
- **Requests for class withdrawal less than three (3) days prior to the first class meeting will not be granted.**
- **Any person registered in an aquatics class above their skill level will be dropped from the class without a refund.**

## RECREATION SERVICES DIVISION

Bloomfield Avenue at 183rd Street  
Cerritos, California 90703  
Monday-Friday, 8 AM-5 PM  
(562) 916-1254

# City Facilities and Hours

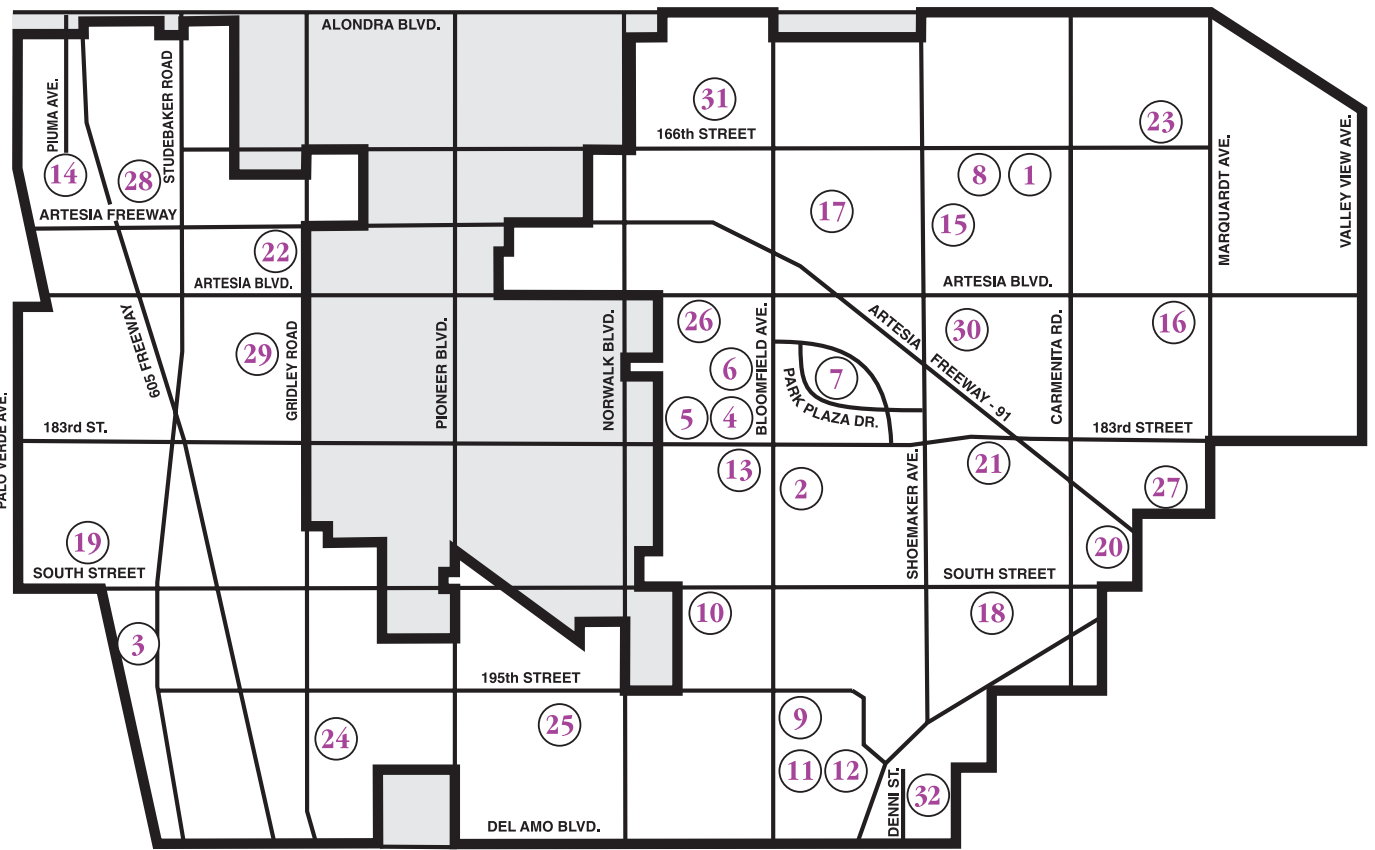
## Community Centers

Monday-Friday, 10 AM-8 PM  
Saturday/Sunday, 10 AM-6 PM\*  
\*8 PM beginning April 7.

