

# The Cerritos Community Services Program

SUMMER 2024

PARKS MAKE LIFE BETTER

## Special Events

### July is Parks and Recreation Month

The City of Cerritos invites you and your family to celebrate Parks and Recreation Month and the enduring importance of parks and recreation in the community. From the start, parks were created to provide communities with a place to appreciate nature, exercise, socialize, and have fun. It is with this goal in mind that the City offers every Cerritos child a safe park to play within walking distance of their home. There are opportunities for children, adults, and seniors to benefit from recreation programs, facilities, and services. This July, let's celebrate the past, present and future of parks and recreation!

### Neighborhood Parks – Summer Fun!

Enjoy games, crafts, and various activities on Tuesdays and Thursdays at four of the City's Neighborhood Parks! From June 10 through August 9, Recreation Leaders at Friendship Park, Frontier Park, Sunshine Park, and Westgate Park will provide free recreational activities every Tuesday and Thursday from 1 to 5:30 p.m. In addition, the parks will host Tuesday Family Nights as part of the City's Family Entertainment Showcase. The community is invited to enjoy free entertainment every Tuesday, July 9 through August 6, beginning at 6:30 p.m. For the performance schedule, please see the Family Entertainment Showcase article.



### 51st Annual Let Freedom Ring Celebration

Thu., July 4 from 4-9 PM  
Cerritos Civic Center

Join the City of Cerritos and the Let Freedom Ring Committee at the 51st Annual Let Freedom Ring Celebration. The celebration will be held at the Cerritos Civic Center and includes rides, food trucks, entertainment and a bell-ringing ceremony. The evening will culminate with a fireworks show at Cerritos High School at 9 PM.

#### Fees:

##### All Day Ride Wristbands

Before 4 PM on July 3: \$35.00  
\*On July 4: \$40.00  
Individual Tickets: \$2.00

All ticket sales are final. No refunds.  
Must be at least 42" tall to ride alone.

\*Wristbands will not be sold after 7:30 PM

### Kids Poster Contest

July is Parks and Recreation Month

Theme: Parks Make Life Better in Cerritos – Get Your Play On

Cerritos residents, ages 5 to 14, and students currently attending schools in the ABC Unified School District, Valley Christian Schools or Bellflower Unified School District are invited to celebrate July as Parks and Recreation Month by submitting one poster no larger than 11" x 17" using any drawing/painting materials (pencils, chalks, pastels, crayons, water colors or acrylics) to depict the theme.

(Continued on the next column)

### Kids Poster Contest (Continued)

**Directions:** Please do not mat, mount or frame your poster; City staff will mount all posters for display purposes. Please make sure your name, age, address and phone number are on the back of the poster or use the official entry form when possible.

**Deadline:** Entries must be delivered to the Recreation Services Division at Cerritos City Hall no later than 5 PM on Wednesday, June 12.

**Winning Posters:** Winning posters will be displayed on the City's website [cerritos.us](http://cerritos.us) starting Monday, July 8 through the month of July.

For more information, please call the Recreation Services Division at (562) 916-1254.



### Cerritos Certified Farmers' Market

Farm-fresh produce is offered for sale every Saturday from 8 AM to noon at the Cerritos Certified Farmers' Market. The market is held at the Cerritos Towne Center in the northwest parking lot of the Cerritos Center for the Performing Arts. The market is held rain or shine throughout the year and is closed on major holidays. Please leave your pets at home as dogs and other animals are not allowed in the farmers' market. For more information, contact the Recreation Services Division at (562) 916-1254.

## Family Entertainment Showcase 2024

Join us for the Family Entertainment Showcase and enjoy family-oriented fun throughout the summer. These events provide an ideal opportunity for families to build ties of affection, support, teamwork, and common interests. All activities are free, including children's entertainment and a variety of concerts.

For the enjoyment of all and pursuant to the Cerritos Municipal Ordinance 9.48.030(p), dogs, cats or pets are not allowed in the park during special events and concerts. In addition, pursuant to the Cerritos Municipal Ordinance 9.49.020, smoking, including electronic cigarettes, is prohibited within the boundaries of all City of Cerritos public park facilities. For additional information, please call the Recreation Services Division at (562) 916-1254.

### Tuesday Family Nights

Free – 6:30 PM

Spend quality time together as a family and a neighborhood. As part of the ongoing Family Enrichment Program, Tuesday nights are devoted to family bonding. Families can enjoy entertainment, programs or activities at four neighborhood parks. Each program will last approximately 45 minutes and will have a pre-show craft, game, or activity from 6 to 6:20 p.m. Please arrive early and bring a blanket for seating and a picnic dinner. Please note that there are no restroom facilities at Friendship Park and Sunshine Park.

July 9	Frontier Park	Luce Puppet Show
July 16	Sunshine Park	Michael the Juggler
July 23	Friendship Park	Megan the Bubbleologist
July 30	Westgate Park	Doodlebugs Animal Adventures
August 6	Frontier Park	Ranger Jack Music and Puppets

### Thursday Concerts Under the Stars

Free  
Heritage Park – 7 PM

The Heritage Park Island Stage will be the hottest ticket in town this summer as exciting musical groups perform. Relax with family and friends on a blanket while enjoying a picnic dinner. The shows are outside on the lawn and it does get chilly, so bring a jacket. Snacks will be available for a nominal fee.

July 11	Let it Be	Beatles Tribute
July 18	Suave the Band	Latin Soul
July 25	Kayln & the New Frontier	Country
August 1	Classic Journey	Journey Tribute
August 8	4 Alarm Band	Top 40s

## Preschool Classes and Activities

### Half Pint's Night

Join us for an evening of themed activities that may include games, crafts, and stories. Parents are required to sign children in and out of the class.

<b>\$10 resident/\$15 non-resident</b>	<b>One Day</b>
<b>Under the Stars</b>	
<b>12103</b> Fri., July 12	6-7:30 PM
Liberty Park	3-5 years

### Little One's Hour

Children will enjoy a fun-filled hour of crafts, games and stories at the community centers. Parents are required to sign children in and out of each class meeting.

<b>\$18 resident/\$27 non-resident</b>	<b>3 classes</b>
<b>Little Explorers</b>	
<b>12090</b> Tue., June 11-25	3:30-4:30 PM
Liberty Park	3-5 years
<b>Fairytale Fun</b>	
<b>12128</b> Tue., July 9-23	3:30-4:30 PM
Cerritos Park East	3-5 years

## Inside

Adaptive Recreation .....	4
Adult Classes/Activities .....	4
Aquatics, Adult/Youth .....	12
Camps .....	5
Dance, Adult/Youth.....	7
Facility Information .....	15
Family Entertainment Showcase .....	1
Golf, Adult/Youth .....	11
Music, Adult/Youth .....	8
Preschool Classes/Activities.....	1
Registration Instructions .....	16
Sports/Fitness, Adult/Youth .....	9
Sports Leagues, Adult/Youth.....	10
Teen Classes/Activities.....	4
Volunteer Opportunities.....	12
Youth Classes/Activities .....	3

**Parent/Child Create Art with Me**

Participants will explore different types of art and make a new masterpiece each week. Each project will encourage participants to use their imagination and creativity. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$23 resident/\$35 non-resident</b>	<b>5 classes</b>
<b>12105</b> Wed., June 5-July 3 Cerritos Park East	10:15-11:15 AM	2-4 years
<b>12106</b> Wed., July 17-Aug. 14 Cerritos Park East	10:15-11:15 AM	2-4 years

**FEATURED**

**Parent/Child Hawaiian Adventure**

Participants will share an afternoon of fun with a Hawaiian flare. Enjoy 'island' style crafts, play games, and learn to hula. Come dressed in Hawaiian attire for even more fun. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

	<b>\$17 resident/\$26 non-resident</b>	<b>One Day</b>
<b>12107</b> Sun., Aug. 11 Cerritos Park East	2:30-4:30 PM	2-4 years



**Parent/Child Wiggle and Giggle with Me**

This play-based class will get participants wiggling and giggling as they explore various mediums of play. Dancing and movement games will get them wiggling, while singing silly songs and stories will get children giggling. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$23 resident/\$35 non-resident</b>	<b>5 classes</b>
<b>12121</b> Fri., June 14-July 12 Heritage Park	10:15-11:15 AM	2-4 years
<b>12122</b> Fri., July 19-Aug. 16 Heritage Park	10:15-11:15 AM	2-4 years

**Preschool Play & Practice**

Children will sing, play, and learn numbers and letters through age-appropriate activities. Each class is based on a different theme and may include cutting, pasting, and coloring. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>	<b>4 classes</b>
<b>12636</b> Tue., June 4-25 Liberty Park	10:15-11 AM	2-4 years
<b>12637</b> Tue., July 9-30 Liberty Park	10:15-11 AM	2-4 years



**Teeny Tumblers**

Enjoy quality time together participating in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>	<b>4 classes</b>
<b>12640</b> Tue., June 4-25 Liberty Park	12:10-12:55 PM	2-4 years
<b>12642</b> Sat., June 8-29 Liberty Park	10:30-11:15 AM	2-4 years
<b>12641</b> Tue., July 9-30 Liberty Park	12:10-12:55 PM	2-4 years
<b>12643</b> Sat., July 13-Aug. 3 Liberty Park	10:30-11:15 AM	2-4 years



**Tumble and Yoga**

Tumbling and yoga increases strength, balance, flexibility and coordination while increasing attention span. Children will have fun without realizing how healthy and relaxed they are becoming. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>	<b>4 classes</b>
<b>12638</b> Tue., June 4-25 Liberty Park	11:15 AM-Noon	2-4 years
<b>12639</b> Tue., July 9-30 Liberty Park	11:15 AM-Noon	2-4 years



**Cerritos Tot Lots**

September through June

This is a cooperative preschool program (not child care or day care) for children, 2 years 9 months to 5 years old at Liberty Park and 3 to 5 years old at Heritage Park. Activities will include lessons, songs, plays, crafts, excursions and parties. Parents are required to work one morning per week and attend a monthly evening meeting. Fees include initial registration, quarterly tuition and insurance.

This educational program is conducted September through June, Monday through Friday. There will be no program on ABC Unified School District breaks and holidays. New members may join as openings occur. Priority is given to Cerritos residents. For more information, contact the membership chairperson of the individual Tot Lot.

Heritage Park Daniel Catipon  
10:30 AM-1:25 PM (562) 294-4360  
Email: hptotlotvp@gmail.com

Liberty Park Marijean Isla  
10:15 AM-1:15 PM (562) 265-8805  
Email: libertyparktotlot@gmail.com



**Parent/Child Picnic Play Day**

Have fun in the summer sun and celebrate July is Parks and Recreation Month! Participants will enjoy a number of outdoor picnic games and activities, including relay races and parachute play. Participants must bring their own picnic lunch and blanket for seating. Picnic time provides opportunity to meet and socialize with other families in the community. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class.

	<b>\$11 resident/\$17 non-resident</b>	<b>One Day</b>
<b>12118</b> Sat., July 13 Heritage Park	11 AM-1 PM	2-4 years



**Parent/Child Story Time Fun**

Participants will explore their creativity and use their imaginations. Each week, staff will read a story followed by a craft that relates to the tale. Staff will guide participants through the activities. Adult participation is required; one adult per child. Only children must register for the class and only registered children may be brought to class. Parents are required to sign children in and out of each class meeting.

	<b>\$23 resident/\$35 non-resident</b>	<b>5 classes</b>
<b>12119</b> Mon., June 10-July 8 Heritage Park	10:15-11:15 AM	2-4 years
<b>12120</b> Mon., July 15-Aug. 12 Heritage Park	10:15-11:15 AM	2-4 years

**For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.**

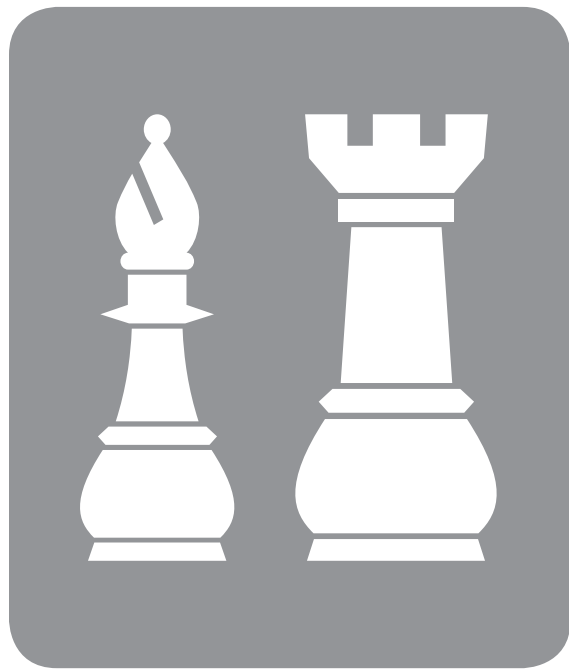


# Youth Classes and Activities

## Ceramics

Stimulate the imagination by creating fun projects out of clay. Learn fundamental hand-building skills and ceramics terminology. Parents are required to sign children in and out of each class meeting. Please bring a \$15 materials fee to the first class. NO CLASS ON JULY 4.

\$40 resident/\$60 non-resident		5 classes	
12646	Tue., June 11-July 9 Cerritos Park East	5:45-6:45 PM	13-Adult
12647	Thu., June 13-July 18 Cerritos Park East	4:30-5:30 PM	6-12 years
12648	Thu., June 13-July 18 Cerritos Park East	5:45-6:45 PM	6-12 years



## Chess Academy

Learn the game of chess in a fun and enriching environment.

Chess boards and pieces will be provided each week for use during each class session. Students will be evaluated and placed into their proper skill group where they will learn the Hanley Chess Academy 8 level curriculum. Learn the basic skills necessary to play a game of chess with knowledge of how all pieces move, capture, check, and checkmate. Participants will also improve their critical thinking skills, concentration, focus, and have a lot of fun in the process. When ready, they can take a test to advance to the next level! Parents are required to sign children in and out of each class meeting. Optional \$28 materials fee. NO CLASS ON JUNE 19.

Beginning/Intermediate		\$76 resident/\$114 non-resident		4 classes	
12649	Wed., June 5-July 3 Heritage Park	5-6:15 PM	6-Adult		
12650	Wed., June 5-July 3 Heritage Park	6:30-7:45 PM	6-Adult		
12651	Wed., July 24-Aug. 14 Heritage Park	5-6:15 PM	6-Adult		
12652	Wed., July 24-Aug. 14 Heritage Park	6:30-7:45 PM	6-Adult		

**REGISTER!**

**Help avoid program cancellations!**

**A minimum number of registered participants is required for each class.**

**Failure to register may result in program cancellations.**

## Chess Tournament

Make your move! Beginners, who have little to no experience, are invited to enroll in the Capture the King Non-Rated tournament. Players enrolled in the United States Chess Federation (USCF) rated tournament will be grouped according to their rating. Trophies will be awarded to top finishers. Parents are required to sign children in and out of the class.

\$25 resident/\$38 non-resident		One Day	
<b>Capture the King Non-Rated Tournament</b>			
12669	Mon., June 3 Heritage Park	5-7:30 PM	4-18 years
12670	Mon., July 22 Heritage Park	5-7:30 PM	4-18 years
12671	Mon., Aug. 12 Heritage Park	5-7:30 PM	4-18 years

USCF Rated Tournament			
12666	Mon., June 3 Heritage Park	5-7:30 PM	4-18 years
12667	Mon., July 22 Heritage Park	5-7:30 PM	4-18 years
12668	Mon., Aug. 12 Heritage Park	5-7:30 PM	4-18 years

**FEATURED**

## Introduction to Typing, Microsoft Word and PowerPoint

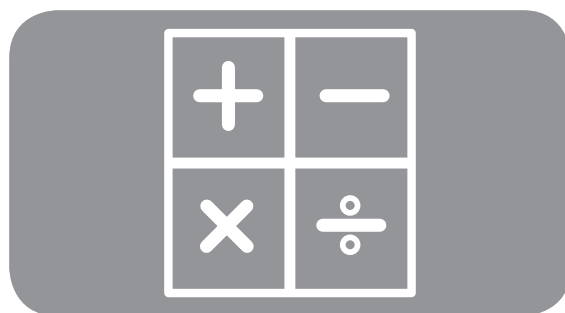
Learn proper typing skills and how to use various functions in Microsoft Word for writing reports and turn your projects into awesome slideshow presentations with animations using PowerPoint. Laptops will be provided for hands-on learning. Parents are required to sign children in and out of each class meeting. Please bring a \$10 materials fee to the first class.

\$110 resident/\$165 non-resident		4 classes	
12653	Thu., June 6-27 Heritage Park	2:30-3:30 PM	6-15 years
12654	Thu., July 11-Aug. 1 Heritage Park	2:30-3:30 PM	6-15 years

## Manners for Young Ladies and Gentlemen

Knowing what to do in social situations can build self-esteem and confidence in everyone. Children will receive a foundation of good manners while learning good communication, positive body language and proper grooming in a relaxed, fun atmosphere. Parents are required to sign children in and out of each class meeting.

\$66 resident/\$99 non-resident		4 classes	
12655	Sat., June 8-29 Liberty Park	12:30-1 PM	4-12 years
12656	Sat., July 13-Aug. 3 Liberty Park	12:30-1 PM	4-12 years



## Math Development

Readwrite Educational Solutions, Inc.™ comprehensive, individualized math program evaluates students and pinpoints skill gaps. The primary building blocks of addition, subtraction, multiplication, and division are continually reinforced. Participants will build confidence and a solid foundation of fundamental math knowledge. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 4.

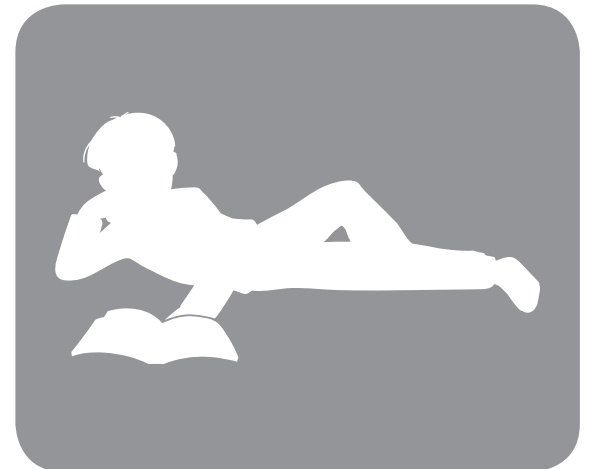
\$85 resident/\$128 non-resident		6 classes	
12660	T/Th, June 4-20 Cerritos Park East	4:20-5:05 PM	7-11 years
12661	T/Th, June 27-July 18 Cerritos Park East	4:20-5:05 PM	7-11 years
12662	T/Th, July 25-Aug. 13 Cerritos Park East	4:20-5:05 PM	7-11 years



## Reading Development

Readwrite Educational Solutions, Inc.™ supplementary reading program is designed to improve vocabulary, comprehension and spelling skills. Periodic testing will be conducted to assess progress and reports will be distributed to parents. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 4.

\$85 resident/\$128 non-resident		6 classes	
12663	T/Th, June 4-20 Cerritos Park East	5:10-5:55 PM	7-11 years
12664	T/Th, June 27-July 18 Cerritos Park East	5:10-5:55 PM	7-11 years
12665	T/Th, July 25-Aug. 13 Cerritos Park East	5:10-5:55 PM	7-11 years



## Sound Start Reading

Readwrite Educational Solutions, Inc.™ beginning reading program can make the difference between a struggling student and a successful one. Specially trained teachers will test, structure, and implement an individualized phonics program. Decoding, spelling, vocabulary, and comprehension are all featured in this fundamental approach to reading. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 4.

\$85 resident/\$128 non-resident		6 classes	
12657	T/Th, June 4-20 Cerritos Park East	3:30-4:15 PM	5-6 years
12658	T/Th, June 27-July 18 Cerritos Park East	3:30-4:15 PM	5-6 years
12659	T/Th, July 25-Aug. 13 Cerritos Park East	3:30-4:15 PM	5-6 years

## Story Time Creations

Explore imagination and inspire creativity as children listen to stories and then create crafts related to the tale. Parents must sign children in and out of each class meeting.

\$18 resident/\$27 non-resident		5 classes	
12092	Fri., June 28-July 26 Liberty Park	10:30-11:30 AM	5-8 years

## Teen Classes and Activities

The Recreation Services Division offers a variety of programs and activities for teens ages 13 to 17. For more information regarding teen programs and activities, please call the Recreation Services Division at (562) 916-1254.



### Volunteer Opportunities

Be a Recreation Services Volunteer and assist leaders with daily park programs, swim classes, and city-wide special events. All volunteers need to be 13 years of age or older, and each volunteer must have a City of Cerritos Recreation Services Division Volunteer Application/Waiver on file, complete the fingerprinting process, and attend a volunteer orientation workshop prior to being assigned to any program or event. In addition, volunteers are required to attend two enrichment workshops a year to maintain their active status.

The Application/Waiver is available online in the Recreation section of the City's website at [cerritos.us](http://cerritos.us) or at any Cerritos community center. Volunteers under the age of 18 must obtain a signature from their parent or guardian. Fingerprinting is conducted by appointment only on the first Wednesday of every month, except holidays. Orientation dates are listed in the volunteer section.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

Registered volunteers will receive a letter with their recorded hours on a quarterly basis. Upon completion of a minimum number of service hours, volunteers will be invited to an annual volunteer recognition. The demand for volunteers, assignments, and hours vary from season to season. For more information regarding volunteer opportunities, workshops, orientations, and fingerprinting appointments, please call Heritage Park at (562) 916-8570.

### Teen Workshop: Building Self-Esteem

Teens who struggle with their self-image can also have a tough time with their mental health, so helping them build a higher opinion of themselves is important. This workshop will give teens an idea what self-esteem is and activities that can help build a better self-esteem. Parents are required to sign children in and out of the class. Parents must sign children in and out of the class.

Free	One Day		
<b>12123</b>	Sat., June 1	10-11:30 AM	13-18 years
	Cerritos Park East		

**For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.**

## Adult Classes and Activities

### Adult CPR

Learn how to perform adult, single-rescuer CPR, recognize the signs of a heart attack, and assist choking victims. Participants who successfully complete the course will receive a two-year certificate from the American Red Cross. Parents are required to sign children in and out of the class. A \$25 materials fee will be charged at the time of registration.

	resident: \$25 materials fee only	non-resident: \$38 plus \$25 materials fee	One Day
<b>12150</b>	Wed., June 26	4:30-7:30 PM	12-Adult
	Cerritos Park East		
<b>12152</b>	Wed., July 24	4:30-7:30 PM	12-Adult
	Cerritos Park East		



### Community CPR and First Aid Basics

Prepare for accidents that may occur at home or around the workplace. Learn methods for basic first aid and performing infant, child, and adult CPR. Participants who successfully complete the course will receive a two-year certificate from the American Red Cross. Parents are required to sign children in and out of the class. A \$25 materials fee will be charged at the time of registration.

	resident: \$25 materials fee only	non-resident: \$60 plus \$25 materials fee	One Day
<b>12153</b>	Sat., Aug. 17	10 AM-3:30 PM	12-Adult
	Cerritos Park East		

## Adaptive Recreation

The Recreation Services Division is pleased to comply with the Americans with Disabilities Act (ADA). Reasonable accommodations will be made in recreation programs and facilities to enable participation by an individual with a disability. Cerritos is committed to providing residents with disabilities the benefit of City programs. Participants must meet eligibility requirements for the program.

For more information and support for accessibility of programs and facilities, call the Recreation Services Division office at (562) 916-1254.

### Recreation Programs

- Adaptive Basketball – January through February
- Adaptive Dance and Movement – Year-round
- Adaptive Fitness Fun – April through May
- Adaptive Game Night – Quarterly
- Adaptive Golf Clinic – July through August
- Adaptive Movie Night – Quarterly
- Adaptive Soccer – June through July
- Adaptive Sports Medley – September through November
- Special Olympics Soccer – September through November
- Special Olympics Basketball – March through June

### Special Olympics

Special Olympics is an international non-profit organization dedicated to empowering individuals with intellectual disabilities to become physically fit, productive, and respected members of society through sports training and competition. Special Olympics training and competition opportunities exist through the Recreation Services Division on a seasonal basis. Special Olympics basketball and soccer training and competition is offered once per year to individuals who meet the eligibility requirements. For more information, please call the Recreation Services Division at (562) 916-1254.

### Transportation

The City of Cerritos provides the community with a Dial-A-Ride transit system. Offered to seniors and people with disabilities, the system operates seven days a week throughout the Cerritos area. To use the service, call (866) 402-RIDE (7433) between 8 AM and 8 PM, Monday through Friday or from 8 AM to 5 PM on Saturday and Sunday. Reservations can be made up to 48 hours in advance of required pick-up times.



### Adaptive Dance and Movement

Put on those dancing shoes and come participate in this fun class that will have everyone moving to the music. This class will incorporate physical fitness and fun games while teaching choreographed dance steps. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of each class meeting.

	\$12 resident/\$18 non-resident	8 classes	
<b>12138</b>	Wed., July 10-Aug. 28	6-6:45 PM	6-12 years
	Cerritos Park East		
<b>12139</b>	Wed., July 10-Aug. 28	7-7:45 PM	13-Adult
	Cerritos Park East		

### Adaptive Dinner and a Movie Night – Spider-Man: Across the Spider-Verse

Come spend a Saturday night at Cerritos Park East and enjoy a movie and dinner from a local restaurant. Ice breaker games will be conducted prior to the movie. The program is an excellent opportunity for socialization and fun. The movie is rated PG and is 2 hours and 20 minutes in length. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of the class.

	\$10 resident/\$15 non-resident	One Day	
<b>12140</b>	Sat., July 27	5-7:30 PM	16-Adult
	Cerritos Park East		

### Adaptive Game Night

Adaptive Game Night is all about games, games, and more games! Spend an evening with friends playing board games, card games, and other organized games such as scavenger hunts and team builders. A light snack will be provided. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Parents are required to sign children in and out of the class.

Free	One Day		
<b>12141</b>	Sat., June 22	5-7 PM	16-Adult
	Cerritos Park East		



### Adaptive Golf Clinic

Learn to play golf in a fun environment! Participants will learn the basics of golf including swinging, putting skills, and golf etiquette. The clinic will also encourage socialization amongst participants. Activities and workouts will be modified according to participant's abilities. Conducted on a 1:4 ratio, participants are required to provide a program aide or attendant if additional assistance is needed. Wear close toed shoes or athletic sneakers. Parents are required to sign children in and out of each class meeting.

	<b>\$22 resident/\$34 non-resident</b>		<b>4 classes</b>
<b>12142</b>	Fri., July 12-Aug. 2	6-6:45 PM	5-12 years
	Golf Course		
<b>12143</b>	Fri., July 12-Aug. 2	7-7:45 PM	13-Adult
	Golf Course		



### Adaptive Soccer

Learn the fundamental skills of soccer and display these skills in a non-competitive manner. The field of play will be modified according to participants' abilities. Conducted on a 1:4 ratio, participants are required to provide a city cleared program aide or attendant if additional assistance is needed. Wear sneakers or athletic shoes. Parents are required to sign athletes in and out of each class meeting. NO CLASS ON JULY 1.

	<b>\$26 resident/\$39 non-resident</b>		<b>6 classes</b>
<b>12144</b>	Mon., June 3-July 15	5:30-6:15 PM	5-12 years
	Heritage Park		
<b>12145</b>	Mon., June 3-July 15	6:30-7:15 PM	13-Adult
	Heritage Park		

### Adaptive Families Summer Luau

Join in this end of summer celebration designed especially for Adaptive Recreation participants and their families. Enjoy Hawaiian-themed treats and a variety of games and crafts for the entire family. Pre-registration is required for participants and each family member in attendance.

	<b>\$10 resident/\$15 non-resident</b>		<b>One Day</b>
<b>12147</b>	Sat., Aug. 10	5:30-8 PM	3-Adult
	Cerritos Park East		

## Camps

### Summer Vacation Day Camps

Each session - one week  
**\$150 resident/\$225 non-resident**  
**Liberty Park, 8:30 AM-5:30 PM**  
**6-12 years**

- Each session is centered on enriching the environment as well as the social skills of the camper.
- Children must be the appropriate age at the start of each camp week.
- Registration fee includes the weekly excursion, various camp activities, supervision, and a light snack.
- A sack lunch and beverage must be provided daily by the camper. Food and drink with nutritional value is encouraged.
- Campers must purchase one T-shirt for \$10 to be worn on excursion days. It is only necessary to purchase one T-shirt for the entire summer.
- Excursions will be held on Thursdays. Buses will leave promptly at 9 AM and return by 5 PM.
- There will be occasional trips to Heritage Park. Parents are required to drop off and pick up children from that facility on scheduled days.
- Parents are required to sign children in and out each day.
- Waiver required.

#### Session 1- Animal Kingdom

Excursion: Los Angeles Zoo

**12093** M-F, June 3-7

#### Session 2- Western Wonderland

Excursion: Knott's Berry Farm

**12094** M-F, June 10-14

#### Session 3- A Royal Adventure

Excursion: Medieval Times

**12095** M-F, June 17-21

#### Session 4- The Big, Blue Ocean

Excursion: Aquarium of the Pacific

**12096** M-F, June 24-28

#### Session 5- Party in the USA

Excursion: No Excursion

**12097** M-F, July 1-5  
 \*No class on July 4

#### Session 6- Water Mania

Excursion: Knott's Soak City

**12098** M-F, July 8-12

#### Session 7- Adventure Awaits

Excursion: Boomers Irvine

**12099** M-F, July 15-19

#### Session 8- Sailing the High Seas

Excursion: USS Iowa

**12100** M-F, July 22-26

#### Session 9- Life on the Farm

Excursion: Knott's Berry Farm

**12101** M-F, July 29-Aug. 2

#### Session 10-Summer Scientists

Excursion: California Science Center

**12102** M-F, Aug. 5-9

### Itsy Bitsy Camps

Each session - one week  
**\$64 resident/\$96 non-resident**  
**Cerritos Park East, 10 AM-2 PM**  
**4-5 years**

Little campers will enjoy a theme-filled week of indoor and outdoor activities that will include crafts, games, music and stories. Campers will have the opportunity to socialize with other campers. A sack lunch and beverage must be provided daily by the camper. Food and drink with nutritional value is encouraged. Waiver required. Parents are required to sign children in and out of each class meeting.