- 1 **Cerritos Park East**  
13234 E. 166th St., (562) 407-2611
- 2 **Heritage Park**  
18600 Bloomfield Ave., (562) 916-8570  
Play Island: Daily, 10 AM to Dusk  
Tuesday, 2 PM to Dusk
- 3 **Liberty Park**  
19211 Studebaker Rd., (562) 916-8565

## Special Facilities

- 4 **Cerritos City Hall/Civic Center**  
Bloomfield at 183rd Street, (562) 860-0311  
Monday-Friday, 8 AM-5 PM
- 5 **Cerritos Sheriff's Station/  
Community Safety Center**  
18135 Bloomfield Ave., (562) 860-0044
- 6 **Cerritos Library/Civic Center**  
18025 Bloomfield Ave., (562) 916-1350  
Monday-Friday, 11 AM-7 PM  
Saturday/Sunday, 11 AM-5 PM
- 7 **Cerritos Center for the Performing Arts**  
12700 Center Court Drive, (562) 916-8500
- 8 **Cerritos Olympic  
Swim and Fitness Center**  
13150 E. 166th St., (562) 407-2600  
Monday-Friday, 6 AM-9 PM  
Saturday/Sunday, 7 AM-2 PM
- 9 **Don Knabe Community Regional Park**  
19700 Bloomfield Ave., (562) 924-5144
- 10 **Cerritos Senior Center  
at Pat Nixon Park**  
12340 South St., (562) 916-8550
- 11 **Cerritos Sports Complex**  
19900 Bloomfield Ave., (562) 916-8590
- 12 **Cerritos Skate Park  
at the Cerritos Sports Complex**  
19900 Bloomfield Ave., (562) 916-8590
- 13 **Community Gym at  
Cerritos High School**  
12500 E. 183rd St., (562) 916-8577



- 14 **Cerritos Iron-Wood Nine  
Golf Course**  
16449 Piuma Ave., (562) 916-8400  
Range Hours:  
Monday-Wednesday, 6:30 AM-7 PM\*  
Thursday, 10 AM-7 PM\*  
Friday, 6:30 AM-7 PM\*  
Saturday/Sunday, 6:30 AM-6 PM\*  
\*The last range bucket will be sold  
30 minutes prior to closing.

- 15 **Community Gym at  
Whitney High School**  
16800 S. Shoemaker Ave.,  
(562) 407-2635

## Neighborhood Parks

- |  |   |   |
|--|---|---|
| 16 <b>Friendship Park</b><br>13650 Acoro St.                 | 21 <b>Brookhaven Park</b><br>13167 Brookhaven St. | 27 <b>Rainbow Park</b><br>18600 S. Linda Cir.         |
| 17 <b>Frontier Park</b><br>16910 Maria Ave., (562) 407-2648  | 22 <b>Ecology Park</b><br>17133 Gridley Rd.       | 28 <b>Reservoir Hill Park</b><br>16733 Studebaker Rd. |
| 18 <b>Sunshine Park</b><br>19310 Vickie Ave.                 | 23 <b>Gonsalves Park</b><br>13611 E. 166th St.    | 29 <b>Rosewood Park</b><br>17715 Eric Ave.            |
| 19 <b>Westgate Park</b><br>18830 San Gabriel, (562) 916-8580 | 24 <b>Gridley Park</b><br>Gridley and Yearling    | 30 <b>Saddleback Park</b><br>13037 Acoro St.          |
| 20 <b>Bettencourt Park</b><br>13575 Andy St.                 | 25 <b>Jim Edwards Park</b><br>Jacob and Yearling  | 31 <b>Satellite Park</b><br>12410 Ash Creek Road      |
|  | 26 <b>Loma Park</b><br>17503 Stark St.            | 32 <b>El Rancho Verde Park</b><br>7815 Denny St.      |