#### Session 1- Colorful Creatures

**12108** M-F, June 3-7

#### Session 2- Roarin' Racers

**12109** M-F, June 10-14

#### Session 3- Whimsical Wizards

**12110** M-F, June 17-21

#### Session 4- Farmland Friends

**12111** M-F, June 24-28

#### Session 5- Amazing Archaeologists

**12112** M-F, July 1-5  
 \*No class on July 4

#### Session 6- Summer Safari

**12113** M-F, July 8-12

#### Session 7- Pirate Party

**12114** M-F, July 15-19

#### Session 8- Sweet Summer

**12115** M-F, July 22-26

#### Session 9- Worldly Wonders

**12116** M-F, July 29-Aug. 2

#### Session 10-Monster Mash

**12117** M-F, Aug. 5-9

### Play-Well TEKnologies Camps

Join Play-Well TEKnologies for a fun-filled week with LEGO®. Each camp will feature a different theme with corresponding LEGO® activities. Please bring a snack and drink. Parents are required to sign children in and out of each class meeting.

### STEM FUNdamentals using LEGO® Materials

Level up your engineering skills with Play-Well TEKnologies and tens of thousands of LEGO® parts! Apply real-world concepts in physics, engineering, and architecture through engineer-designed projects. Projects are rotated seasonally to ensure that even returning students get a new experience, so join us to design and build as never before and explore your craziest ideas.

	<b>\$185 resident/\$277 non-resident</b>		<b>5 classes</b>
<b>12753</b>	M-F, June 10-14	10 AM-1 PM	5-10 years
	Heritage Park		

### Pokémon Engineering using LEGO® Materials

Calling all Pokémon trainers! With the Pokémon Championship approaching, join our enthusiastic Play-Well Instructors as we build and catch our favorite Pokémon, rescue Pikachu from Team Rocket, take a ride on the S.S. Anne to uncover rare and mystic Pokémon, and battle to see who will hold the title of Pokémon Master. Come along on our journey to catch 'em all!

	<b>\$185 resident/\$277 non-resident</b>		<b>5 classes</b>
<b>12754</b>	M-F, June 10-14	2-5 PM	5-10 years
	Heritage Park		

### Bricks 4 Kidz Camps

Join Bricks 4 Kidz for a week of creative and enriching activities! Each camp will have a different theme designed around LEGO® sets. Each student will receive a customized minifigure and Certificate of Achievement upon completion. Please bring a snack and drink. Parents are required to sign children in and out of each class meeting.

**REGISTER!**

**Help avoid  
 program cancellations!**

**A minimum number of  
 registered participants is  
 required for each class.**

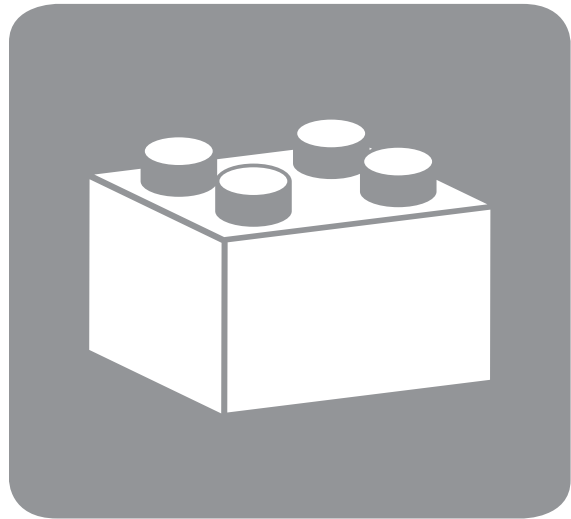
**Failure to register  
 may result in program  
 cancellations.**

**Bricks 4 Kidz Camps (Continued)**

**Intro to Coding with Scratch 3 & LEGO® Building!**

Most kids love to play video games, watch animations, and build with LEGO® Bricks. But what if you could combine all that with learning how to control the action yourself, by learning how to code your own games, animations, and build LEGO® Models! We swap activities about every 20 minutes so that kids are getting up, stretching, and doing creative building activities, mixed in with learning how to code. Campers should already have good reading skills. Each camper receives a customized minifigure on the last day of camp.

	<b>\$255 resident/\$382 non-resident</b>		<b>5 classes</b>
<b>12778</b>	M-F, June 17-21	10 AM-1 PM	7-12 years Cerritos Park East



**Game on Challenge with LEGO® Camp!**

For kids today, it is all about the world of online video games and apps! In this interactive summer camp, campers will use LEGO® Bricks to create and build different characters from their favorite video games. Themes such as Super Mario Bros, Roblox, Beyblades, Pokémon, and Minecraft come to life through the use of our robots, mosaics, and 3D art, all made out of LEGO® Bricks. Don't forget classic Nintendo and SEGA themes such as Zelda, Duck Hunt, Pacman, and Sonic the Hedgehog! Each day will be a new adventure as the virtual and LEGO® worlds combine!

	<b>\$195 resident/\$292 non-resident</b>		<b>5 classes</b>
<b>12779</b>	M-F, July 8-12	10 AM-1 PM	6-12 years Heritage Park

**SuperHero Marvel Inspired LEGO® Camp!**

Join Bricks 4 Kidz for a week building Super Heroes with LEGO® bricks. Campers will recognize a family of incredible heroes, hero guardians in space, teen heroes, and of course their favorite classic heroes. Explore all the caped crusaders and discover their super powers. Build a fantasy world and protect it from enemies with custom contraptions made with LEGO® bricks. At the end of the week, all super hero campers will take home a custom mini figure!

	<b>\$195 resident/\$292 non-resident</b>		<b>5 classes</b>
<b>12780</b>	M-F, July 8-12	2-5 PM	6-12 years Heritage Park

**REGISTER!**

**Help avoid program cancellations!**

**A minimum number of registered participants is required for each class.**

**Failure to register may result in program cancellations.**

**Video Game Design with Scratch 3 & LEGO® Building!**

Learn to code and design Video Games, plus build some LEGO's! Students will develop a range of coding and problem-solving skills as they create fun video games. Game designers will think creatively, reason systematically, and work collaboratively to create various video games. We swap activities about every 20 minutes so that kids are getting up, stretching, and doing creative building activities, mixed in with learning how to code. Each camper receives a LEGO® mini-take home on the last day of camp.

	<b>\$255 resident/\$382 non-resident</b>		<b>5 classes</b>
<b>12781</b>	M-F, July 15-19	2-5 PM	7-12 years Cerritos Park East

**Roblocks Adventure w/ LEGO® Camp!**

A fan of playing Roblox? Campers will love this Roblox-inspired building camp! We have a LEGO® block-based building adventure ahead of us, not to mention daily motorized models of things like cars and animals that really move! Participants will build all kinds of amazing LEGO® creations based on their favorite games! Whether they are into racing cars, building cities, making pizza, or adopting pets, campers will have plenty to build and talk about all week long and for years to come! Let us have a building adventure – the Bricks 4 Kidz way!

	<b>\$195 resident/\$292 non-resident</b>		<b>5 classes</b>
<b>12782</b>	M-F, Aug. 5-9	10 AM-1 PM	6-12 years Cerritos Park East

**Brick City Engineers w/ LEGO® Camp!**

Let us build a city! There are many different types of engineering jobs, and building is one of the most fun! What would a city be without the architects and engineers who come up with the ideas, plans and building skills to make it all come together? Campers will put their engineering and architecture skills to work as they build city themed models using LEGO® Bricks. The sky is the limit when campers are challenged to use their own ideas and skills to build a skyscraper taller than their heads! They'll have a blast using custom-built cars to move the people of the city all around town – brick by brick! What an accomplishment to be able to proudly proclaim “We built this brick city!”

	<b>\$195 resident/\$292 non-resident</b>		<b>5 classes</b>
<b>12783</b>	M-F, Aug. 5-9	2-5 PM	6-12 years Cerritos Park East

**Mad Science Camps**

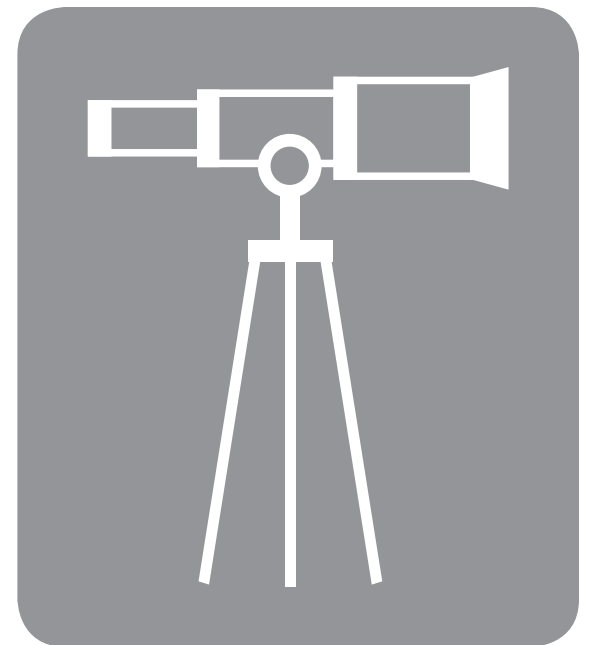
Join the ‘mad scientists’ for a fun-filled week of cool science. Each week-long camp will feature different, exciting activities. All camps include a Mad Science T-shirt. Please bring a snack and drink. Parents are required to sign children in and out of each class meeting.



**NASA Space Academy**

Join our Academy of Future Space Explorers. Use teamwork to complete an important space mission, race a balloon rocket, and then see the real thing – a model rocket launch up to 200 ft. in the air! Make and take home your own comet, rocket and much more. This NASA camp is ‘Out of this World’! Please bring a \$30 materials fee to the first class.

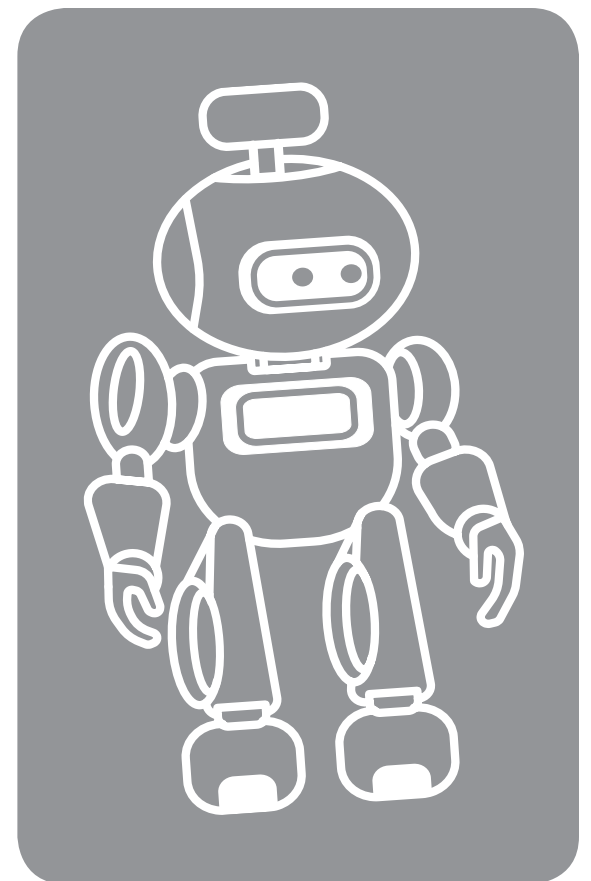
	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12181</b>	M-F, June 10-14	10 AM-1 PM	5-12 years Cerritos Park East



**Science in Action**

Let's see science in ACTION! View the world through a camera obscura, different lenses and kaleidoscopes. Make and take home a periscope, assemble and control pulleys, levers, catapults, and mega pinchers. Chemically compose your own sidewalk chalk, grow your own crystal gardens and play with Magic Mud! Please bring a \$30 materials fee to the first class.

	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12178</b>	M-F, June 17-21	10 AM-1 PM	5-12 years Heritage Park



**Robots 101**

I am a RO-BOT! Join us for a week of FUN with amazing robots! Learn about the uses of robots in our world and spend time experimenting with super cool robots that can sense sound, follow patterns, and even be a pet! Discover the science of circuitry, structure and mobility. Use your skills to build your very own working robot to take home with you! Please bring a \$35 materials fee to the first class.

	<b>\$185 resident/\$277 non-resident</b>		<b>5 classes</b>
<b>12182</b>	M-F, June 24-28	10 AM-1 PM	6-10 years Heritage Park

**Little Scientist Preschool Lab**

Investigate the science of nature with this fun summer camp for the youngest of scientist. Cultivate your interest in life science as you learn about insects, weather, plants, and soil. Experience fun hands-on experiments in this week-long lab. Participant ratio is 1:8. Must be potty trained. Please bring a \$30 materials fee to the first class.

	<b>\$185 resident/\$277 non-resident</b>		<b>5 classes</b>
<b>12183</b>	M-F, July 8-12	10 AM-1 PM	3.5-5 years Cerritos Park East



### Secret Agent Lab

Look out, 007! — Mad Science's Secret Agent Lab will help you sharpen your secret spy skills as you learn about the science of sleuthing! Campers will have the opportunity to step into the shoes of a detective as they learn all about forensic science by decoding messages, gathering evidence, checking out spy gear and cracking security systems. Campers will make awesome take-home projects each day for their spy kit. Please bring a \$30 materials fee to the first class.

	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12179</b>	M-F, July 15-19	10 AM-1 PM	5-12 years
	Heritage Park		

### Rollercoaster Robotics & Engineering

Investigate the effects of Newton's Laws as you engineer games and explore gravitational, potential, and kinetic energy! Master the science behind the most thrilling rides on Earth. Discover the exciting side of physics and robotics while designing, experimenting, and building the Mad Science Odyssey, your very own coaster robot to take home! Please bring a \$35 materials fee to the first class.

	<b>\$185 resident/\$277 non-resident</b>		<b>5 classes</b>
<b>12184</b>	M-F, July 22-26	10 AM-1 PM	8-12 years
	Cerritos Park East		

### Galaxy Defenders

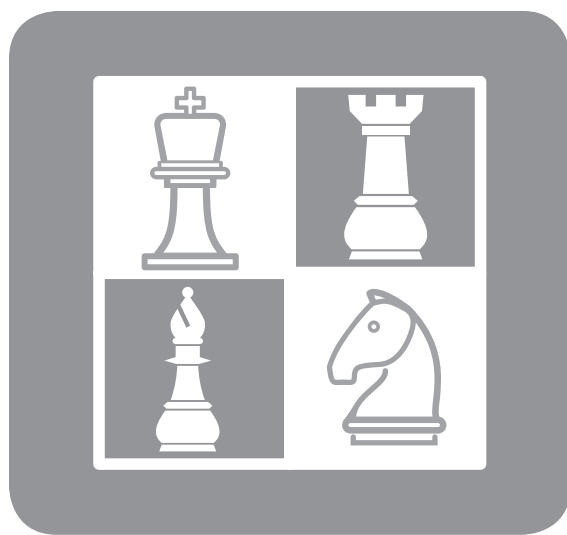
Prepare to defend the galaxy with Mad Science! As you become an Astro-Scientist, you will make and take home space copters and flying fizzlers, learn about planets, and create your own. Discover the fun involved in rockets and experience an awesome rocket launch. Join now and help the Mad Scientists protect the Earth from Alien Invaders! Please bring a \$30 materials fee to the first class.

	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12180</b>	M-F, July 29-Aug. 2	10 AM-1 PM	5-12 years
	Heritage Park		

### Crazy Chemworks

Come and discover what it's like to be a real scientist and work in a mad science lab. Each day we will experiment with different chemicals and tools to see what kind of interesting and crazy reactions we can create! Students will explore acids and bases, reveal the secret recipe of slime, and examine crystallization. By the end of the week the Jr. Mad Scientists will have their very own chemistry set so they can perform their own experiments at home! Please bring a \$30 materials fee to the first class.

	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12185</b>	M-F, Aug. 5-9	10 AM-1 PM	5-12 years
	Cerritos Park East		



### Summer Chess Camps

From beginners to advanced, Hanley Chess Academy will group players by skill set to learn rules, practice all skills, plan, and recognize tactical patterns. A class tournament will be held at the end of the week for a chance to win medals and trophies. Please bring a snack and drink. Parents are required to sign children in and out of each class meeting.

	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12186</b>	M-F, June 3-7	10 AM-1:30 PM	5-16 years
	Heritage Park		
<b>12187</b>	M-F, July 22-26	10 AM-1:30 PM	5-16 years
	Heritage Park		
<b>12188</b>	M-F, Aug. 5-9	10 AM-1:30 PM	5-16 years
	Heritage Park		



### Theatre Camps

Unleash your talent in acting, singing, and dancing. Participants will explore the art of musical theater while building confidence and stage presence. A sack lunch and beverage must be provided daily by the camper. Food and drink with nutritional value is encouraged. Parents are required to sign children in and out of each class meeting.

### Beginning Musical Theatre Techniques

This camp is perfect for new performers who enjoy singing, dancing, and acting. In this Beginning level camp, students will learn the basic fundamentals of musical theatre in a fun and safe environment. Emphasis will be placed on vocal styles, dance, and acting techniques. Songs from popular Broadway musicals will be taught and a performance for family and friends will be conducted on the last day of camp.

	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12774</b>	M-F, July 8-12	10 AM-2 PM	6-10 years
	Cerritos Park East		



### Intermediate Musical Theatre Techniques

This camp is perfect for young performers who enjoy singing, dancing, and acting. In this Intermediate level camp, students will strengthen their knowledge of musical theatre in a fun and safe environment. It is recommended (not required) for students to have previously taken the Beginning level class or have some performance experience. Emphasis will be placed on vocal styles, dance, and acting techniques. Songs from popular Broadway musicals will be taught and a performance for family and friends will be conducted on the last day of camp.

	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12775</b>	M-F, July 15-19	10 AM-2 PM	8-12 years
	Cerritos Park East		

**For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.**

### Musical Theatre Intensive Workshop

This camp is perfect for young thespians who have previously taken the Beginning or Intermediate level camp or have other musical theatre experience. Students will be engaged in a workshop-style rehearsal space that will focus on each camper's performance technique, both individually and in the group setting. Students will learn a Musical Theatre Revue and a performance for family and friends will be conducted on the last day of camp.

	<b>\$175 resident/\$262 non-resident</b>		<b>5 classes</b>
<b>12776</b>	M-F, July 29-Aug. 2	10 AM-2 PM	10-17 years
	Cerritos Park East		



### Youth Basketball Camps

The City of Cerritos is offering an outstanding week-long basketball camp geared for boys and girls wishing to improve their basketball skills. Camp instructors consist of present and former college and high school basketball players. All skill levels are welcome. Please bring a water bottle. Parents are required to sign children in and out of each class meeting.

	<b>\$90 resident/\$135 non-resident</b>		<b>5 classes</b>
<b>12785</b>	M-F, June 10-14	10 AM-Noon	7-13 years
	Heritage Park		
<b>12786</b>	M-F, Aug. 5-9	10 AM-Noon	7-13 years
	Heritage Park		

### Youth Soccer Camps

The City of Cerritos is offering a fun and instructional week of soccer for boys and girls. Campers will learn fundamental soccer skills from local high school coaches and players in a fun, non-competitive environment. Soccer cleats and shin guards are recommended but not required. Parents are required to sign children in and out of each class meeting.

	<b>\$100 resident/\$150 non-resident</b>		<b>5 classes</b>
<b>12784</b>	M-F, June 3-7	10 AM-Noon	6-14 years
	Heritage Park		
<b>12777</b>	M-F, July 15-19	10 AM-Noon	6-14 years
	Heritage Park		

## Dance, Adult/Youth

### Baby Ballet

For little tykes who love to dance, this is a fun introduction to ballet, which includes beginning movements, and arm and foot positions. The class will help develop self-confidence and poise through the art of dance. Parents are required to sign children in and out of each class meeting.

	<b>\$55 resident/\$83 non-resident</b>		<b>5 classes</b>
<b>12683</b>	Fri., June 7-July 5	4-4:45 PM	3-5 years
	Liberty Park		

### Ballet/Tap Combo

Children will develop self-confidence and poise through the art of dance. Posture, grace, rhythm, basic stretches, and body positions are taught through specially designed exercises. Parents are required to sign children in and out of each class meeting.

(Continued on the next page)

**Ballet/Tap Combo (Continued)**

	<b>\$55 resident/\$83 non-resident</b>		<b>5 classes</b>
<b>12684</b>	Fri., June 7-July 5	4:55-5:40 PM	4-7 years Liberty Park
<b>12685</b>	Sat., June 8-July 6	10:15-11 AM	3-5 years Liberty Park
<b>12686</b>	Mon., July 1-29	4-4:45 PM	3-4 years Cerritos Park East
<b>12687</b>	Mon., July 1-29	5-5:45 PM	5-6 years Cerritos Park East
<b>12688</b>	Mon., July 1-29	6-6:45 PM	7-8 years Cerritos Park East

**FEATURED**

**Hip Hop Dance**

Learn the latest dance moves! Moves and music are age appropriate. This fun, high energy class for boys and girls introduces fundamental hip hop and hip hop funk moves. Class promotes coordination, rhythm, creativity, and fun. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 26.

	<b>\$55 resident/\$83 non-resident</b>		<b>5 classes</b>
<b>12689</b>	Tue., June 4-July 2	4-4:45 PM	3-5 years Cerritos Park East
<b>12690</b>	Tue., June 4-July 2	4:55-5:40 PM	5-7 years Cerritos Park East
<b>12691</b>	Tue., June 4-July 2	5:50-6:35 PM	7-12 years Cerritos Park East
<b>12692</b>	Fri., June 7-July 5	4-4:45 PM	3-5 years Cerritos Park East
<b>12693</b>	Tue., July 16-Aug. 13	4-4:45 PM	3-5 years Cerritos Park East
<b>12694</b>	Tue., July 16-Aug. 13	4:55-5:40 PM	5-7 years Cerritos Park East
<b>12695</b>	Tue., July 16-Aug. 13	5:50-6:35 PM	7-12 years Cerritos Park East
<b>12696</b>	Fri., July 19-Aug. 23	4-4:45 PM	3-5 years Cerritos Park East



**K-Pop Dance**

K-Pop is a musical genre class that teaches an easy and fun mix of electronic, hip-hop, and pop dance moves to upbeat K-Pop music. Class improves coordination and rhythm with a focus on performance skills. Athletic attire and sneakers required. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 26.

	<b>\$55 resident/\$83 non-resident</b>		<b>5 classes</b>
<b>12697</b>	Tue., June 4-July 2	6:45-7:30 PM	6-10 years Cerritos Park East
<b>12698</b>	Fri., June 7-July 5	4:55-5:40 PM	5-9 years Cerritos Park East
<b>12699</b>	Fri., June 7-July 5	5:50-6:35 PM	7-12 years Cerritos Park East
<b>12700</b>	Tue., July 16-Aug. 13	6:45-7:30 PM	6-10 years Cerritos Park East
<b>12701</b>	Fri., July 19-Aug. 23	4:55-5:40 PM	5-9 years Cerritos Park East
<b>12702</b>	Fri., July 19-Aug. 23	5:50-6:35 PM	7-12 years Cerritos Park East

**Salsa**

In this beginning salsa class, participants will learn the basic figures and footwork to get started on the dance floor. Partner combinations will be covered. No partner is necessary; singles are welcome. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 4.

	<b>\$36 resident/\$54 non-resident</b>		<b>5 classes</b>
<b>12703</b>	Thu., June 6-July 11	6:30-7:30 PM	14-Adult Liberty Park
<b>12704</b>	Thu., July 18-Aug. 15	6:30-7:30 PM	14-Adult Liberty Park



**Zumba**

Zumba is an aerobic work out that combines different movements and rhythms such as salsa, cumbia, merengue, belly dance, rock and roll, and much more! Zumba is an effective, easy, and fun way to get in shape. Parents are required to sign children in and out of each class meeting.

	<b>\$39 resident/\$59 non-resident</b>		<b>5 classes</b>
<b>12705</b>	Mon., June 3-July 1	5:30-6:30 PM	16-Adult Liberty Park
<b>12706</b>	Mon., July 15-Aug. 12	5:30-6:30 PM	16-Adult Liberty Park

**Music,  
Adult/Youth**

**Cerritos College Community  
Concert Band**

**Fees paid to Cerritos College**

The Cerritos College Community Concert Band is dedicated to the performance of popular, family-oriented compositions and is comprised of brass, woodwind and percussion instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied with an emphasis on medleys, marches, and overtures. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands and Orchestra, at dbetancourt@cerritos.edu.

**Concert Band**

Mon./Tue., May 20-July 16	6-9 PM	12-Adult Cerritos College
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**REGISTER!**

**Help avoid  
program cancellations!**

**A minimum number of  
registered participants is  
required for each class.**

**Failure to register may result in  
program cancellations.**



**Cerritos College Community  
Jazz Band**

**Fees paid to Cerritos College**

The Cerritos College Community Jazz Band is dedicated to the performance of popular, family-oriented jazz compositions and is comprised of brass, woodwind and rhythm instruments. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied with an emphasis on jazz and latin styles. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands and Orchestra, at dbetancourt@cerritos.edu.

**Jazz Band**

Wed./Thu., June 19-Aug. 8	6-9 PM	12-Adult Cerritos College
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**Cerritos College Community  
Orchestra**

**Fees paid to Cerritos College**

The Cerritos College String Ensemble is dedicated to the performance of popular, family-oriented compositions and is comprised of violin, viola, cello, and string bass. Emphasis will be placed upon the development of individual musicianship through both large and small group rehearsals. Musical compositions of a wide variety will be studied. Registration will take place through Cerritos College. For further information, please contact David Betancourt, Director of Bands and Orchestra, at dbetancourt@cerritos.edu.

**Orchestra**

Mon./Tue., May 20-July 16	6-9 PM	12-Adult Cerritos College
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**FEATURED**

**Drums for Fun**

Learn the basic techniques of drumming from a professional musician. Instruction will include proper grip positions, hand and wrist development, sight reading, hand and foot coordination, rudimentary training, and drum set techniques. Practice pads and sheet music will be provided. Parents are required to sign children in and out of each class meeting. Please bring your own drum sticks to each class meeting or bring \$7 materials fee to purchase drum sticks. Students may purchase take-home pads at an additional fee.

**\$98 resident/\$147 non-resident**      **6 classes**

<b>12679</b>	Tue., June 4-July 9	3:15-4:15 PM	6-Adult Heritage Park
<b>12680</b>	Tue., June 4-July 9	4:30-5:30 PM	6-Adult Heritage Park





### Joy of Singing

Students learn the basics of singing, choosing a theme, singing group songs, solos, light dancing, and put on a show at the end of the session for family and friends. Please bring a \$5 music materials fee to the first class. Parents are required to sign children in and out of each class meeting.

<b>\$75 resident/\$112 non-resident</b>	<b>8 classes</b>
<b>12681</b> Mon., June 3-July 22 6:15-7:15 PM	7-12 years
Cerritos Park East	



### Piano

Learn to play the piano from the very beginning! Students will learn the basics and play new songs each week. Students must have access to a piano or keyboard outside of class to practice lessons. Course instruction will be provided on electronic keyboards and participants may need to share keyboards during class. All students are required to purchase a music book; information will be given at the first class meeting. Parents are required to sign children in and out of each class meeting.

<b>\$100 resident/\$150 non-resident</b>	<b>8 classes</b>
<b>Beginning</b>	
<b>12682</b> Mon., June 3-July 22 5-6 PM	7-13 years
Cerritos Park East	

## Sports/Fitness, Adult/Youth

### Cerritos Fitness Centers

Fitness Centers are located in the Cerritos Olympic Swim & Fitness Center and the Liberty Park Community Center. The Swim & Fitness Center is equipped with locker room facilities.

- Membership is available to Cerritos residents, 16 years and older.
- Individual memberships are \$50 per year.
- Replacement card may be purchased for \$5.
- Fitness Centers include a multi-max station, treadmills, stair climbers, and life cycles.
- Adults working in Cerritos can purchase an annual business membership for \$50, valid only Monday through Friday from 6 AM to 2 PM at the Swim Center location and 10 AM to 5 PM at the Liberty Park location.
- Waiver required.
- Membership cards are valid at both locations and must be presented to enter.

### Fitness Center Hours:

#### Swim Center Location

Effective June 3:

Monday through Friday	6 AM-9 PM
Saturday/Sunday	7 AM-5 PM

#### Liberty Park Location

Monday through Friday	10 AM-8 PM
Saturday/Sunday	10 AM-8 PM

For more information, please call the Recreation Services Division at (562) 916-1254.



### Tennis Courts

Courts are available for use at Liberty Park and Cerritos Park East. Tennis courts may be closed without prior notice.

#### Cerritos residents:

- May use the courts at no charge during regular park operating hours.
- Age 16 years and older may reserve one (1) court up to one (1) week in advance and no less than one (1) hour in advance.
- A 5-minute grace period will be given before the court is released.
- Only one (1) reservation per family account may be held at any given time.
- Must present a valid California Driver's License or valid California ID with current Cerritos address and must be in the City's database to check out a court key.
- Reservations will only be taken in person or over the phone by calling Liberty Park at (562) 916-8565 or Cerritos Park East at (562) 407-2611 during normal operating hours.

#### Non-residents:

- May use the courts for drop-in play Monday through Friday, between 10 AM and 3 PM, for a \$7 hourly fee.
- No reservations allowed.
- Adults working in Cerritos may drop-in to play Monday through Friday only, between 10 AM and 3 PM, at no charge.
- Must present a valid California Driver's License or California ID and proof of employment in Cerritos.

### Sand Volleyball Courts

Courts are available for use at Liberty Park. The sand volleyball courts may be closed without prior notice.

- Cerritos residents, 16 years and older, may reserve one court up to one (1) week in advance free of charge.
- Non-residents, 16 years and older, may reserve one (1) court up to two (2) days in advance free of charge.
- Reservations will be a maximum of one (1) hour and may be booked on the hour or on the half hour.
- A 5-minute grace period will be given before the court is released.
- Only one (1) reservation per family account may be held at any given time.
- Must present a valid California Driver's License or valid California ID with current Cerritos address and must be in the City's database to access court.
- Reservations will be taken in person or over the phone by calling Liberty Park at (562) 916-8565 during normal operating hours.



### Jazzercise

**Monthly Fees \$69 with EFT\***  
**One Time Class \$15**  
**Registration taken at class site by course instructor.**

Blending easy to follow dance steps with fun dance routines, Jazzercise will enhance cardiovascular fitness, balance, posture, strength, and flexibility. Certified professional Jazzercise instructors will cue participants through the moves that incorporate various elements of dance with resistance training, pilates, yoga, kickboxing, and more. The 60-minute workout is effective for every age, skill, and fitness level. Please bring a floor mat and water bottle; hand weights are optional.

Monthly fee allows patrons to attend any of the classes.

*\*EFT (Electronic Funds Transfer) or Easy Fitness Ticket allows patrons to automatically pay for Jazzercise programs through an electronic funds transfer each month. Patrons must pay a \$30 joining fee.*

Monday	10:15-11:15 AM	Cerritos Park East
Wednesday	10:15-11:15 AM	Cerritos Park East
Friday	10:15-11:15 AM	Cerritos Park East
Sunday	10:15-11:15 AM	Cerritos Park East

### FEATURED

### Ballet Barre

Join this low impact ballet based exercise class. By using the barre you will stretch, strengthen, lengthen, tone, and elongate your muscles. Also increase balance, strength, stamina, posture, endurance, core strength, and muscle tone. Beginners welcome. No dance experience required. Parents are required to sign children in and out of each class meeting.

<b>\$40 resident/\$60 non-resident</b>	<b>4 classes</b>	
<b>12707</b> Mon., June 3-24	10:15-11:15 AM	8-Adult
Liberty Park		
<b>12708</b> Wed., June 5-26	10:15-11:15 AM	8-Adult
Liberty Park		
<b>12709</b> Wed., June 5-26	5:30-6:30 PM	8-Adult
Liberty Park		
<b>12710</b> Mon., July 1-22	10:15-11:15 AM	8-Adult
Liberty Park		
<b>12711</b> Wed., July 3-24	10:15-11:15 AM	8-Adult
Liberty Park		
<b>12712</b> Wed., July 3-24	5:30-6:30 PM	8-Adult
Liberty Park		

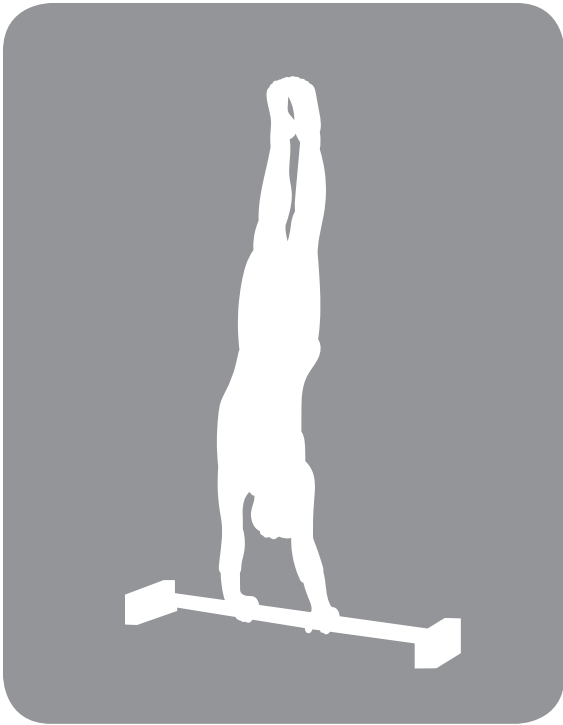
**For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.**



### Core Yolates

Enjoy this new workout trend that combines two popular methods of exercise - yoga and Pilates. This course will emphasize core stabilization, lengthening, toning, and body sculpting. Yolates also improves core strength, posture and overall body awareness. Please bring a stability ball to class. Parents are required to sign children in and out of each class meeting.

	<b>\$60 resident/\$90 non-resident</b>		<b>5 classes</b>
<b>12713</b>	Sun., June 2-30	10:15-11:40 AM	8-Adult Liberty Park
<b>12714</b>	Sun., July 14-Aug. 11	10:15-11:40 AM	8-Adult Liberty Park



### Gymnastics: Jammin' Gymnasts

Discover the inner gymnast inside everyone! Gymnastics also improves coordination and strength development. Girls and boys of all skill levels will safely learn recreation gymnastics techniques such as cartwheels, round-offs, rolls, handstands, and more.

Obstacle courses and music will make learning fun while creating confidence and a positive learning environment! Parents are required to sign children in and out of each class meeting. Please bring a \$2 materials fee to the first class. NO CLASS ON JULY 3.

	<b>\$90 resident/\$135 non-resident</b>		<b>5 classes</b>
<b>12729</b>	Wed., June 5-July 10	3:20-4:20 PM	4-6 years Cerritos Park East
<b>12731</b>	Wed., June 5-July 10	4:35-5:35 PM	5-10 years Cerritos Park East
<b>12730</b>	Wed., July 24-Aug. 21	3:20-4:20 PM	4-6 years Cerritos Park East
<b>12732</b>	Wed., July 24-Aug. 21	4:35-5:35 PM	5-10 years Cerritos Park East

**REGISTER!**

**Help avoid program cancellations!**

**A minimum number of registered participants is required for each class.**

**Failure to register may result in program cancellations.**



### Hatha Yoga

Experience the release of tension and stress through a series of postures which develop strength, flexibility, concentration, and balance. Please bring your own yoga mat to each class and wear comfortable clothing. NO CLASS ON JULY 4.

	<b>\$60 resident/\$90 non-resident</b>		<b>5 classes</b>
<b>12733</b>	Tue., June 4-July 2	10:15-11:15 AM	18-Adult Cerritos Park East
<b>12735</b>	Thu., June 6-July 11	10:15-11:15 AM	18-Adult Cerritos Park East
<b>12734</b>	Tue., July 16-Aug. 13	10:15-11:15 AM	18-Adult Cerritos Park East
<b>12736</b>	Thu., July 18-Aug. 15	10:15-11:15 AM	18-Adult Cerritos Park East



### Martial Arts

Karate provides an excellent physical and mental workout, increasing coordination and flexibility. The well-rounded curriculum incorporates ground and stand-up self-defense, kata and weaponry. Experience strength and confidence boosting fun classes with something for every member of the family. Parents are required to sign children in and out of each class meeting. Participants arriving more than 10 minutes after the class start time will not be permitted entry. NO CLASS ON JULY 4.

	<b>\$84 resident/\$126 non-resident</b>		<b>12 classes</b>
<b>12725</b>	M/W, June 3-July 10	3:30-4:30 PM	4-7 years Liberty Park
<b>12727</b>	T/Th, June 4-July 16	3:30-4:30 PM	8-Adult Liberty Park
<b>12726</b>	M/W, July 22-Aug. 28	3:30-4:30 PM	4-7 years Liberty Park
<b>12728</b>	T/Th, July 23-Aug. 29	3:30-4:30 PM	8-Adult Liberty Park

### Pickleball Round-Robin Social

Join the Pickleball Round Robin Social at Liberty Park! All players will participate in three, 30-minute matches against different players in a true round-robin format. No partner is needed. Mixed-doubles play are randomly drawn based on the number of registrants. Intermediate level preferred. Prizes are awarded for first and second place.

	<b>\$5 per person</b>		<b>One Day</b>
<b>12091</b>	Thu., July 11	10 AM-Noon	18-Adult Liberty Park

### Pilates

This Pilates class will combine barre work and cardio to tone and strengthen the entire body. Thera-bands and exercise balls will be provided by the instructor to work on specific muscles and muscle groups to increase strength and agility. This revolutionary toning and conditioning system stretches, strengthens, and realigns overused joints, and muscles. Participants will work at an individualized pace. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 4.

	<b>\$50 resident/\$75 non-resident</b>		<b>5 classes</b>
<b>12715</b>	Tue., June 4-July 2	6-7 PM	8-Adult Liberty Park
<b>12717</b>	Thu., June 6-July 11	6-7 PM	8-Adult Cerritos Park East
<b>12716</b>	Tue., July 16-Aug. 13	6-7 PM	8-Adult Liberty Park
<b>12718</b>	Thu., July 18-Aug. 15	6-7 PM	8-Adult Cerritos Park East



### Stride Cerritos - Fitness Walkers

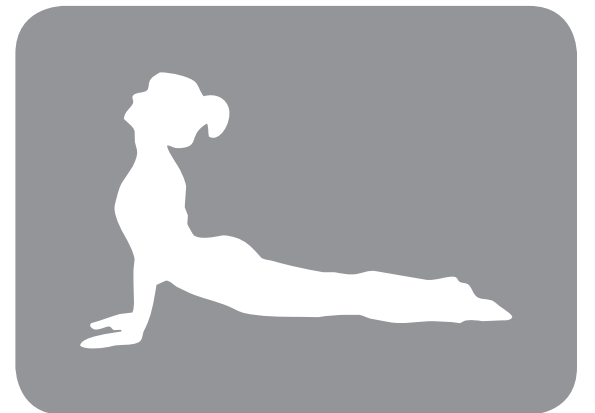
Join Stride Cerritos and walk to fitness. During each session, walkers will receive instruction on the fundamentals of aerobic development through walking workouts. Cardiovascular improvement, muscle development and decreased body fat will be emphasized. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 4.

	<b>Free</b>		<b>15 classes</b>
<b>12129</b>	T/Th, June 4-July 25	6:30-7:30 PM	16-Adult Liberty Park

### Yoga For Kids

Yoga is a safe, fun and non-competitive way for children to exercise and develop coordination. Yoga also strengthens the body, builds self-esteem, and increases focus and concentration. Parents are required to sign children in and out of each class meeting.

	<b>\$66 resident/\$99 non-resident</b>		<b>4 classes</b>
<b>12719</b>	Sat., June 8-29	11:30 AM-12:15 PM	4-12 years Liberty Park
<b>12720</b>	Sat., July 13-Aug. 3	11:30 AM-12:15 PM	4-12 years Liberty Park



### Yoga For Relaxation

Enjoy an introductory course in conditioned relaxation based on the ancient art of hatha yoga as it is taught in India. This course consists of stretching, breathing, and relaxation exercises, which relieve mental tension, emotional stress, and physical strain. Exercise mats will be provided. Parents are required to sign children in and out of each class meeting.

(Continued on the next column)



**Yoga For Relaxation (Continued)**

	<b>\$60 resident/\$90 non-resident</b>		<b>5 classes</b>
<b>12721</b>	Mon., June 3-July 1	6:45-7:45 PM	14-Adult Liberty Park
<b>12723</b>	Wed., June 5-July 3	6:45-7:45 PM	14-Adult Liberty Park
<b>12722</b>	Mon., July 15-Aug. 12	6:45-7:45 PM	14-Adult Liberty Park
<b>12424</b>	Wed., July 17-Aug. 14	6:45-7:45 PM	14-Adult Liberty Park



**Youth Basketball Clinic**

Register your aspiring basketball star for this valuable skills clinic and benefit from the expertise of local high school coaches. Youngsters will learn and improve fundamental skills such as dribbling, rebounding, and shooting. Teamwork, sportsmanship, and leadership will also be emphasized.

<b>Free</b>			<b>One Day</b>
<b>12787</b>	Sat., June 1	10-11:30 AM	7-13 years Heritage Park

**Sports Leagues,  
 Adult/Youth**

**Youth Soccer**

**\$55 resident/\$83 non-resident**

All registration for youth soccer league will be online at <https://secure.recl.com/CA/cerritos-ca/catalog>

RACER account required prior to online registration. For RACER account information, call the Recreation Services Division at (562) 916-1254.

**Cerritos Resident Registration:**

Begins on Saturday, May 4 at 10 AM

**Open Registration:**

Begins on Saturday, May 11 at 10 AM

The non-refundable registration fee includes a team jersey, participation award, officials, and Players' Medical Benefit Fund. A picture day will be held during the season and a picture packet will be distributed to teams by the head coach. Team and individual picture packages may be purchased at an additional cost. Games will be played during the months of June, July and August. Children born in 2015 or before will be placed on teams according to their age and ability. Practices and games may not be close to a child's residence. For further information, please call the Cerritos Sports Complex at (562) 916-8590.

**Co-ed Divisions:**

<b>12130</b>	Rookie I	Born in 2019
<b>12131</b>	Rookie II	Born in 2018
<b>12132</b>	Rookie III	Born in 2017
<b>12133</b>	Pee Wee Division	Born in 2015 & 2016
<b>12134</b>	Elementary Division	Born in 2013 & 2014
<b>12135</b>	Intermediate Division	Born in 2011 & 2012

(Continued on the next column)

**Youth Soccer (Continued)**

**Game Days:**

The following game day information is tentative and subject to change, and does not reflect days for practices, which are at the discretion of the volunteer coach.

- Rookie I Division: Mondays and Wednesdays
- Rookie II Division: Tuesdays and Thursdays
- Rookie III Division: Mondays and Wednesdays
- Pee Wee Division: Tuesdays and Thursdays
- Elementary Division: Tuesdays and Thursdays
- Intermediate Division: Mondays and Wednesdays

**Youth Summer Basketball League**

**\$40 (Cerritos residents only)**

RACER account required prior to online registration. For RACER account information, call the Recreation Services Division at (562) 916-1254.

**Cerritos Resident Registration:**

Begins on Saturday, May 18 at 10 AM

The non-refundable registration fee includes a team jersey, officials, scorekeepers, Players' Medical Benefit Fund and awards. Participants will be formed into teams for league play based on age and ability.

**Co-ed Divisions:**

<b>12136</b>	Elementary	Born in 2012 & 2013
<b>12137</b>	Intermediate	Born in 2010 & 2011

**Game Days/Times:**

The following game day information is tentative and subject to change, and does not reflect days for practices, which are at the discretion of the volunteer coach. Games will be played on Thursdays or Fridays, 6:30 to 9 PM, from June 20 through August 16.

**Elementary Division:** Fridays

**Intermediate Division:** Thursdays

For further information, please call the Cerritos Sports Complex at (562) 916-8590.



**Sports Officials Needed**

Adults and teenagers, 16 years and older, are invited to apply as sports officials. Hourly wages are dependent upon education and experience and range from \$20 to \$30 per game. All officials must be fingerprinted prior to being assigned. For more information, please call the Cerritos Sports Complex at (562) 916-8590. Previous officiating experience is desirable.

Pursuant to California state law, a county, city or special district shall not hire a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

**Golf,  
 Adult/Youth**

**Cerritos Iron-Wood Nine Golf Course**

**(562) 916-8400**

The City of Cerritos Iron-Wood Nine Golf Course is a nine-hole, par 29, 1,468-yard, executive golf course. The lighted driving range offers a choice of hitting off mats or grass. Rental clubs and handcars are available; reservations can be made up to one week in advance. Starting times will begin at 6:30 AM depending upon course conditions.



**Hours of Operation:**

Monday through Friday	6 AM-8 PM
Saturday/Sunday	6 AM-8 PM
Range Hours:	Monday through Friday 6 AM-8 PM
	Thursday 10 AM-8 PM
	Saturday/Sunday 6 AM-8 PM

The last range bucket will be sold 30 minutes prior to closing.

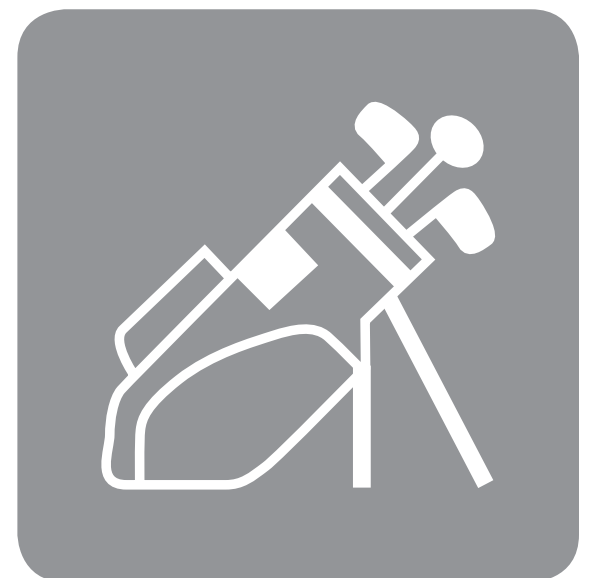
**Golf Course Dress Code**

The Cerritos Iron-Wood Nine Golf Course enforces its dress code policy. Men must wear a presentable shirt with sleeves. Tank tops, sleeveless shirts, swim suits and other dress deemed inappropriate for the course will not be allowed. Women must also wear a presentable shirt. Halter tops, tube tops, swim suits, and other dress deemed inappropriate for the course will not be allowed.

**Golf Course Fees**

**Driving Range Fees**

\$7.00	Small Bucket Card (50 balls)
\$10.50	Large Bucket Card (100 balls)
\$50.00	Value Card (650 balls)



**Private Lessons**

Private lessons with Cerritos Iron-Wood Nine Golf Professional Jason Holmes may be scheduled on an appointment-only basis by contacting the Cerritos Iron-Wood Nine Golf Course at (562) 916-8400. One free small bucket of practice balls per person will be furnished at each lesson.

**Private (1 person)**

\$157/six,	1/2-hour lessons
\$31/one,	1/2-hour lesson

**Semi-Private (2 persons)**

\$130 per person/six,	45-minute lessons
\$25 per person/one,	45-minute lesson

**Small Group (3-6 persons)**

\$130 per person/six,	1-hour lessons
\$25 per person/one,	1-hour lesson

### Cerritos Junior Golf Academy

The Junior Golf Academy with Cerritos Iron-wood Nine Golf Professional Jason Holmes, is designed for youth golfers of all ability levels. From beginners to advanced golfers, participants will improve their game in a small group setting. Instruction will be conducted on the Course's driving range, putting greens, and pitching area. Range balls will be provided for each class and loaner clubs are available during class time. Parents are required to sign children in and out of the class meeting.

**\$55 resident/\$83 non-resident** **4 classes**  
**Session I**

<b>12739</b>	M/W, June 3-12 Golf Course	5-5:45 PM	7-10 years
<b>12740</b>	M/W, June 3-12 Golf Course	6-6:45 PM	11-17 years
<b>12737</b>	Sat., June 8-29 Golf Course	10-10:45 AM	4-6 years
<b>12738</b>	Sat., June 8-29 Golf Course	11-11:45 AM	4-6 years

**Session II**

<b>12741</b>	M/W, June 24-July 3 Golf Course	5-5:45 PM	7-10 years
<b>12742</b>	M/W, June 24-July 3 Golf Course	6-6:45 PM	11-17 years
<b>12743</b>	Sat., July 13-Aug. 3 Golf Course	10-10:45 AM	4-6 years
<b>12744</b>	Sat., July 13-Aug. 3 Golf Course	11-11:45 AM	4-6 years

**Session III**

<b>12745</b>	M/W, July 15-24 Golf Course	5-5:45 PM	7-10 years
<b>12746</b>	M/W, July 15-24 Golf Course	6-6:45 PM	11-17 years

**Session IV**

<b>12747</b>	M/W, Aug. 5-14 Golf Course	5-5:45 PM	7-10 years
<b>12748</b>	M/W, Aug. 5-14 Golf Course	6-6:45 PM	11-17 years



### Group Golf Lessons

Join Cerritos Iron-Wood Nine Golf Professional Jason Holmes in a relaxed group setting designed for all skill levels, from the novice to the experienced player. For novice players, fundamental skills such as stance, grip and swing will be covered. More experienced players will sharpen their skills and develop game techniques. One small bucket of practice balls will be provided at each lesson. Parents are required to sign children in and out of the class meeting.

**\$70 resident/\$105 non-resident** **4 classes**  
**Session I**

<b>12749</b>	Sat., June 8-29 Golf Course	8-8:45 AM	14-Adult
<b>12751</b>	Sat., June 8-29 Golf Course	9-9:45 AM	8-13 years

**Session II**

<b>12750</b>	Sat., July 13-Aug. 3 Golf Course	8-8:45 AM	14-Adult
<b>12752</b>	Sat., July 13-Aug. 3 Golf Course	9-9:45 AM	8-13 years

### Itsy Bitsy Golf Clinic

This clinic is designed to introduce participants to the game of golf. The program will provide preschool golfers with brief instruction on grip, stance, swing and putting. Complimentary driving range use is also included. Parents are required to sign children in and out of the class.

**\$15 resident/\$23 non-resident** **One Day**  
**12157** Sat., July 13 4-5 PM 3-5 years  
Golf Course

**FEATURED**

### Little Kids' Golf School

Basic instruction will take place on the driving range and practice putting green. Loaner clubs will be available for children's use.

**\$26 resident/\$39 non-resident** **4 classes**

<b>12158</b>	T/Th, June 11-20 Golf Course	10-11 AM	5-7 years
<b>12160</b>	T/Th, July 9-18 Golf Course	10-11 AM	5-7 years
<b>12161</b>	T/Th, July 23-Aug. 1 Golf Course	10-11 AM	5-7 years

## Volunteer Opportunities

Looking for work experience or something to add flair to your college or job application? If so, the Recreation Services Division's volunteer program is a great place to start. Opportunities exist for teens and adults to assist the City in a variety of volunteer capacities within the Recreation Services Division.

All volunteers need to be 13 years of age or older, and each volunteer must have a City of Cerritos Recreation Services Division Volunteer Application/Waiver on file, complete the fingerprinting process, and attend a volunteer orientation workshop prior to being assigned to any program or event. In addition, volunteers are required to attend two enrichment workshops a year to maintain their active status.

The Application/Waiver is available online in the Recreation section of the City's website at [cerritos.us](http://cerritos.us) or at any Cerritos community center. Volunteers under the age of 18 must obtain a signature from their parent or guardian. Fingerprinting is conducted by appointment only on the first Wednesday of every month, except holidays. Orientation workshops are listed below.

Pursuant to California state law, a county, city or special district shall not assign a volunteer to perform services, in a position having supervisory or disciplinary authority over a minor, if that person has been convicted of an offense specified in Public Resource Code 5164.

Registered volunteers will receive a letter with their recorded hours on a quarterly basis. Upon completion of a minimum number of service hours, volunteers will be invited to an annual volunteer recognition. The demand for volunteers, assignments, and hours vary from season to season. For more information regarding volunteer opportunities, workshops, orientations, and fingerprinting appointments, please call Heritage Park at (562) 916-8570.

**Orientation Dates**

Wednesday, May 15	7 PM	Heritage Park
Wednesday, June 19	7 PM	Heritage Park
Wednesday, July 17	7 PM	Heritage Park

**REGISTER!**

**Help avoid program cancellations!**

**A minimum number of registered participants is required for each class.**

**Failure to register may result in program cancellations.**



### Recreation Services Volunteer

Volunteers, age 13 years or older, are needed for a variety of youth activities such as Parent/Child programs, Little One's Hour, Half Pint's Night, crafts, and much more. Special events include the Halloween Festival, Christmas Tree Lighting, Summer Entertainment Showcase, and the July 4th Let Freedom Ring Celebration.

### Swim Assistant Volunteer

Volunteers will assist swim instructors as well as help with special events at the Cerritos Swim & Fitness Center. Orientation is required. For more information, please call the Cerritos Swim & Fitness Center at (562) 407-2600.

### Youth Sports Volunteer

The sports section of the Recreation Services Division recruits volunteer coaches on a seasonal basis for its three youth sports leagues. Volunteer coaches must be 18 years and older and are required to undergo a certification process, which includes fingerprinting and mandatory meetings. Teen volunteers with athletic experience are needed to assist Recreation Leaders in a variety of youth sports programs. Teens will learn basic Recreation Leader responsibilities and serve as a youth organized play class instructor's assistant, a youth sports volunteer coach, a special events assistant, and more. For more information on becoming a youth sports volunteer, please call the Cerritos Sports Complex at (562) 916-8590.

## Aquatics, Adult/Youth

### General Information

The Cerritos Olympic Swim & Fitness Center is located at 13150 E. 166th Street, adjacent to Cerritos Park East. For general information, including hours of operation and admission fees, please call the Swim & Fitness Center at (562) 407-2600.

### Admission Policies

The Swim & Fitness Center is open to Cerritos residents, accompanied guests, and adults working in the City of Cerritos. Each resident may bring up to four (4) guests during recreational swimming only.

Cerritos residents must present a valid California Driver's License or a valid California ID with current Cerritos address. Residents that have not secured a new California issued ID with a current Cerritos address must present an ID and provide a utility bill, rent receipt, tax bill, escrow papers, credit card, bank statement or car registration that is postmarked within the last 60 days.

Children under 16 years of age may present a Cerritos resident library card. Parents are responsible for the supervision of children. Adults working in the City of Cerritos must present a valid driver's license and a business ID. Children who cannot swim and are less than four feet tall must be accompanied in the water by an adult. All residents using tickets for recreational swimming will be required to show acceptable Cerritos identification. Children over 5 years of age are not permitted in the locker room of the opposite sex.



**Swim Fees**

**Lap Swim Fees**

\$3.00 Adults, ages 18 to 59  
 \$2.50 Seniors, age 60 and older

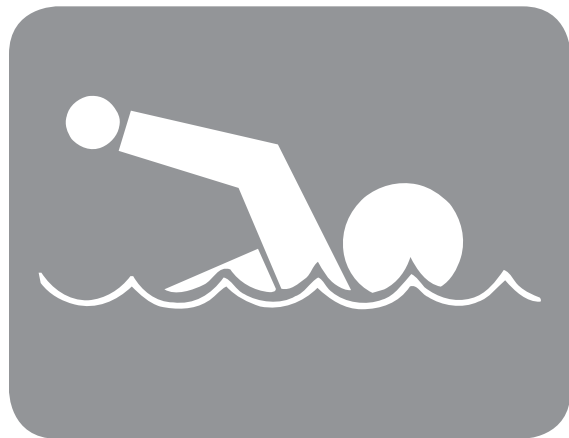
**Recreational Swim Fees**

\$2.00 Cerritos Resident  
 \$2.00 Adults who work in Cerritos with business ID  
 \$2.50 Non-resident Child, age 17 and under.  
 Must be a guest of a Cerritos resident (see above)  
 \$3.25 Non-resident Adult, age 18 and older.  
 Must be a guest of a Cerritos resident (see above)

**Ticket Booklets**

Ticket Booklets are also available. Limit two books per visit. Ticket booklets are nontransferable. Patrons utilizing tickets as payment still need to meet all entrance requirements; patrons using tickets for recreational swimming will be required to show acceptable Cerritos identification.

Age 17 and under 15 tickets - \$20  
 Adult, ages 18 to 59 20 tickets - \$60  
 Seniors, age 60 and older 20 tickets - \$50



**Swim Center Hours**

Effective June 3, Swim Center hours will be:

**Hours of Operation:**

Monday-Friday 6 AM-9 PM  
 Saturday/Sunday 7 AM-5 PM

**Recreational Swimming**

Monday/Wednesday/Friday 2-4 PM / 6-9 PM  
 Tuesday/Thursday 2-6 PM  
 Saturday/Sunday 2-5 PM

**Adult Lap Swimming**

Monday/Friday 6 AM-2 PM  
 Tuesday/Thursday\* 7-9 PM  
 Saturday/Sunday 7 AM-1 PM

\*Open to Cerritos Residents only.

A minimum of four lanes will be available for all lap swim sessions. Please refer to the Sports/Fitness section for Fitness Center hours.

**Special Hours**

**Memorial Day**

Monday, May 27 Adult Lap Swimming 7 AM-2 PM  
 Recreational Swim 11 AM-9 PM

Saturday, June 1 Swim & Fitness Center closed

**Independence Day**

Thursday, July 4 Adult Lap Swimming 7 AM-2 PM  
 Recreational Swim 11 AM-2 PM

**Please Register Carefully**

Any person registered in a class above their skill level will be dropped from the class without a refund.

**Free Skills Testing**

Skills testing is available prior to registration if assistance is needed to determine class level. Participants may come to the Swim & Fitness Center during recreational swim hours for testing.



**Mommy/Daddy and Me**

6 months-3 years

This class allows parents to share in the fun of children learning to swim. Children will learn basic safety skills, breath control, floating, kicking and paddling. Up to two adults per child are permitted to participate. Swim diapers are available for purchase at the Swim Center. Parents are required to sign children in and out of each class meeting.

**MONDAY/WEDNESDAY**

**\$43 resident/\$65 non-resident**

	Summer 1	Summer 2
Time	June 3-July 3	July 8-Aug. 7
6-6:30 PM	12228	12230

**SATURDAY**

**\$25 resident/\$38 non-resident**

	Summer 1	Summer 2
Time	June 8-July 6	July 13-Aug. 10
10:30-11 AM	12231	12234
12:30-1 PM	12233	12236

**SUNDAY**

**\$25 resident/\$38 non-resident**

	Summer 1	Summer 2
Time	June 9-July 7	July 14-Aug. 11
11:30 AM-Noon	12238	12241
12:30-1 PM	12239	12242



**Preschool Pufferfish**

3-5 years

Acquaint a preschool-aged child to the aquatic environment. Beginners will learn breath control, floating and kicking. More advanced students will be presented with the basic elements of front crawl and backstroke. Parents are required to sign children in and out of each class meeting.

**MONDAY/WEDNESDAY**

**\$43 resident/\$65 non-resident**

	Summer 1	Summer 2
Time	June 3-July 3	July 8-Aug. 7
4-4:30 PM	12255	12275
4:30-5 PM	12256	12276
5-5:30 PM	12257	12277
5:30-6 PM	12258	12278
6-6:30 PM	12259	12279
6:30-7 PM	12260	12280
7-7:30 PM	12261	12281
7:30-8 PM	12262	12282

(Continued on the next column)

**Preschool Pufferfish (Continued)**

**TUESDAY/THURSDAY**

**\$43 resident/\$65 non-resident**

	Summer 1	Summer 2
Time	June 4-July 2	July 9-Aug. 8
9-9:30 AM	12284	12304
9:30-10 AM	12285	12305
10-10:30 AM	12286	12306
10:30-11 AM	12287	12307
11-11:30 AM	12288	12308
11:30 AM-Noon	12289	12309
Noon-12:30 PM	12290	12310
12:30-1 PM	12291	12311

**SATURDAY**

**\$25 resident/\$38 non-resident**

	Summer 1	Summer 2
Time	June 8-July 6	July 13-Aug. 10
9-9:30 AM	12324	12332
9:30-10 AM	12325	12333
10-10:30 AM	12326	12334
10:30-11 AM	12327	12335
11-11:30 AM	12328	12336
11:30 AM-Noon	12329	12337
Noon-12:30 PM	12330	12338
12:30-1 PM	12331	12339

**SUNDAY**

**\$25 resident/\$38 non-resident**

	Summer 1	Summer 2
Time	June 9-July 7	July 14-Aug. 11
9-9:30 AM	12340	12348
9:30-10 AM	12341	12349
10-10:30 AM	12342	12350
10:30-11 AM	12343	12351
11-11:30 AM	12344	12352
11:30 AM-Noon	12345	12353
Noon-12:30 PM	12346	12354
12:30-1 PM	12347	12355



**Starfish/Minnows**

6-16 years

Get acquainted with the excitement of the aquatic world. Learn breath control, floating and other elementary skills. Parents are required to sign children in and out of each class meeting.

**MONDAY/WEDNESDAY**

**\$43 resident/\$65 non-resident**

	Summer 1	Summer 2
Time	June 3-July 3	July 8-Aug. 7
5-5:45 PM	12364	12376
6-6:45 PM	12365	12377
7-7:45 PM	12366	12378
8-8:45 PM	12367	12379

**TUESDAY/THURSDAY**

**\$43 resident/\$65 non-resident**

	Summer 1	Summer 2
Time	June 4-July 2	July 9-Aug. 8
8-8:45 AM	12380	12392
9-9:45 AM	12381	12393
10-10:45 AM	12382	12394
Noon-12:45 PM	12384	12396

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**For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.**

### Starfish/Minnows (Continued)

#### SATURDAY

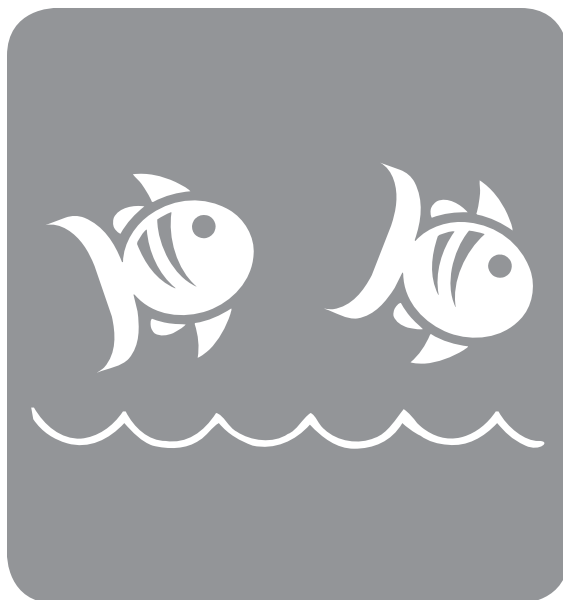
**\$25 resident/\$38 non-resident**

Time	Summer 1 June 8-July 6	Summer 2 July 13-Aug. 10
8-8:45 AM	12404	12409
9-9:45 AM	12405	12410
10-10:45 AM	12406	12411
11-11:45 AM	12407	12412
Noon-12:45 PM	12408	12413

#### SUNDAY

**\$25 resident/\$38 non-resident**

Time	Summer 1 June 9-July 7	Summer 2 July 14-Aug. 11
9-9:45 AM	12415	12420
10-10:45 AM	12416	12421
11-11:45 AM	12417	12422
Noon-12:45 PM	12418	12423



### Flying Fish

**6-16 years**

Knowing the elementary skills of swimming; develop the front crawl and backstroke techniques. Along with these strokes, learn safety skills, self-rescue and diving. Prerequisite: Minnows-level swimming skills. Parents are required to sign children in and out of each class meeting.

#### MONDAY/WEDNESDAY

**\$43 resident/\$65 non-resident**

Time	Summer 1 June 3-July 3	Summer 2 July 8-Aug. 7
4-4:45 PM	12431	12443
5-5:45 PM	12432	12444
6-6:45 PM	12433	12445
8-8:45 PM	12435	12447

#### TUESDAY/THURSDAY

**\$43 resident/\$65 non-resident**

Time	Summer 1 June 4-July 2	Summer 2 July 9-Aug. 8
8-8:45 AM	12448	12460
9-9:45 AM	12449	12461
10-10:45 AM	12450	12462
11-11:45 AM	12451	12463

#### SATURDAY

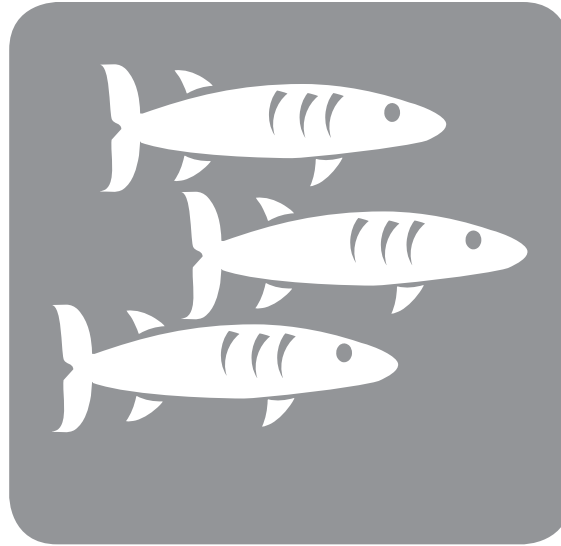
**\$25 resident/\$38 non-resident**

Time	Summer 1 June 8-July 6	Summer 2 July 13-Aug. 10
8-8:45 AM	12472	12477
9-9:45 AM	12473	12478
10-10:45 AM	12474	12479
11-11:45 AM	12475	12480
Noon-12:45 PM	12476	12481

#### SUNDAY

**\$25 resident/\$38 non-resident**

Time	Summer 1 June 9-July 7	Summer 2 July 14-Aug. 11
8-8:45 AM	12482	12487
9-9:45 AM	12483	12488
10-10:45 AM	12484	12489
11-11:45 AM	12485	12490
Noon-12:45 PM	12486	12491



### Barracudas

**6-16 years**

Improve stamina and coordination, and learn breaststroke and sidestroke kicks and more safety skills. Prerequisite: Flying Fish-level swimming skills. Parents are required to sign children in and out of each class meeting.

#### MONDAY/WEDNESDAY

**\$43 resident/\$65 non-resident**

Time	Summer 1 June 3-July 3	Summer 2 July 8-Aug. 7
4-4:45 PM	12495	12503
5-5:45 PM	12496	12504
6-6:45 PM	12497	12505
7-7:45 PM	12498	12506
8-8:45 PM	12499	12507

#### TUESDAY/THURSDAY

**\$43 resident/\$65 non-resident**

Time	Summer 1 June 4-July 2	Summer 2 July 9-Aug. 8
8-8:45 AM	12508	12516
10-10:45 AM	12509	12517
11-11:45 AM	12510	12518

#### SATURDAY

**\$25 resident/\$38 non-resident**

Time	Summer 1 June 8-July 6	Summer 2 July 13-Aug. 10
8-8:45 AM	12525	12529
9-9:45 AM	12526	12530
10-10:45 AM	12527	12531
11-11:45 AM	12528	12532

#### SUNDAY

**\$25 resident/\$38 non-resident**

Time	Summer 1 June 9-July 7	Summer 2 July 14-Aug. 11
8-8:45 AM	12533	12537
9-9:45 AM	12534	12538
10-10:45 AM	12535	12539
11-11:45 AM	12536	12540



### Dolphins

**6-16 years**

This class coordinates, refines and polishes skills learned in previous levels. Butterfly is introduced, as are open turns, surface dives and diving. Emphasis is placed on developing efficiency, power and endurance. Prerequisite: Barracuda-level swimming skills. Parents are required to sign children in and out of each class meeting.

### Dolphins (Continued)

#### MONDAY/WEDNESDAY

**\$43 resident/\$65 non-resident**

Time	Summer 1 June 3-July 3	Summer 2 July 8-Aug. 7
4-4:45 PM	12543	12548
8-8:45 PM	12545	12550

#### TUESDAY/THURSDAY

**\$43 resident/\$65 non-resident**

Time	Summer 1 June 4-July 2	Summer 2 July 9-Aug. 8
8-8:45 AM	12551	12556
Noon-12:45 PM	12552	12557

#### SATURDAY

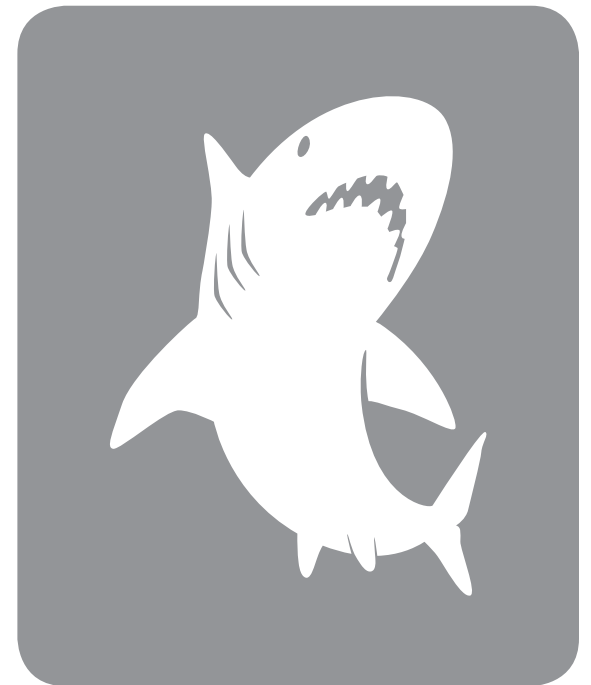
**\$25 resident/\$38 non-resident**

Time	Summer 1 June 8-July 6	Summer 2 July 13-Aug. 10
8-8:45 AM	12561	12564
Noon-12:45 PM	12563	12566

#### SUNDAY

**\$25 resident/\$38 non-resident**

Time	Summer 1 June 9-July 7	Summer 2 July 14-Aug. 11
8-8:45 AM	12567	12569
10-10:45 AM	12568	12570



### Sharks

**6-16 years**

Prepare for a competitive team or just improve swimming skills. Learn flip turns, starts and dives. Refine the competitive strokes learned in previous classes. Prerequisite: Dolphin-level swimming skills. This class may be repeated. Parents are required to sign children in and out of each class meeting.

#### MONDAY/WEDNESDAY

**\$43 resident/\$65 non-resident**

Time	Summer 1 June 3-July 3	Summer 2 July 8-Aug. 7
7-7:45 PM	12573	12576

#### SATURDAY

**\$25 resident/\$38 non-resident**

Time	Summer 1 June 8-July 6	Summer 2 July 13-Aug. 10
11-11:45 AM	12584	12586

#### SUNDAY

**\$25 resident/\$38 non-resident**

Time	Summer 1 June 9-July 7	Summer 2 July 14-Aug. 11
8-8:45 AM	12587	12589

**For more information and support for accessibility of programs and facilities, please call the Recreation Services Division at (562) 916-1254.**

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### Board Diving

6-16 years

Learn the basics of one and three meter springboard diving. The course will focus on safely teaching the fundamentals of basic board diving. Prerequisite: Standing front dive and Barracuda-level swimming skills. This class may be repeated. Parents are required to sign children in and out of each class meeting.

#### TUESDAY/THURSDAY

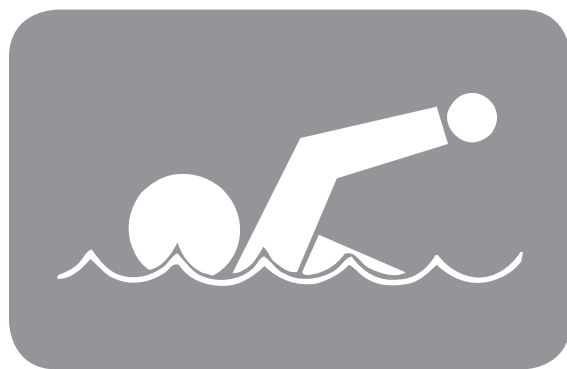
\$43 resident/\$65 non-resident

Time	Summer 1 June 4-July 2	Summer 2 July 9-Aug. 8
9:45-10:30 AM	12591	12593
6-6:45 PM	12592	12594

#### SATURDAY

\$25 resident/\$38 non-resident

Time	Summer 1 June 8-July 6	Summer 2 July 13-Aug. 10
9-9:45 AM	12596	12597



### Adult Beginning Swimming

16 years and over

This is a basic swim course for the adult just learning to swim. The course is designed to teach floating and basic stroke techniques, including the front crawl and elementary backstroke. No previous skills required. Parents are required to sign children in and out of each class meeting.

#### MONDAY/WEDNESDAY

\$43 resident/\$65 non-resident

Time	Summer 1 June 3-July 3	Summer 2 July 8-Aug. 7
8-8:45 PM	12598	12599

#### SUNDAY

\$25 resident/\$38 non-resident

Time	Summer 1 June 9-July 7	Summer 2 July 14-Aug. 11
8-8:45 AM	12604	12605

### Adult Intermediate Swimming

16 years and over

Continue to improve the front crawl and be introduced to the breaststroke and sidestroke. Depending on skill level, treading water, diving and flip turns may be introduced. Prerequisite: Adult Beginning-level swimming skills. Parents are required to sign children in and out of each class meeting.

#### SATURDAY

\$25 resident/\$38 non-resident

Time	Summer 1 June 8-July 6	Summer 2 July 13-Aug. 10
8-8:45 AM	12608	12609

### Fundamentals of Water Polo

8-17 years

This course will cover the basic skills and strategies of the game. Learn game rules, ball control, passing, shooting and basic play. Prerequisite: Barracuda-level swimming skills. Parents are required to sign children in and out of each class meeting.

#### TUESDAY/THURSDAY

\$43 resident/\$65 non-resident

Time	Summer 1 June 4-July 2	Summer 2 July 9-Aug. 8
9-9:45 AM	12612	12613

#### SUNDAY

\$25 resident/\$38 non-resident

Time	Summer 1 June 9-July 7	Summer 2 July 14-Aug. 11
Noon-12:45 PM	12614	12615

### Junior Lifeguard Day Camp

10-14 years

This five week session will include training in water safety, CPR, first aid, water polo, and other aquatics activities.

The fee includes all day daily camp activities and snacks.

Prerequisite: Must be able to swim 4 laps (100 yards), under 2 minutes 30 seconds.

Testing required before registration. Participants may come to the Cerritos Swim & Fitness Center during recreational swim hours for testing.

#### TUESDAY/THURSDAY

\$70 resident/\$105 non-resident

Time	Summer 1 June 4-July 2	Summer 2 July 9-Aug. 8
10 AM-12:30 PM	12171	12174



### Summer Recreation Swim Team

The Summer Recreation Swim Team is open to Cerritos residents, and workouts will be held on Tuesdays and Thursdays, from 1-2:30 PM. Prerequisite: Barracuda level swimming skills. Parents are required to sign children in and out of each class meeting. NO CLASS ON JULY 4.

\$45 Cerritos residents only

19 classes

12165	T/Th, June 4-Aug. 8	1-2:30 PM	6-18 years
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### Summer Semi-Private Swim Classes

Small group instruction is available for all ages and levels, from beginners to competitive swimmers. With only three students per instructor, these classes offer a more individualized approach to learning how to swim. For additional information, please call the Swim & Fitness Center at (562) 407-2600.

#### FRIDAY

\$45 resident/\$68 non-resident

Time	Summer 1 June 7-July 5	Summer 2 July 12-Aug. 9
9-9:30 AM	12616	12620
9:30-10 AM	12617	12621
10-10:30 AM	12618	12622
10:30-11 AM	12619	12623

### Summer Private Swim Classes

The Swim & Fitness Center offers one-to-one private swim lessons for all ages. For additional information, please call the Swim & Fitness Center at (562) 407-2600.

#### FRIDAY

\$70 resident/\$105 non-resident

Time	Summer 1 June 7-July 5	Summer 2 July 12-Aug. 9
9-9:20 AM	12624	12630
9:20-9:40 AM	12625	12631
9:40-10 AM	12626	12632
10-10:20 AM	12627	12633
10:20-10:40 AM	12628	12634
10:40-11 AM	12629	12635

## Facility Information

### Moon Bounce use at Cerritos Recreational Facilities

Cerritos residents are permitted to have a moon bounce at their family or neighborhood-related functions at a staffed Cerritos Recreation Facility. Moon bounces are only allowed at the following Cerritos recreational facilities, during normal operating hours: Cerritos Park East, Frontier Park, Heritage Park, Liberty Park, and Westgate Park.



Please be aware of the following policies and procedures:

- Advance reservation for a shelter is required. Fees and deposits are required for all shelter reservations. There is a limited number of moon bounce areas designated at each facility. Moon bounce must be powered by a gasoline generator with enough gas to last for the duration of the reservation (maximum of six (6) hours). Moon bounces may not be plugged in to City electrical outlets.
- Moon bounce may not exceed 16ft x 16ft in size. Combos, climbers, slides or water features are prohibited.
- The permit holder must be present when the equipment is dropped off and must remain at the facility until the equipment is picked up by the vendor. All moon bounces must be supervised by an adult at all times.
- Choose from one (1) of the vendors who have a current certificate of insurance on file with the City of Cerritos or select an alternate company.
- If using an alternate company, an original certificate of insurance is required in the amount of one (1) million dollars, naming the City of Cerritos, its officers, employees, agents and volunteers as additional insured, along with an endorsement. Both documents are due at least ten (10) business days prior to the reservation date.
- All moon bounce requests are subject to approval by the Facility Coordinator and Supervisor.

Please visit one of the Cerritos Community Centers – Cerritos Park East, Heritage Park, or Liberty Park – for reservation information and facility availability.

For additional information, please contact the Recreation Services Division at (562) 916-1254.

# Registration Instructions



RACER (Register for Activities, Classes and Excursions Rapidly), powered by CivicRec, offers many exciting features for patrons to register for classes and activities.

Below are the required steps to register for a RACER account:

1. Have an existing e-mail address.
2. Visit a City facility and provide a valid photo ID for each adult within your family.
  - To be registered as a Cerritos Resident, proof of residency is required. Please provide one of the following:
    - A valid California Driver's License or California Identification Card with your current Cerritos address
    - Government-issued I.D.

AND

- One of the of the following, which must be postmarked within the last 60 days:
  - Utility bill
  - Rent receipt
  - Tax bill/Social Security statement
  - Escrow papers
  - Credit card statement
  - Bank statement
  - Car registration

**Note:** Both items presented for residency verification must show your name and the same address. We cannot accept a P.O. Box as a mailing address.

3. To register a child under the age of 18, please provide one of the following for age verification:

- Birth certificate (original or copy)
- Statement from the local registrar or County Recorder listing the date of birth
- Baptism certificate (duly attested)
- Passport
- Adoption record
- Hospital or physician's certificate listing the date of birth
- Affidavit from the parent, guardian or custodian of the minor
- Current year tax form
- Insurance paperwork
- School I.D. or school emergency card with birthdate

After your account has been created, you will be able to register on-line or in person for classes and activities.

## REGISTRATION INSTRUCTIONS

- Step 1 Read through the brochure for suitable classes.
- Step 2 Choose method of Registration: On-line or Walk-In  
 (Any patron that does not have a RACER account must submit proper paperwork, which includes a birth certificate for all children under 18 years of age.)
- Step 3 Confirmation of registered and waitlisted classes can be viewed on-line. If a class is full, you may be placed on the waiting list and no payment will be taken for the registration. Staff will contact you if a space becomes available.

## REGISTRATION

Cerritos website: cerritos.us

**Cerritos Resident** On-Line and Walk-In

All Classes  
**Saturday, May 4**  
**10 AM**

**Non-Resident** On-Line and Walk-In

All Classes  
**Friday, May 10**  
**10 AM**

On-line registration is the recommended method of registering for classes. To check the availability of classes or register for classes, please visit the City's website at cerritos.us and look for the on-line registration link. RACER is best viewed with Google Chrome.

If computers are not accessible for patrons, computers at the Cerritos Library may also be used.

**Visa, MasterCard, Discover, and American Express are accepted payment types for on-line registration.**

Walk-in registration will be held at all community centers, Swim & Fitness Center and Golf Course, beginning at 10 AM. Registration will continue until classes are full.

## ADDITIONAL INFORMATION

- Classes will begin the week of **June 3** unless otherwise listed.
- Class fees and times are subject to change without notice.

## REFUND POLICY:

- **If a class is cancelled by the City, a full refund will be given.**
- **If the request to withdraw from a class is three (3) days or more before the first class meeting, a refund will be granted, minus a \$5 service fee per registrant, per class.**
- **Requests for class withdrawal less than three (3) days prior to the first class meeting will not be granted.**
- **Any person registered in an aquatics class above their skill level will be dropped from the class without a refund.**

## RECREATION SERVICES DIVISION

Bloomfield Avenue at 183rd Street  
 Cerritos, California 90703  
 Monday-Friday, 8 AM-5 PM  
 (562) 916-1254

# City Facilities and Hours

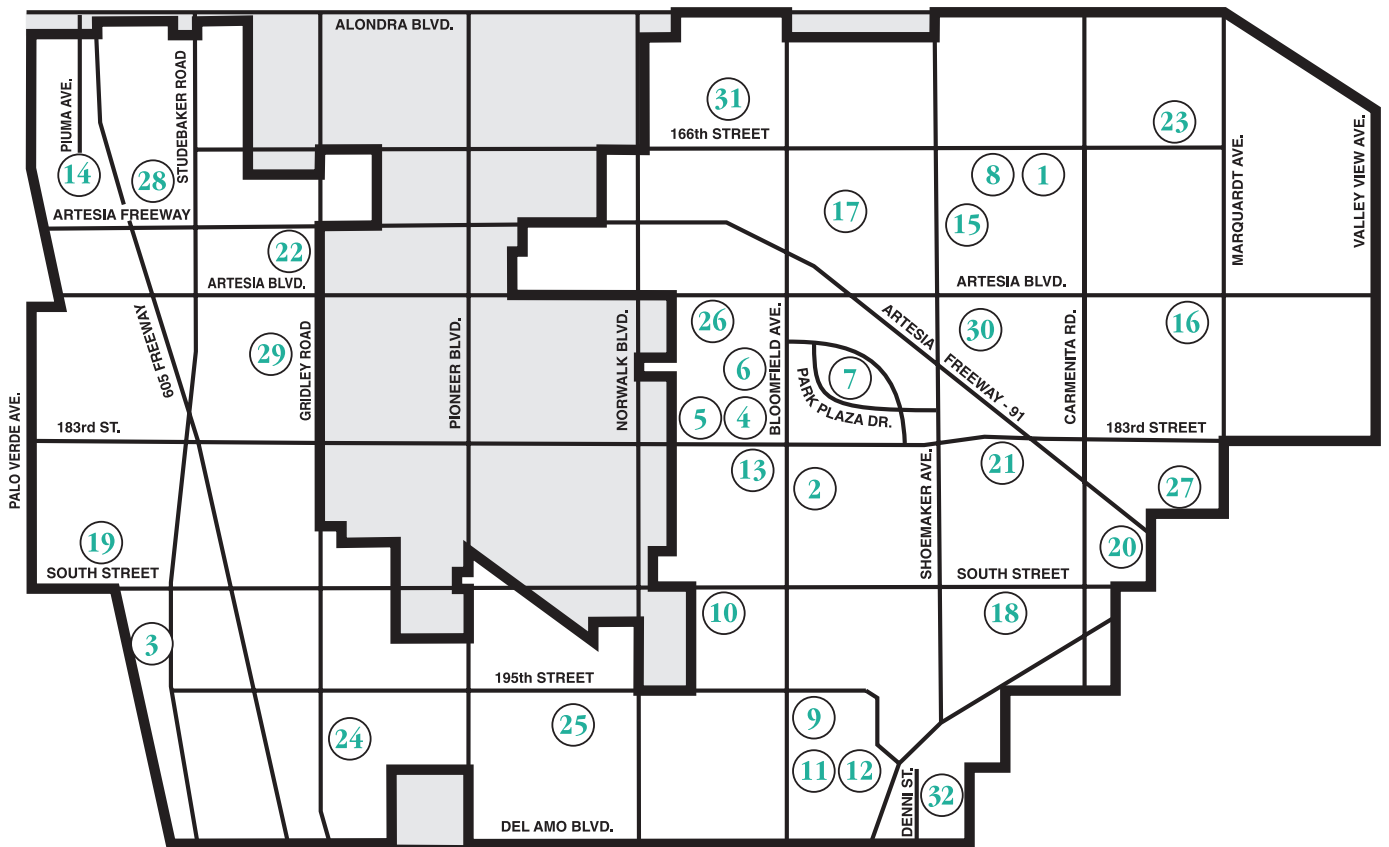
## Community Centers

Monday-Friday, 10 AM-8 PM  
 Saturday/Sunday, 10 AM-8 PM

- 1 **Cerritos Park East**  
13234 E. 166th St., (562) 407-2611
- 2 **Heritage Park**  
18600 Bloomfield Ave., (562) 916-8570  
Play Island: Daily, 10 AM to Dusk  
Tuesday, 2 PM to Dusk
- 3 **Liberty Park**  
19211 Studebaker Rd., (562) 916-8565

## Special Facilities

- 4 **Cerritos City Hall/Civic Center**  
Bloomfield at 183rd Street, (562) 860-0311  
Monday-Friday, 8 AM-5 PM
- 5 **Cerritos Sheriff's Station/Community Safety Center**  
18135 Bloomfield Ave., (562) 860-0044
- 6 **Cerritos Library/Civic Center**  
18025 Bloomfield Ave., (562) 916-1350  
Monday-Friday, 11 AM-7 PM  
Saturday/Sunday, 11 AM-5 PM
- 7 **Cerritos Center for the Performing Arts**  
12700 Center Court Drive, (562) 916-8500
- 8 **Cerritos Olympic Swim and Fitness Center**  
13150 E. 166th St., (562) 407-2600  
Monday-Friday, 6 AM-9 PM  
Saturday/Sunday, 7 AM-2 PM
- 9 **Don Knabe Community Regional Park**  
19700 Bloomfield Ave., (562) 924-5144
- 10 **Cerritos Senior Center at Pat Nixon Park**  
12340 South St., (562) 916-8550
- 11 **Cerritos Sports Complex**  
19900 Bloomfield Ave., (562) 916-8590
- 12 **Cerritos Skate Park at the Cerritos Sports Complex**  
19900 Bloomfield Ave., (562) 916-8590
- 13 **Community Gym at Cerritos High School**  
12500 E. 183rd St., (562) 916-8577



- 14 **Cerritos Iron-Wood Nine Golf Course**  
16449 Piuma Ave., (562) 916-8400  
Range Hours:  
Monday-Wednesday, 6 AM-8 PM\*  
Thursday, 10 AM-8 PM\*  
Friday, 6 AM-8 PM\*  
Saturday/Sunday, 6 AM-8 PM\*  
\*The last range bucket will be sold 30 minutes prior to closing.

- 15 **Community Gym at Whitney High School**  
16800 S. Shoemaker Ave., (562) 407-2635

## Neighborhood Parks

- |  |   |   |
|--|---|---|
| 16 <b>Friendship Park</b><br>13650 Acoro St.                 | 21 <b>Brookhaven Park</b><br>13167 Brookhaven St. | 27 <b>Rainbow Park</b><br>18600 S. Linda Cir.         |
| 17 <b>Frontier Park</b><br>16910 Maria Ave., (562) 407-2648  | 22 <b>Ecology Park</b><br>17133 Gridley Rd.       | 28 <b>Reservoir Hill Park</b><br>16733 Studebaker Rd. |
| 18 <b>Sunshine Park</b><br>19310 Vickie Ave.                 | 23 <b>Gonsalves Park</b><br>13611 E. 166th St.    | 29 <b>Rosewood Park</b><br>17715 Eric Ave.            |
| 19 <b>Westgate Park</b><br>18830 San Gabriel, (562) 916-8580 | 24 <b>Gridley Park</b><br>Gridley and Yearling    | 30 <b>Saddleback Park</b><br>13037 Acoro St.          |
| 20 <b>Bettencourt Park</b><br>13575 Andy St.                 | 25 <b>Jim Edwards Park</b><br>Jacob and Yearling  | 31 <b>Satellite Park</b><br>12410 Ash Creek Road      |
|  | 26 <b>Loma Park</b><br>17503 Stark St.            | 32 <b>El Rancho Verde Park</b><br>7815 Denni St.      |